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**SOUP  
TO NUTS**

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BY

*Marcy Carey*

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# SOUP to NUTS

A SELECTION OF CHOICE RECIPES

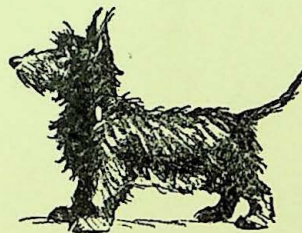
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FRAMINGHAM, MASS.



*Michael* by C. H. SYKES

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An Appreciation



*This small volume is dedicated, with my deep appreciation, to the HOMEMAKERS of this land whose fine spirit of co-operation has ever aided me in my endeavors, and from some of whom have come as gifts many of the recipes which appear in this publication.*



*And to MR. SYKES, also, do I wish to express gratitude for his untiring efforts to portray small Michael, who is known to so many column readers as the mischievous, food stealing puppy that he was—not many months ago.*



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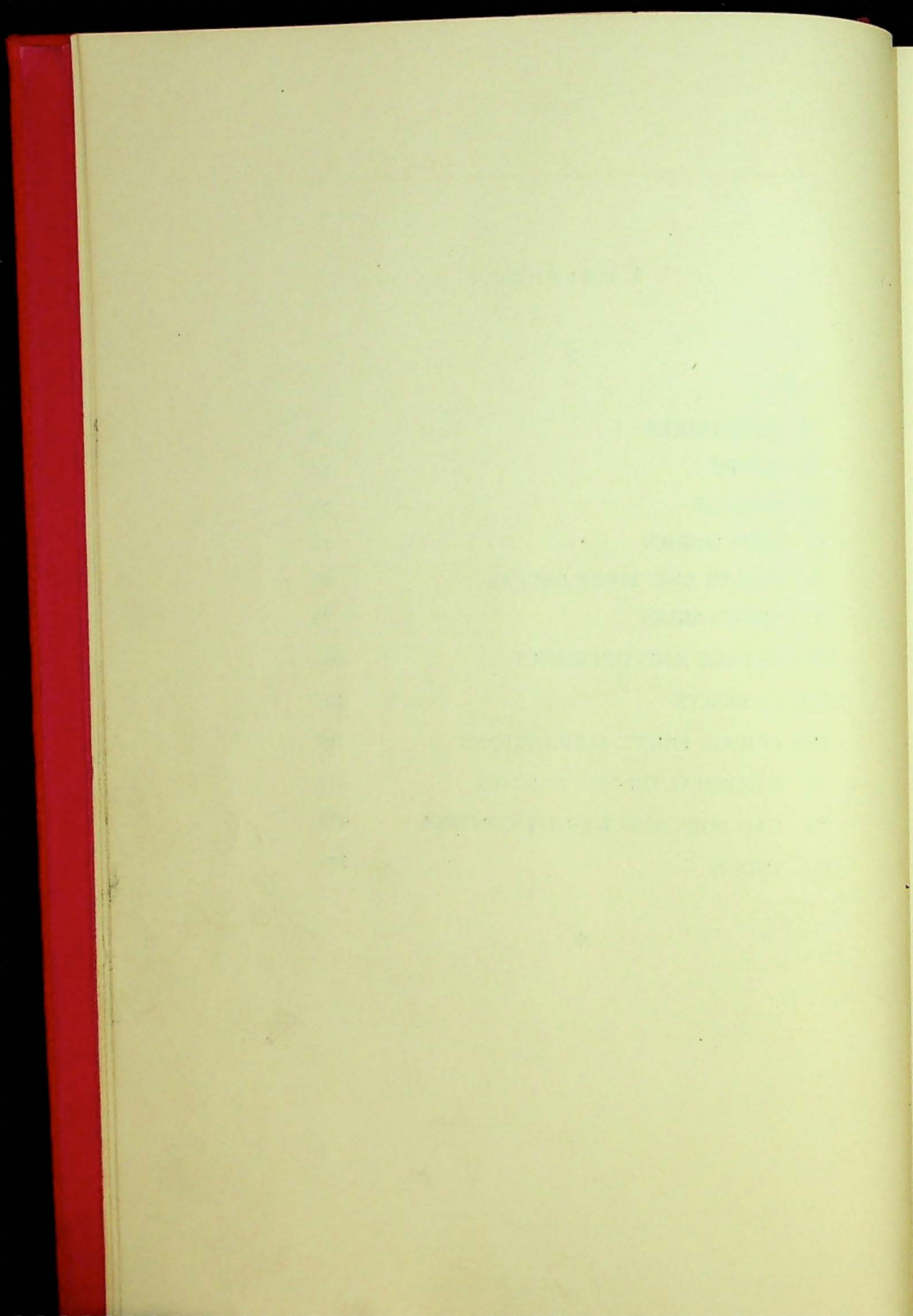
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