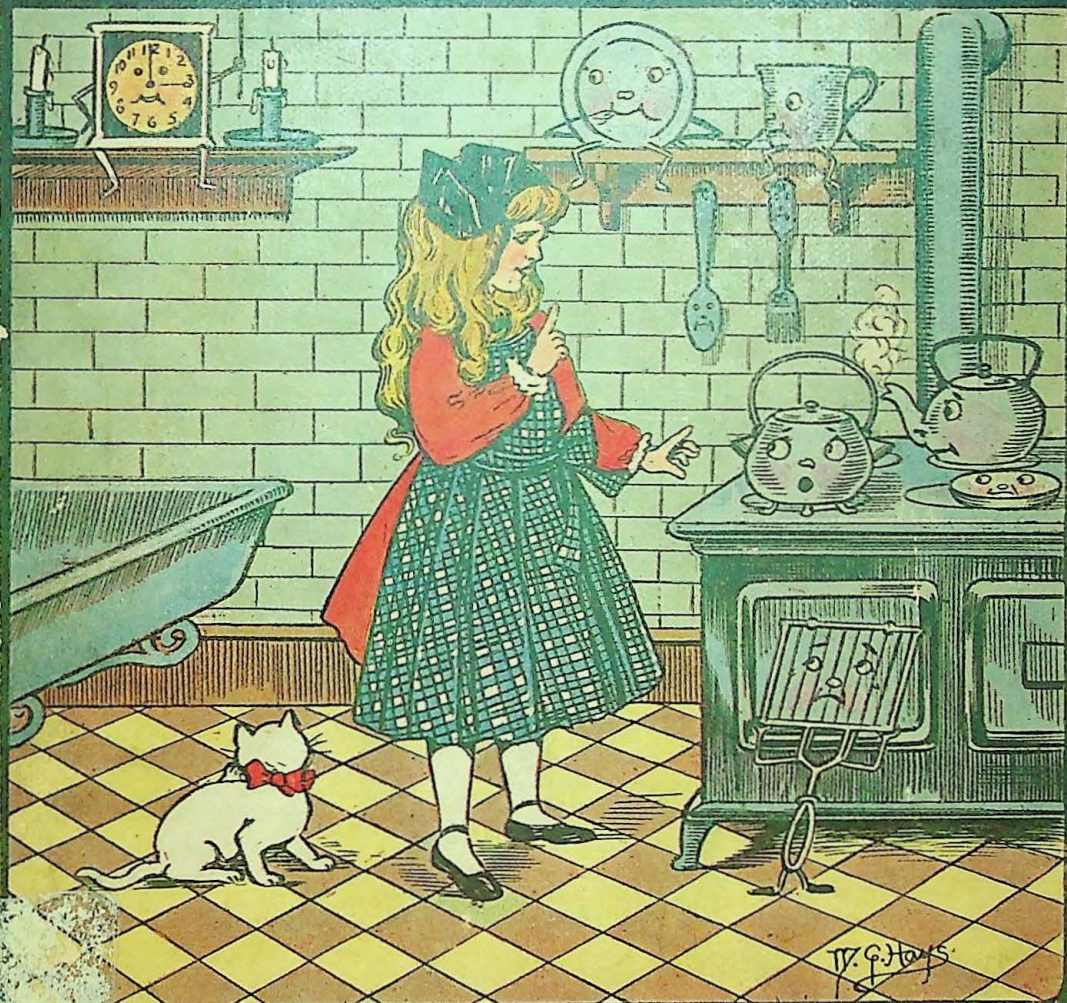


MARY FRANCES'S FIRST COOK BOOK

ADVENTURES AMONG THE KITCHEN PEOPLE



“SHE’LL SCRUB AND SCOUR
YOU TILL YOU ACHE.”



