

Stow Journal v.3

Nov.14, 1840 to Jan. 15, 1842

Lecture by Rev Mr Barton on the Science of Phrenology.
November, 12th 1845.

Young Ladies, I am very glad to find that you are so much interested in this subject - and hope you will be induced to read and investigate it farther. Many are so prejudiced, that they will not study or even hear anything upon it. I will first give you some reasons why I think Phrenology is true. It was the old philosophy, that in every intellectual operation and every thought the whole brain is exercised. Suppose your eyes are shut and a person is brought before you, and you touch that person, and are conscious that he is before you. According to the old philosophy, this idea exercises the whole brain. You then move your hand over the countenance and you will have an idea of form and size: then open your eyes and you will have other ideas. Engage in conversation with him and you will have a feeling toward him of friendship: perhaps he will relate some past sufferings; these will awaken a feeling of compassion. Now in the first instance the whole power of the brain was excited, and we yet have all these new ideas

and yet we have no additional strength of the brain.

This seems to be at variance with the works of Nature, but when we come to examine them we find an adaptation of part to part. When you enter a room the first thing that attracts your attention, is the individual things in the room. All qualities in nature are qualities of individual things; as we see various objects in the room have color, form, size, &c. On the road to Boston I see a private house, a meeting house, a public house, a monument and then again a meeting house - each of these are distinct objects. Phrenologists say there are distinct organs that take notice of every individual thing, and thus they call Individuality. Where is this organ situated? at the top of the head behind - or at the side? it is in neither of these places, but between the eyes, those two principal avenues by which the external world enters the mind. We observe that the various objects in the room have a certain figure or form which is the next thing we see after we notice the object. This organ is called Form, and is placed next to Individuality. We find that objects have heaviness. I lift a book and it presses down my hand - from this we know it has weight. This organ is placed next to Form. After we have discerned these properties we have an organ that takes note of color, which is placed along side of in a

line with the before mentioned organs. We see ~~all~~ that all these organs are placed in some order as well as other natural objects. We look upon a tree and find there is a certain order - first the root, then the trunk, and branches; the large branches bear twigs and the twigs bear leaves. The organ of Order comes after color. There is a certain organ that takes note of incidents and events - it is called Eventuality. Thus we mark the ^{part} instance of a man's walking. We have another organ that tells us the place where he walks - either in the street or on the common or in the yard. Another organ takes notice of the time at which he walked - when the man walks in the street at five minutes past eleven. In this case three organs are brought into exercise, viz - Eventuality, Locality, and Time. We see order and system: but these organs have not been arranged arbitrarily by Phrenologists, but by examining thousands and thousands of heads. Next to time comes Form. I have often observed those who are distinguished singers are very broad across their eyes. It is said by scoffers at Phrenology that they do not see how such a little bit of brain, crowded into so small a place can perform so much labor. Some have designated it the little populous colony of faculties. We find, unless the head is very large, that these organs must be very compact - the same thing is analogous in other parts of Nature's works. All the skill, manifested by the Bee in the construction of his

cell, is contained in his little head. You talk with some persons and find that they reason. From cause to effect, while others views will be scattering, first they are in *Obelisk*, then upon present scenes and then in *future*. Causality as it is termed, is situated directly above the Perceptive Faculties.

What an admirable arrangement. You know we must first perceive before we can reason about, or trace the relations of things. If you observe a child's head, you will see the Perceptive much more fully developed than the Reflective Faculties, which are afterwards exercised and increased.

Go into the halls of Congress and mark the heads, and you will find that those, who are the greatest men and are most deeply engaged in studying the interests of their country, and are the most profound reasoners, have the reflective organs largely developed. Instance in Daniel Webster, in whose head, Causality bulges out enormously, and is indeed a mighty wonder.

Comparison is situated between the two organs of Causality— There is an organ of Constructiveness, we see the difference of development in children; some are whittling all the time, while others have no taste this way. Ideality leads us after something higher and better than we have yet attained. Constructiveness, Ideality and Number are placed beside each other, and are all exercised by the Mechanic. These organs

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together with Imitation, form a circle in the centre of which is Mirthfulness, and when these organs are employed in constructing anything out of taste, Mirthfulness leads us to laugh it out of existence. Acquisitiveness lies just above the ear, this prompts us to provide for ourselves and others. Language is situated back of the eye below all the other organs, and it reveals all their promptings and desires; and it seems to have received the most appropriate place. Benevolence is situated at the top of the forehead; this leads us to cultivate our social feelings and exchange kind sympathies with our fellow men. If we see another adjusting his garment it prompts us to stop up and assist him. Next comes Veneration on the very top of the head, pointing upwards towards Heaven as if towards that Being, who is its chief object. Next to Veneration lies Charvel-Business, which I think might well be called the organ of Faith. On each side of Veneration, lies Hope. These three twin organs Faith, Hope & Charity. Sweet Band! And Firmness is situated at the very Apex of the pillar, to give stability to the whole. By the side of Firmness is Conscientiousness, which leads us to select between right and wrong, while Firmness is near to make us adhere to its desires. Conscientiousness guards us from danger. If whispers take care. Self Esteem is on the top of the head. There is Hon I's palace, he is always at the helm. On either side of the

above is Love of Approbation, which acts together with Self-
Esteem—Philoprogenitiveness and Affection leads us to
love home and children. Combativeness with the latter organ
prompts us to defend our homes. The brute propensities are
at that back part of the head, where they ought to be.
Above them are placed the moral ~~propensities~~ sentiments to keep
them in subjection. Can you imagine a more perfect system
of arrangement than is here exhibited?

When you see this, will it not induce you to study and
investigate the subject further? You see this order and system
and if you would succeed in your studies, in teaching, or in
any avocation, you must first imitate the Great Master in
the Heavens. I will close by giving you some of my
experience— I need not lose any time if I am in
a little school of boys, or riding in a stage coach; for
I can open the Book of Nature and there read.

9.
May these pages always
remain blank. A. A. C.

Sunday, November 15th 1840.

