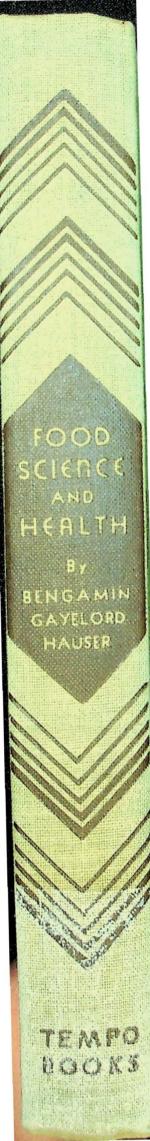
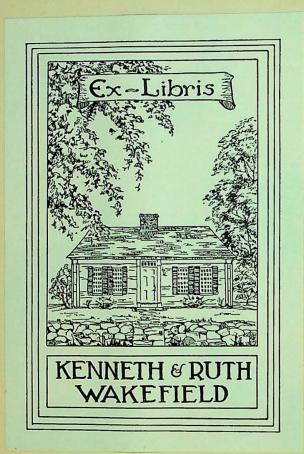
FOOD
SCIENCE
AND
HEALTH

BENGAMIN GAYELORD HAUSER





FRAMINGHAM STATE COLLEGE

WHITTEMORE LIBRARY

FOOD SCIENCE AND HEALTH

mayke you will find an ideal in the following pager, anylow.) if give the books to one of the gurb. policie weight ang-30-32

FOOD SCIENCE AND HEALTH

INCLUDING THE FAMOUS HAUSER ELIMINATIVE FEEDING SYSTEM

BENGAMIN GAYELORD HAUSER



TEMPO BOOKS, INC.

FIVE EIGHTY FIFTH AVE.
NEW YORK CITY
NEW YORK

STATECOLLEGE

COPYRIGHT 1930—TEMPO BOOKS, INC.

1736 1930

The entire contents of this book is copyrighted by the publishers and no part of it may be reprinted without their written permission.

時心

MANUFACTURED IN THE UNITED STATES OF AMERICA UNDER THE SUPERVISION OF FREY BROWN

CONTENTS

CHAPTER	PAG
I. THE NEED FOR ELIMINATIVE FEEDING	3
II. THE CHEMISTRY OF THE HUMAN BODY	19
III. ELIMINATIVE FOODS	37
IV. THE ELIMINATIVE FEEDING SYSTEM	53
V. PREPARATION OF ELIMINATIVE FOODS	89
VI. THE SECRET OF HEALTH	103
VII. QUESTIONS AND ANSWERS	115