MARY
FRANCES
COOK
BOOK

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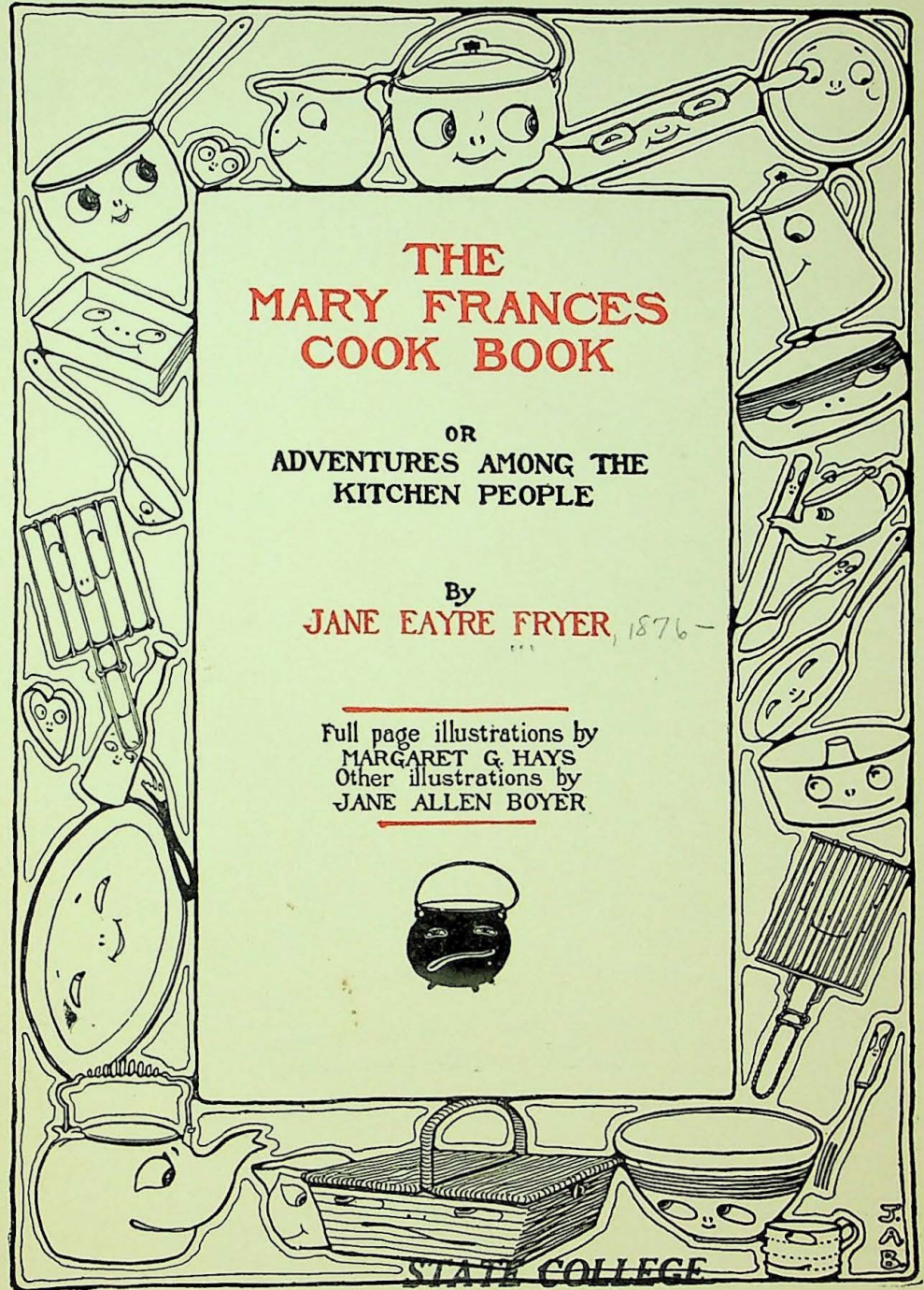
Ruth Graves

Christmas 1912

From Aunt: Mauds

A book for all girls
who love to help ~~mother~~.

Jane Bayre Fryer



**THE
MARY FRANCES
COOK BOOK**

OR
ADVENTURES AMONG THE
KITCHEN PEOPLE

By
JANE EAYRE FRYER, 1876-

Full page illustrations by
MARGARET G. HAYS
Other illustrations by
JANE ALLEN BOYER



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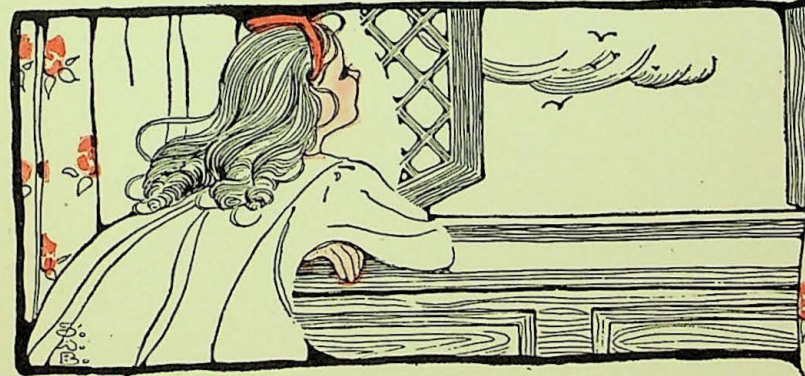
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DEAR GIRLS:

This book tells the story of Mary Frances, a little girl whose great ambition was to help her mother. So anxious was she to do this that even the humble Kitchen People became her teachers and instructors. They talked to her, a thing never heard of before; helped her over the hard places, and explained mysterious secrets she could never otherwise have understood. They wove around a simple little book of recipes her mother had made for her the spell of Fairyland; they led her through a series of delightful adventures such as never happened to any girl before, in which she lived for three whole happy weeks, and out of which she emerged no longer a little girl, but a real little woman.

Some very wise people would call this a story book, some a manual training book, and others a cookery book, but Mary Frances knows better; she



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