Cold and very stormy day— Attended the Unitarian Church
all day and listened to Rev. Mr. Rice. The text of the forenoon
discourse was "Take heed therefore how ye hear." Luke 8th Chapter 18th verse.
This is very practical. It contained truths which all would as it
seems to me find apply to themselves. I hope the same discourse
will be preached when the audience is larger than it is today.
There were thirty-three seats filled in the morning—
After meeting in the afternoon with Susan and Rebecca I took
a long walk. Though wet under foot it was pleasant overhead as
the sun shined upon us before he sank in the western horizon.

"Sabbath Eve how calm and still!

All nature's sunk to rest.

Aurora's beams no longer seen,

And happy earth is blest." &c.

Monday, Nov 16.th

We are now to commence in the eleventh week of the term.

"How swiftly and how silently doth Time

March on his starry journey! still he goes,

And goes, and goes, and doth not pass away."

The Introductory Exercises were opened by reading from the Scriptures by Miss Emily Johnson. After Singing and Prayer Mrs Peirce said "Now is the acceptable time. All resolutions of amendment at some future time, are necessarily insincere.

He that is not ready to reform now at the present time, hath no right to think he will at some future time."

Sentiment by Miss Oreson — "What we call time enough always proves little enough." — By Miss Howell; "Corrupt persons resemble sponges, which greedily take in water, but they will not return a drop until they are squeezed."

Now we are going to take up our mathematical course — It is often an unsuccessful week with me; but I hope this one will not prove so. The morning recitations were in

Astronomy, Geometry & Algebra. Afternoon, Natural Philosophy. The part of Optics that we are now upon, is not very interesting or instructive to me. In Astronomy we are coming to a subject that does not involve Trigonometry, for which I am heartily glad. Study Hours without interruption.

Tuesday, Nov 17.th

The morning is pleasant. The portion of Scripture read contained an account of Stephen's preaching the gospel, and also his death. Mr P. remarked, that just in the spirit of this Master, did this first martyr to the cause of truth die. "Lay not this sin to their charge he cried. Saul and Paul were names of the same person. Saul, afterwards called Paul from Sergius Paulus a convert to Christi-

anity. The Principal said as he returned our Themes and Journals, that they were fair. They have sometimes been better. The Themes have some times exhibited more intellectual effort, but it does not follow that you may not have labored as hard; for we do not always have equal success with the same labor. — Less success in keeping Study Hours. I am glad there have been some efforts made to observe them."

The morning lesson in Astronomy was upon the Superior Planets. Quite a good performance. Some did not permit us to recite in Geometry. When Miss Kimball came in the afternoon she brought the good news of Miss Woodman's arrival. Her health has improved some what since she left us. — Miss Locke and myself spent all the time after school till tea time in drafting figures for a review in Geometry.

After supper Miss Spiller and I took a short walk up Bealington Road. We did not walk Boarding school like but upon truly physiological principles, except we went too soon after a meal.

Study Hours Observed.

Wednesday, Nov. 18th

Took a walk about a mile and half with Sarah and Louisa by Moonlight. I did not keep all the morning study hour as it was rather cold when we returned. But a poor excuse.

Scripture read by Miss Jenson: The 8th chapter of Acts was read. There was great joy among the people on account of the conversion to Christianity. Mr P says the first clause suggests a very fruitful field. Who were they that rejoiced? Why did they rejoice?

What was the nature of their joy? Each and all of these open a very interesting and wide field for discussion: a theme more appropriate for another place than this. Those, who at the present day, exult and triumph in the cause of religion are called enthusiastic and fanatical; but their joy is the same that is here spoken of.

Mr Pence's Sentiment; Selfishness is happy when its own wishes are gratified. Benevolence rejoices in the happiness of others.

Miss Fiske's Fortune like the milky way, is composed of small, twinkling, nameless virtues. Miss Chamberlain's; "Thou shalt have joy in the evening, if thou spent the day well." Miss Bowthorpe's; "Modesty is a restraint upon anger; fear upon guilt; but temperance is a restraint upon all the passions."

The lesson in Astronomy was upon Planets; today we considered Jupiter the largest of the planets. I did not make a very good appearance in the Algebra class, either through thoughtlessness

or carelessness, or something of that kind. I should think my teacher's patience would be exhausted over such a pupil.

As our teacher closed he said, kind looks, and words, and hearty faithful hours and good lessons.

Early in the afternoon we had a call from Misses Hornball and Woodman. Spent most of the afternoon in writing in my journal. Miss Jenson and myself called upon Mrs Harrington and Mrs de Baran. The latter place we called to see about board. Like appearances much.

My Dear

Thursday Nov 19th

Again the ground is covered with snow. Winter certainly seems to have commenced his reign, but may the term of his sway be sometimes interrupted by the milder breeze of Autumn.

After the devotional exercises the Principal made the following remarks: It has been thought that our winters are growing shorter and milder; though the last winter seems to be an exception to this opinion. This is supposed to arise in part from the clearing of the forests, which admit more of the rays of the sun, and there is more evaporation. An account was given of the great New England snow storm, that buried small houses and flocks of sheep. It is similar to an account Mr Puce gave last winter in a conversational exercise. November of 1840 is very peculiar in its character, it being very stormy. It is well to remember this fact. Our teacher

read an account of the Tides, which have risen to a great height during the storm of the past fortnight. It is feared great deal of injury has been done upon the shipping, along the whole Atlantic Coast. In Boston Harbor the tides have risen to the height of thirty feet, higher than they have been known before for the same number of years.

Miss Rogers sentiment upon Modesty

"A violet - by a mossy stone,
"Half hidden from the eye" -
"Fair as a star, when only one
"Is shining in the sky."

