## RECRUITMENT WORK GROUP MEETING AGENDA

To: $\quad$ Recruitment Work Group
From: Pat Luoto, Gloria Klein
Date: October 23, 2014
Subject: Meeting Agenda

Meeting Date Monday, October 27, 2014<br>Meeting Time $\quad 11: 30$ AM - 12:30 PM<br>Meeting Location Archives Room, Library

## AGENDA

1. Lessons learned from Cohort 1

Review of recruitment strategies and overall recruitment success (Attachment)
What worked well, what fizzled, what gave us the biggest return on investment?

| Cohort 1 Numbers through Thursday, October 23 ${ }^{\text {rd }}, \mathbf{2 0 1 4}$ |  |
| :--- | :---: |
| Telephone Screening | N |
| Information Visit | 250 |
| Screening Visit (Screening Consent) | 89 |
| Baseline Assessment (Informed Consent) | 61 |
| Started Intervention | 43 |
| Post-Weight Loss Assessment | 42 |
| Randomized | N/A |
| Week 10 Assessment | N/A |
| Week 20 Assessment | N/A |

Current status: 32 active subjects with 11 withdrawals
1 Increased metabolic needs secondary to broken clavicle
1 Pregnancy
4 Time commitment
5 Slow rate of weight loss (non-adherence, food preference issues)
2. New recruitment strategies
a. Study Ambassadors (successful subjects endorsing the study and encouraging participation)
i. How do we determine who will make a good Ambassador? Can we get representation from students and faculty/staff?
ii. How do we approach him/her?
iii. Do we need to compensate them?
b. Study Dinner
i. Provide samples of study foods vs. full meal, all diets vs. only one
ii. Show sample menus, food lists
iii. Resident students with Meal Plan swipe FSU ID, would study pay for non-resident students, staff, and faculty?
iv. Other considerations
c. Additional marketing/recruitment strategies
3. Current plans for Cohort 2
a. Information Sessions with study presentation from Cara Ebbeling
i. Monday, January 26, 7:00 pm to 9:00 pm Student/Parent, Dwight DPAC
ii. Wednesday, February $4,1: 30$ to $2: 30$ Student, Alumni Room, McCarthy CC
iii. Friday, February 30, 12:30 to 2:00 Faculty/Staff, Alumni Room, McCarthy CC - provide lunch?
b. Information Tables in the McCarthy CC Main Lobby
i. December $4,11: 30$ to $1: 30 \mathrm{pm}$
ii. February $24,11: 30$ to $1: 30 \mathrm{pm}$
iii. March $25,11: 30$ to $1: 30 \mathrm{pm}$
c. Give-away and raffle ideas
4. Strategies for enhancing subject retention

## Framingham State Food Study (FS) ${ }^{2}$ Recruitment Strategies

## Face to Face:

Food and Nutrition Faculty meeting, November 2013
o Requested faculty help with student focus group participation
Conducted 4 Focus Groups:
o Student: December $13^{\text {th }}$ and February $3^{\text {rd }}$ (cancelled 2 scheduled groups due to lack of registration). Student participants were given $\$ 25$ gift card from BCH.
0 Faculty/staff: December $17^{\text {th }}$ and January $17^{\text {th }}$. Lunch provided.
Resident Assistants meeting, January 2014
Nutrition Networking Club, Monday, February 10 ${ }^{\text {th }}, 1: 30$ pm
Chairs Meeting, Monday, February $10^{\text {th }}$
Information Sessions (T-shirts)
o Monday, February 24 ${ }^{\text {th }}, 7: 00-9: 00 \mathrm{pm}$, Students and Parents
o Friday, February 28 ${ }^{\text {th }}, 1: 30-2: 30 \mathrm{pm}$, Faculty, staff, and students
o Raffled two mini-ipads; open to all attendees

Gatepost articles on project
Information Tables
o Campus Center lobby, Friday, March $14^{\text {th }}$ and Friday, March $28^{\text {th }}$, T-shirts
o Nutrition Fair, Marketplace: Tuesday, April $8^{\text {th }}$ (T-shirts)
o Dining Commons, Thursday, April $10^{\text {th }}, 5: 00 \mathrm{pm}$ to $7: 00 \mathrm{pm}$ (give-aways and shirts)
o Marketplace, Thursday, April $17^{\text {th }} 11: 00$ am to $1: 30$ pm (new give-aways and shirts)
o Dining Commons, Thursday, April $17^{\text {th }}, 5: 00 \mathrm{pm}$ to $7: 00 \mathrm{pm}$ (give-aways and shirts)
o Dining Commons, Wednesday, April $23^{\text {rd }}, 5: 00$ to 7:00 pm (give-aways)
o Faculty Staff Dining Room, Friday, April $25^{\text {th }}, 11: 30$ to $1: 30 \mathrm{pm}$ (give-aways)
o Marketplace, Monday, April 28 ${ }^{\text {th }}, 11: 00$ am to $1: 00$ pm (give-aways)
o Dining Commons, Monday, April $28^{\text {th }}, 5: 00$ to 7:00 pm (give-aways)
o Transfer Student Fair, Thursday, May 29 ${ }^{\text {th }}, 8: 30-10: 00$ am (give-aways)

## Print:

Posters advertising Information Sessions, week of February $17^{\text {th }}$
o Poster in McCarthy Center lobby
o Posters distributed around campus including all residence halls
o Table tents in Campus Dining (all sites)
Recruitment advertising:
o Posters distributed around campus including all residence halls
o Poster in McCarthy Center lobby
o Table tents in Campus Dining (all sites): March and April
Toilet Times, March and April

Gatepost Ads for recruitment
0 February 21, half page ad; April 4 and 11: full page color

Post cards printed
0 Mailed to faculty, staff, returning students, transfer students in May
o Handed-out at Professional Development Day in May

## Email and digital:

Email/letter sent to students from Dr. Conley, week of February $17^{\text {th }}$
Email/letter sent to faculty/staff from Pat and Marian, week of February $17^{\text {th }}$. Requested faculty to encourage participation at Information Sessions

Campus digital billboard: advertised Information Sessions, week of February $24^{\text {th }}$

Email blast to students from Dr. Conley, April $22^{\text {nd }}$ (email written based upon Focus Group feedback) Email blast to faculty/staff from Dr. Vaden-Goad (and Luoto), April $22^{\text {nd }}$ (email written based upon Focus Group feedback)

## Social Media:

Campus Currents, Information Sessions, February $18^{\text {th }}$ and $25^{\text {th }}$
Campus Currents, recruitment story, continuing
FSU Webpage—lead story
Information Sessions and Recruitment communicated via FSU's Facebook and Twitter pages