By Miss Sparrell; - "The joys of a holy life are not entirely reserved for a future state. Virtue and happiness are closely connected. Virtue is the root, happiness, the flower. It is true that the blossom is sometimes whirled away, or crushed by the various accidents to which it is exposed here; but if the root be safe, it often buds and blooms again, even in this world, with renewed brightness." The lessons on Geometry and Algebra were quite successful; the latter recitation was an improvement upon yesterday. After the school was called to order in the afternoon, the Principal dwelt some time upon the defect in this school in the department of order. Sad defect indeed; it was not ^{so} once. I have heard it said, that the snow in

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some countries is of various colors, as red & orange. The Encyclopaedia says, the snow in the polar regions has been seen of red, orange and salmon color. This occurs, both on the fixed and floating ice, and appears in some cases, to result from vegetable, and in others from animal matter, suspended in the sea, and deposited upon the ice around.

Interruption of study hour by laughing, something that I could not well prevent.

Sunday, Apr 20th

Devoted the half hour to study. Miss E. Johnson read from the Scripture. Singing and Prayer were omitted. The following Apothegms were given -

Life's but a walking shadow, a poor player,
That struts and frets his hours upon the stage,
And then is heard no more: it is a tale
Told by an idiot, full of sound and fury,
Signifying nothing! Shakespeare

By Miss Pennell - "Truth whether received or rejected, is, and always remains truth." Spurzheim. Miss Rebecca Pennell read the piece below

"See the stems of the plant upon twisted
In folds which give strength to each other,
Oh, search the world over and where can you find
A happier emblem of all that should bind

The affections of children and Mother
The tender that is strongest alone doth not rise.
But the weaker it aids in ascending

And is not this like a fond mother that tries
To raise up each darling her favor the prize
For which they in sport are contending,
Oh is there a sight more enchanting than this
When sorrowing exertments so common

She will not batten the home or the kiss
Of the infant she loves for the nominal bliss
Of the world so oft fatal to Woman.
They may part - yes forever, but nothing shall make
Such children forget such a mother
Their mutual love shall survive for her sake
Till the faded Con tendents shall break
Ore you sever them one from the other.

Piece on Writing read by Miss Stoddard.

Extracts - To be accurate, write; to remember, write;
to know thine own mind, write; and a written prayer is
a prayer of faith; especial, true, and to be answered. Hasten
thou a thought upon thy brain, catch it while thou canst;
or other thoughts shall settle there, and this shall soon take
wing: thine uncompounded unity of soul, which argueth

and maketh it immortal, yieldeth up its momentary self,
to every single thought: therefore to husband thine ideas, and
give them stability and substance, write often for thy private
eye - then shall thou grow wiser. The common mind is full
of thought, some worthy of the rarest; and could it see them
fairly writ, would wonder at its wealth.

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A fair girl, whose eye hath caught the mystic Pensmanship of love,
let thy bright brow and blushing cheek confer in this sweet hour,
let thy full heart, proudly true, whom the scroll of pardon hath
just released - thy wet, glad face O mother, with news of a far-off
child, - thy broog and manly delight, pilgrim of other shores, when
the dear voice of thy betrothed speaketh in the letter of affection,
let the young poet, exulting in his lay, and hope (how false)
of fame, while watching at deep midnight, he bumbleth up
the verse, - let the calm child of genius, whose name shall never
die, for that the transcripts of his mind hath made his thought
immortal, - let these, let all, with no faint praise, with no
light gratitude, confer the blessings poured upon the earth
by the pen of a ready writer.

Woman without religion is a specimen in morals, a deformity in
social life

Sentiments Principal's "A soft answer turneth away wrath"
"In every breast however rude,
There is a glow of love,
A latent spark of gratitude
Which words of kindness move."

Miss Stroden. "The spirit long enured to pain
May smile at fate in calm disdain
Shrive its dearest hour and rise
In more majestic energies,
But in the glow of mortal pride
If each warm hope at once hath died
Then sinks the mind a blighted flower
Dead to the sunbeam and to the shower
A broken gem whose inborn light
Is scattered ne'er to reunite." — Hemans

Miss Bowthorpe "Temper misfortunes ever with content
So rightly use the life that heaven hath lent:
What tho' no gilded feet-walk mark your door,
Slight is the time that levels rich and poor:
Set none repine whatever woes enthrall,
He who made all things soon may alter all."
Hemans.

Mistake. These are the apothegms for Saturday.

Why are these lines unfulfilled? Feb 15th 1841.

Saturday, Nov 21st

It is pleasant but a cold morning. I enjoyed the study hour much
as I had the school room most of the time to myself. I should have
indeed its charms. The Reading this morn was much interrupted
by tardiness. — I hope this will not be the case when our hours
are altered. The sentiments given are on the page opposite.

Read by Mr Pierce Dumbell's home
"Lark, through the dim woods dying,
With a moan,
Faintly the winds are sighing
Summer's song!
There, when my broken heart feel'd it,

And the pale moon her face revealeth,
Darkly my footsteps steeleth,
So weep alone!

Hours after hours I wander
By men unseen —
And nodding my young thoughts ponder
On what hath been;

Summer's gone,
There in our own green bowers,
Long ago,
Our path through the tangled flowers,
Breaking now,

Left hand in hand entwining —
Left side by side reclining —
We've watched in its crimson blushing,
The sunset glow:

Dimly the sun now burneth
For me alone —

Spring after spring returneth,
E'en art gone;

Summer's gone,
Still on my warm cheek playeth
The restless breeze;

Still in its freshness stayeth
Between the trees;

Still the blue steambelt gusheth —
Till the broad river flusheth —
Till the calm scheme flusheth —
The heart's disease:

But who shall bring our meetings
Back again?
What shall recall thy greetings —
Loved in vain?

Summer's gone! More Boston.

The whole school attended to an exercise in Abbot's Teacher, which was a report of cases. The author has stated instances, which have actually taken place or supposed to take place in school, relating to conduct, order, &c. and has then given some of his views in regard to treating such cases. Some of them are very good & just; others I would dissent from. There were some interesting remarks made by the Principal and Pupils. This is the day for discussion — sub question is, "Is a rule prohibiting communication and interchange of sympathies reasonable in this and other schools?" It was a real and most interesting and lengthy discussion, that we have had this long time. Miss Kendall opened up the affirmative side; she acted well her part. Miss Johnson on the negative. Mr. Pierce made some remarks, he thought there was no great difference of opinion existing, though the words might seem to imply it.

Sunday, Nov. 22nd.

I entered the school room soon after I arose and found that our teacher had been so thoughtful as to kindle a fire there. But there was no one up to enjoy it until a late hour; not a very ^{good} practice for any morning, especially Sunday. If any thing I think we should arise earlier than other mornings. Assembled in the school room after breakfast to engage in reading from the scriptures and singing. Mr. Pease happening in, joined with us in singing. I wish my organs of Time and Tune would enlarge.

Attended Church both parts of the day and listened to two fine discourses from Rev. Mr. Ripley of Boston. Morning text: Among them that are born of woman, there hath not risen a greater than John the Baptist. With Nehemiah's House. Afternoon.

There were some this evening that would neither keep study hours themselves or allow others to keep them.

Monday, Nov. 23rd.

Another very stormy morning — consequently our number is few and far between. Query, What will the young ladies do when winter is gone if they now stay away for a little rain? Do they always expect, when they are teachers, that they can consult their inclination, and go or stay as they please if the sky is overcast? Miss Powell read a part of the 9th chapter of Victor's Remarks.

from the Principal. It is wonderful how persevering and self-sacrificing men will be to do work. We cannot but regret that all this perseverance was ^{it} directed to promote the cause of truth and Christianity, what an amount of good would then be done! Paul was persecuted for espousing the cause of truth. Maxim by Mr. Pease: "He that is quicker to receive a blemish than a beauty in the moral world, may suspect that his own moral feelings are not right."

B. MacPerrill: "As the sun breaks forth through the darkest clouds, so honor appeareth through the meanest habit." Shakespeare.

Dr. W. Kimball: "Oh, gently dear thy brother man,
Still greater sister woman." Burns.

In Combe's Constitution our lesson was showing the "harmony that exists between Phrenology and Scripture." Mr. P. observed that it was an important fact, had the theory of Phrenology was admitted by some of all denominations of Christians. Dr. Whately a distinguished Episcopal minister in England is a strong advocate in favor of this system. He further said he was very glad to see this chapter, spoken of above, and would like to see another chapter in reply to the arguments used in this. From the recitation in Combe, Mr. P. feared we had lost our interest. I can answer for me that it is not so. Mental Philosophy contained some very practical rules in regard to cultivating habits of attention. Our lesson in Rhetoric, was a review upon Style. Session closed at the usual hour.

Tuesday, Nov. 24th

The portion of Scripture read contained an account of Dorcas.
Remarks: What more praiseworthy epithet could be bestowed than was on this woman. "This woman was full of almsdeeds and good works which she did." Who would not rather have this pronounced upon them, than all the honors that the world could afford.

The following sentiments were offered,

Dr. Mc. Connell's - "Our object is happiness - never would we miss it

In life's varied path, if the talent were ours

From all we encounter, some good to elicit,

As bees gather sweets from the meanest of flowers."

S. W. Myman's - "Fancy is Imagination's errand boy."

A. M. Ineson's - "Eternity is God's life time."

Remarks - The Principal said he supposed when he spoke of having a recess at Thanksgiving, that that would suffice, but had since learned that it was not the case.

Our sister institutions seem to be opening with fair prospects.

The school at Barre commenced this term with the forty five pupils - twenty three males the remainder, females. They have no Model School yet, the inhabitants of B. are very desirous that they should take one of the district schools for the purpose. - The number of pupils at Bridgewater is thirty.

The question was asked who the Preacher, last Sabbath, referred to as being the apostle of peace in this country. The reply was Mr. Noah Worcester, a clergyman formerly of New Hampshire. Mr. Pierce said he once heard him say at a public dinner, "let the American nation expend as much in the cause of peace, as it costs to build, and fit out and support a 74 gun ship, and we need have no more war." He said he asked him many questions in regard to peace - his principle was that of forbearance. - - - - - Combe was a continuation of the subject that we ^{met} upon yesterday - Mrs. Rogers read an abstract, this was the principal part of the recitation. Our Lesson in Oriental Philosophy embraced some very practical rules, which relate to the cultivation of habits of attention. Abernethy says, "in whatever you engage let the whole attention be absorbed." Mr. P. says under this head the question may come up, "Can a man help his thoughts?" I would answer yes. a man may regulate the succession of his thoughts by constant perseverance. A person of a fickle, wandering state of mind seems to me like the fluttering sunbeams on the water. The author of the Teacher's Manual has treated of the branches, that should be introduced into ~~the~~ primary as well High schools, which he has spoken of at some length in the first part of his work. He thinks all may learn to sing if they will but train their powers when young. I suppose then, if I had exercised my ear and voice I might now be somewhat musical. -

We attended to a review (in *Robinson*, of the chapter upon the skill in the use of language. After the recitation, Mr P. said he supposed we were aware of the advantage, that resulted from reviewing a piece of composition several times after it was written. The ancient writers used to copy their productions three and four & even eight or nine times. Horace recommends this practice. It is said that Professor Wayland copied an address twenty nine times and it was certainly most eloquent. Moral Philosophy was considering the "duties of man as a domestic being." A lesson of much importance, and if studied and practiced would exempt mankind from many diseases that they now have contracted upon them.

After tea took a short walk, and called upon Misses Davis & Woodman. They with Mrs Kimball appeared to be enjoying themselves in a high degree. Study hours were not both observed as they ought to have been, partly because my mind was not abstracted upon my business, from other

Wednesday, Nov. 25th.

What an empty school room!! we think some have commenced their vacation out of season. Our lessons in Combe's Constitution and Mental Philosophy today finish the books: two of the most interesting and practical works we study. Teacher's Manual was a recapitulation of the chapter upon intellectual educa-

tion. The subject led to some conversation, the particulars ^{of which} I cannot now note. Mr Rogers entered while we were engaged in this recitation. Before the session closed, Mr Pease said he thought the lessons had hardly come up to their usual degree of excellence - this may be owing in part to the many vacancies, which has often a great effect upon the busyness of the operations of the school room. You will find it so when you teach. I never felt the weight of it till after I commenced teaching. Our teacher closed the school until Monday, wishing that his pupils would enjoy themselves and would return better prepared both bodily and mentally to engage in the duties of the school room. After dinner I prepared to accompany Hannah, she having invited me to pass Thanksgiving with her in Biberica. The first part of our ride was in a rain storm, so we proceeded to the north it turned to a snow storm. I enjoyed my ride - Mr R. pointing out all the curiosities there were to be seen. Reached B. before the shades of night began to ~~fall~~ ^{fall} ~~themselves~~ around; & passed the remainder of the day in pleasant chat. So much for the first day in Biberica.

Thursday, Nov. 26th

How many hearts are made happy at the anticipations of this N. C. Festival. During the past night, the snow has fallen to some little depth. I enjoyed a short ride in a sleigh before the time for attend-

Church and after dinner Mr Rogers invited Hannah, her cousin and myself to take a ride into a pasture to take a view of the surrounding country. I saw several high hills in N. W. and also the spread of the churches in Lowell. Hannah left towards evening to pass the night with one of her friends, and I went to spend it with Chiza Ann. She related the occurrences of the day and then made several interrogatories in regard to this school rather which she soon intends to return.

Retired at rather a late hour having spent the time very pleasantly.

Friday, Nov 27th

A clear morning. Soon after breakfast I accompanied R. C. out to see the canal, the falls and also to see the operations in the Woollen Factory. I certainly believe I should become deranged for a time, if I were obliged to remain in that place long. When I returned to Mr Rogers, I found Hannah's brother waiting to carry me to his father's. Passed the remainder of the day in writing, sewing, conversation &c. &c.

Saturday Nov 28th

This morning was introduced to the gentleman, who is purposing to teach the school in Billerica this winter. He made some inquiries of the Normal School, from his conversation I should judge he was not very much in favor of them. At least, he thought the compensation, of those teachers, who went from

these schools, would not be enough greater to ^{induce many to} exist in it - To be sure this is one thing to be looked to but by no means the first. Mr Rogers thinks as the weather will increase that we had better return to Lexington today rather than to postpone until tomorrow as we had purposed to do. Our ride was not quite as pleasant as it would have been had the travelling been good. We arrived at the Normal House about five and found that Chiza Ann had reached here before us. The girls appear to have enjoyed their vacation highly. These whole time has been spent in recreation as I believe it has with all of us. At seven our sewing circle met; we finished reading the Memoirs of Silvio Pellico, a work that I have found very entertaining. It was decided that we should next read the book entitled - We had the pleasure of Mrs Poirce's company, quite a pleasant meeting.

Sunday, Nov 29th

The weather is much colder than it has been for the few past days. Over Mr Francis of Watertown preached two very good discourses. At 10. Next at 11th 3rd Because he hath appointed a day, in the which he will judge the world in righteousness, by that man whom he hath ordained." P. M. Romans 8th 16th "The Spirit itself beareth witness with our spirit, that we are children of God" Conveyed an idea by a motion in Study Hour!!!

Monday, Nov. 30th

I received with joy a letter from my dear Aunt Sophia. The Principal read and remarked upon the 34 & 5 verses of the 10th chapter of Acts. These two verses contain a very important declaration and will be a test of every variety of character, both rich & poor, learned & ignorant, bond & free, Jew & Gentile, and every sect & denomination.

Mr. Peirce expressed his pleasure at meeting his pupils again, and those to, who have been separated from us for a season: referring to Miss Maria Smith & C. A. Rogers. "May our meetings always be such as to awaken pleasing emotions. Whether we have an examination or not, let us be prepared with our lessons each day, be as minute men ever ready."

Sentiments. Mr. Estlin: "The love of God and the love of men, are like the scales of a balance, when one falleth the other riseth."

C. Johnson: "The water, that flows from the Spring, does not congeal in the winter. And those sentiments of friendship, which flow from the heart cannot be frozen by adversity."

S. A. Stow. "It is the world within, the world that you can modify and regulate, that makes your character and destiny, and not the impassive world without."

S. C. Lockier "Do right from right motives."

Read by Miss Rogers: Beautiful Sentiment.

"Near a dew drop there fell a tear upon a tomb, whether a beautiful female repaired every morning to weep for her love. As the sun's golden disk rose higher in heaven, his rays fell on the tear and dew drop, but glanced with a double brilliancy on the pearl shook from the tresses of Aurora. The liquid jewel, proud of its lustre, addressed its neighbor - "How dardest thou appear thus solitary and lustreless?" The modest tear made no answer; but the reply that just then wanted near them, paused in its flight, brushed down with its wings the glittering dew drop, and folding the humble tear of affection in its embrace, carried it up to heaven."

Again we take up our mathematical course viz, Astronomy, Geometry, Algebra, & Nat. Philosophy. The first mentioned, was treating of the "motions of the planetary system." In this lesson the author says ^{there} are two ways of arriving at a knowledge of the heavenly bodies. First to begin with appearances and from them deduce realities, or secondly to reverse, to begin by considering things as they really exist and then find why they appear so. Then he would have us - from an idea of ~~what~~ ^{what} ~~we~~ ^{we} ~~are~~ ^{are} ~~destitute~~ ^{destitute} of everything, from this he would go on from step to step until we reach the motions of the most distant planets. C. C. Spirell, C. A. Rogers, S. A. Stow took a walk for exercise after the session closed. Uninterrupted study hour.....

Tuesday, December 1st 1840.

We can now declare that winter has once more begun his reign. It will indeed be short, if time passes as rapidly as it has for the last six months. For the remainder of the term, our morning session is to commence at half past eight, an arrangement that I much prefer for this season of the year. It is cheering to find several seats that were vacant yesterday occupied today. After two or three sentiments were given, the Principal reviewed the journals of the first division. He then spoke of several topics relating to order - viz. Study hours both in and out of school room.

Disorder during the devotional exercises. Imperfect lessons, and other things, which cast a disgrace upon this "convention of teachers". I fear the school will soon be so that the Principal will find little or nothing that is pleasant. Saddening is the thought, that we as a body are retrograding rather than advancing.

Mr. P. expressed disapprobation at the introduction of card playing as an amusement of the school.

Our ^{lesson} recitation in Astronomy, was speaking of the various discoveries that different astronomers have made, among them was particularly those made by Kepler. Mr. P. said in connection with this point let us not forget

Geometry was the next exercise, it embraced the problems from the 9th to the 15th in the 3rd Section. In Algebra our lesson was a part of the 4th section: a commencement of the subject of "Logarithms", which are the exponents of the powers to which a constant number must be raised, in order that all possible numbers may be successively deduced from it. I have not got much insight into them yet, but hope I shall before many more days. The only recitation in the afternoon was a review of Dioptrics in Part Philosophy. With several of the Y. S. I took a walk upon W. Burn Road.

Study Hours observed

Wednesday, Dec. 2nd

Devoted one half hour to study. — — — — —
Comments upon a part of the 26th verse of the 11th chapter of Acts, "And the disciples were called Christians first in Antioch." "And would that they had never heard any other name than that of their Great Master. Would that they had never been called after Paul, Apol or Cephas: Had mankind acknowledged but one head how much happier should we be."

Sentiments.

"Laughing is catching" - Mr. Dodder.

"Goodness without greatness, is better than greatness without goodness" - A. Newell.

Mr. Peirce's rules upon Amusements. 1st See that they are innocent. 2nd See that they do not interfere with those around us. 3rd See that they will at once improve both physically & mentally. 4th Let them be attended with little expense. 5th Let them be at a proper time. 6th At a proper place. Try them by first three and you will almost always decide in the right.

Rule for making a fire. Audacity, proximity and vacuity. I, said the Principal, very seldom find many young people, who are in the practice of slanting doors. It is common among the young ladies here. The method Deane sought to correct this habit. A young lady living in his family was in the practice of leaving open the doors. She, one day, went on an expedition of much interest - had proceeded about two miles when a messenger arrived, informing her that Deane wanted to see her immediately. She accordingly returned. Deane asked her to close the door which she did and again set out on her excursion. Mr. P. also related the course he pursued with a boy who once boarded with him, who had this habit; it was similar to the other one, and proved an effectual remedy. Exercises similar to yesterday. The most interesting one to me was in Astronomy which was upon "Comets". It contained a description of the different parts of these bodies viz. Nucleus, Envelope & Tail together with an account of the appearance

of several of those comets that have been seen. How grand must have been the sight of the one in 1495 whose tail reached from the horizon to the zenith. Also the one of 1811 the tail of which was 132,000,000 miles in length. It is not generally supposed that the matter of comets is very dense as it is said that they have sometimes been so thin that stars were visible through them. Lesson closed at 12 o'clock.

Afternoon. Passed a short time in the Model School. The remainder spent in exercising better in and out of doors. Sarah, Susan and I accompanied Miss Locke a part way home.

Study Hours were kept.

Thursday, Dec 3rd

Morning pleasant - Did not arise till half past six!! What shall I do to awake early? Mr. Peirce remarked upon these words "When Peter knocked at the door, the people said it is his angel." Angel in its imperative and general sense means messenger. It was once entertained by the people of old that each person had a ministering angel. The sense above may be applied to either of these. I am inclined to the latter opinion.

Sentiments

Principal's: Can gold gain friendship? Love and love alone, is the loan of love.

Mr. H. Stodder's When torn in the bosom by sorrow or care,
Be it ever so simple, there's nothing like prayer
It eases, soothes, softens and eases
Gives vigor in hope and puts passion in chains
Prayer, prayer, sweet, sweet prayer
Be it ever so simple, there's nothing like prayer."

L. A. How reads A Quiet Conscience.

By King Wharfed.
Close thine eyes and sleep secure,
Thy soul is safe, thy body sure.
He that guards thee, he that keeps,
Never slumbers never sleeps.
A quiet conscience in the breast
Has only peace and only rest.
The music and the mirth of kings
Are out of tune, unless she sings.
Then close thine eyes in peace, and sleep secure,
No sleep so sweet as thine, no rest so sure.

Our lesson in Astronomy was a continuation of the subject we were upon yesterday - Interesting and well recited - Geometry was performed pretty well by a majority of the class. - But for one - Recitation in Algebra short and sweet. As we have finished our stat Philosophy there is no other recitation

in the afternoon for the last session except in Political Economy. As I do not attend to this branch, I devoted a part of the afternoon to writing. - Visited by Mr. Edd of this town and Mr. Woodman and sister Susanna. Previous to closing the session, the following question was given for discussion: Is it well to have school examinations? Mr. Pease informed us that he had written to Mr. Binton to come and lecture to us on Saturday, thinking it would be gratifying to those who come as well as for those who remain. Indeed pleasant anticipations. Took a short walk before tea, soon after, study hours arrived and our little band were seated around to engage in preparing for the duties, which another day will bring with it. - They were observed.

Friday, Dec 4th

I was wropt in the arms of Morpheus until the dial plate pointed to half past six. One half hour more at least than I wish it had been. Study hour kept from seven to 1/2 past. Remarks upon the scripture, "And attempts were made to turn the deputy from the faith" There is nothing that the scriptures speak of with greater indignation, than of those who attempt to turn others from the right way, particularly the young. "Full of all enblity, and all mischief, thou child of the devil, thou enemy of all righteousness, wilt thou not cease to pervert the right ways of the Lord?"

Miss C. McDermott read a piece entitled the fifty trials of a school teacher. Mr P said he was rather surprised that bad lessons were not enumerated: but such a teacher must be insensible to the thousand pleasures that flow from this profession. I do not think the above was a very good specimen of composition; several distinct heads were made, that might have been classed under one. Astronomy was a good performance: subject of the lesson the name and situation of the constellations. — These we looked out upon the globe, which added much to the interest of the recitation. The Problems in Geometry are rather difficult, at least I find them so. The only exercise for the remainder of the day, that I have attended to, is Algebra.

Hannah and myself called upon Mr & Mrs Pease after tea.
Study Hours served.

Saturday, Dec. 5th

A cold morning — We met in the school room at 1/2 past 8 —
Maxims — Principals. Censure is a tax, which a man pays for being.

Mr. H. Stoddard; "All precious things have a counterfeit."

Suggestions relative to the school below. — Show attention from the teachers to see that the scholars study in their seats. There is a want of engagedness do not mean to scold or harshly reprove but pass around among the scholars, make an explana-

tion, ask some question. Teachers often fail from not having a general supervision of the room while engaged in other exercises. Remind scholars of points of order they often forget. Abbotts Teacher was a continuation of the subject, "Reports of Cases." This lesson was very productive of remarks, which added much to the interest of the subject itself. Rev Mr Burton and Rev Mr Pease were present during this exercise. The first division read the results to questions given yesterday involving principles in Compound Interest. Our discussion was oral, which by the way I am glad to have not that I am so fond of hearing myself talk but that I may cultivate language, in which I am so deficient. Question. "Is it a good plan to have school examinations?" The majority were in the negative. Pretty good discussion, but don't equal the last. After this Mr Pease took the sense of the school, whether to hear a lecture from Mr Burton upon Physical Education or upon the science of Phrenology. As would have been expected the latter was chosen. Accordingly before 12. Mr B. began his lecture, we listened with much interest until 12 1/2 when we adjourned to meet an hour from that time. We had the pleasure of Mr Burton's company to dine after which we assembled in the sitting room and enjoyed a social chat.

another vacant space! they are like
the cavities in an old man's mouth.

Second Lecture by Rev. Mr. Burton on the Science of Paedology.

Young Ladies, I am very glad to see that
you feel so much interested in this subject. I will now
show how the faculties, that I have before spoken of, may be
cultivated. I will begin with Individuality as I did before.
This is our important organ, and the first to be cultivated
in children: it is the first in which nature instructs.
Some persons will enter a room and have a general idea of
what there is in the room, without knowing the individual
objects. People will take long journeys and have a confused
idea of what they ~~they~~ have seen, while others have a distinct
impression of every object that comes under their observation.
This difference is owing to the different development of the
organ of Individuality. The cultivation of this organ, should
be commenced in childhood. Begin by making a child acquainted
himself with every thing there is in the room, then ^{with} each object
in and around the house; then direct his attention to the individ-
ual objects of a landscape, the rocks, trees, cliffs, &c. The cultivation

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of Individuality, is of great importance in every business of life;
it strengthens the powers of observation, as we see instanced in the
sciences of Mineralogy, Geology and Botany, or rather those who
investigate these sciences. I will now speak of this organ in the
relation of housewifery, as some of the young ladies may be
called upon to act in that sphere. A mother sends her daughter
to a trunk to find some article, she will ransack the whole contents
before she can find it, while another fastens her eye upon it al-
most as soon as she opens the trunk. We see with a class of chil-
dren to view a landscape, and point out the various features,
let them examine to see if they cannot find some new or inter-
esting unseen object to look upon. One person if he purchases a
farm, will only notice its fertility, while another would see that
the land was smooth & even, the trees, &c. in good condition.
This organ is exercised to a great degree by sailors. Individuality
acts in neatness; one who has it, ^{will} see knots and blemishes,
that would escape the attention of another. We will now notice
the qualities of the individual things. After the object, we first
observe its form. More attention is devoted to cultivating this
organ than formerly, by introducing drawing into our schools.
Drawing should be a branch both at home and school. Point
out an object, and let the child dwell upon it until it ^{is} becomes
fixed in the mind. Lead a child to compare the form of one

garment with that of another, as for instance the varieties of
wandykes. It would be well in every family to have a
foot, a half foot, or an inch rule — teach the child how to
use ~~these~~ ^{it}, and then to compare the size of one object with
another. When riding or walking, teach children to measure
distances with their eye. Next in order comes Weight — the
housewife has many calls for the use of this organ, when she
forms a compound, she does not stop in weighing each ingredient,
but depends upon her judgment. It would be a good plan to
have some small weights in a family, and let the older brothers
and sisters teach the younger how to use them, in this way
they will be instructive others, & at the same time cultivating
their own perceptive faculties. Weight and resistance may be
taught together — give the child two pieces of cloth and let it
test the strength. Colors — There is great difference in people in the
power of distinguishing colors. This organ may be cultivated by
discriminating the various hues and shades in flowers, and in
a landscape. Two young ladies go to the store to purchase a
piece of cloth, the shopkeeper will hand down a piece to which
one of the young ladies says, I like this very well, I will take it,
the other is not satisfied with such an article, she does not
harmonize with each other, or there is something in the texture
which is not as she would have it. Now this difference arises

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from one having cultivated the organ of color more than the other.
If the organs of size and resistance, were cultivated we should not
be obliged to depend upon the shopkeeper, or rather be deceived
in our own judgment in the selection of goods.
A lady, remarkable for her power of discriminating the various
shades of color recently, told me, that when a child, her mother
was accustomed to send her to select a particular colored
piece of cloth from a variety of other colors, and if she did
not get the right piece she was sent until she did. Thus
this organ was early exercised. Children, sent to stores to pur-
chase goods, are often imposed upon by the shopkeeper, which
would not be the case, were their perceptive faculties more
early trained. For instance, if a boy goes to the store to pur-
chase oil, if this article is poor he perceives it and refuses to
take it, but goes elsewhere. If these faculties received proper
attention, it would do much towards raising the standard of
our manufactories. It is common in all countries, especially
in America, to sham articles for sale. A mechanic recently
told me, that those articles which cost many hard shrimps, he was
obliged to sell below cost, and others of a poor quality he sold at
a higher price in order to make profit. This arises from an im-
proper judgment of what is bought. — Order is important
in all concerns of life. The different degrees in which this organ

is exercised, we see in the external operations of various families. This organ may be cultivated by teaching a child, set up the chairs after company, to keep its clothes in place, &c. That child will be a good housewife, and one of whom her husband will not be ashamed. We exercise Bamber in buying articles. After the perceptive faculties, Constructiveness was taken up. God has filled the world with materials, which call into exercise Constructiveness. Without little attended to, but by much care a small organ may be much increased. Give a little girl the scissors and cloth to cut out various shapes, or any child, when he manifests a desire to construct, furnish him with tools. The cultivation of this organ, affords agreeable recreation to literary men. Anecdote of New Mr. Stone of Duxbury, who has connected with ^{his} house a workshop. He has constructed the timbers of an old meeting house, that has been lately taken down, into boxes and other things. He has presented each of his prisoners ^{with} a box, from the oldest sine down to the merest urchin. Another anecdote of a little girl, who made at the age of six, a jacket for her brother without assistance. Sanitation. When a boy, instead of studying unmeaning words, I took my slate and pencil and attempted to draft horses, &c. &c. but when the teacher made his appearance, I was obliged to put by these; from that time to this, this organ has never

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been cultivated. As soon as I get time, I purpose to take lessons in Drawing. Had a Phrenologist had the care of my early education, he would have seen and attended to this defect. Drawing is a branch that should be early attended to. I would recommend the practice of drafting faces. Miss Peabody observes, that a person never sees until she begins to draw. Above these organs is situated Ideality, which prompts us to aim for something higher. If I am walking, I need not lose any time, for I can be cultivating my powers of observation, instead of gazing into empty air. If in Boston for instance, I can be studying architecture: we may read and study all the works upon this art, without but to gain ^{an} accurate knowledge we must observe. I know of a gentleman in Boston, who taught his sons in this way: he used to walk with them every day, and have them stop to observe architecture, and point out those parts that were out of proportion. We see a deficiency of this organ, together with that of the perceptive powers, in the Capitol at Washington. At a distance we view the massive pillars, but as we approach and raise our eyes, we see they are decorated with fine gingerbread work. Now this is out of proportion. Why would it not be well for children to take notice of one another. In a class of boys, let one be put apart from the others, and they tell the color of his hair, eyes, and describe his whole

features. So let this exercise pass round. If we properly cultivate this organ, we may notice the particular features of a person, without appearing to stare. It affords an opportunity of judging of a person's internal character. To illustrate this, I will state the case of a merchant, to whom I introduced a young lady, who was an entire stranger: as soon as she left the room, the gentleman said, "I do not like that lady. Why said I? Because she is deceitful." I think you must be mistaken, for I have been acquainted with her some time. But in six months, this prediction was fulfilled to her great discredit. It is often remarked of two boys, that one is studious and will make a smart man, while of the other it is just the reverse. But when grown up, people are often surprised to see how great a man, this idle boy makes. This phenomenon is to be attributed to his early cultivating his observing powers.

Above Individuality is Coextensibility: this is more active than the other organs: it takes note of changes, that are continually occurring. Though much neglected this organ affords much gratification. It is brought into exercise in the reading of historical and fictitious works.

There are many historical works that are uninteresting because they are improperly written. I recollect when

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in college, we studied a large history translated from the French. When we left college we went upon the hill & tossed our histories over the willows. Begin history at home, tell a child the incidents that took place in his father's day, and those of his grandfather's, and of his ancestors. Give him a description of the ancient houses.

Relate to him events of the great snow storm in the year 1780: tell him that it covered small houses, and in some cases people were obliged to crawl out of the garret window. After he is made familiar with the events history of his own country, make him acquainted with that of others.

Locality. All events happen in a certain place. With this as with Coextensibility begin at home, teach the points of compass, the situation of things in the room, and then of out door objects. Cultivate a love for scenery. A child, who had always lived near a mountain, was one day asked by her teacher of the ever saw one. She replied no. The teacher pointed it out to her - what said she, is that a mountain! If there is anything that has come to me as a solace in a lonely hour, it is my love of natural scenery. These blue hills, which you can see in the distance, are dearer to me far, than all the wealth of Beacon Street. I would not have their picture blotted from my mind, though the wealth of the City of Boston, were given me instead.

Oh how vividly do I see the scene now ~~the scene~~ of a Sum-
mer's afternoon, when I was in my father's hayfield, beside
an old revolutionary soldier. I stopped my work, & leaning
upon my little rake (for they gave me tools to work in the)
gazed in admiration, upon the blue hills & the gorgeous sun
just sinking below them. I see it now, a boy, beside an
old veteran, the fragrant hayfield, the blue mountains,
the glorious sunset. And another time, while I was in College,
as I was coming from Brighton, when on the brow of Wellington's
Hill, we saw extended before us Cambridge, Charlestown, Boston
and its shipping, with the Atlantic farther on in the distance,
it was a magnificent sight. I looked upon it in ecstasy.
But on turning round, I caught a glimpse of one of these
same mountains - & all my childhood and boyhood gushed
up into the brain of my heart. - I lived over by a moment
the happiest days of my life. A friend who visited Port Mad-
worth at his residence, told me an interesting incident
which he witnessed. Some men were at work in his
Courtyard & among other improvements they thought to
remove a large rough stone, which lay in one corner of
it. They were proceeding to do it, when Madworth called
out to them "let it alone." - It was a friend of my youth,
of my manhood & its old grey face is familiar to me.

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I will not lose it now - I have written a sonnet to inscribe
on it. - And by the way young Ladies, I would rec-
ommend that Poet of Nature - that Poet of the human
heart - & that Poet of Religion, I might almost say, to
your perusal. Before this should have been mentioned an
anecdote illustrative of the importance of connecting ideas
with words. I once mentioned the importance of this to a
teacher she one day made the trial with the word President.
which occurred in a lesson on Geography. The teacher asked
who Martin Van Buren was. The child replied a "President."
What is a President? Why I guess it is a Basket.
Upon asking another she said, she I think it is a piece of
Iron. - Time & Yarn these are situated near each other
and are used in connection. Yarn is an organ that is
easily cultivated, by directing a child to notice the time,
that it takes to perform a piece of work or walk a certain
distance. I am now an inmate of a family where the ser-
vant is deficient in this organ in consequence she never
has dinner at the right time.
Causality leads us to reason from cause to effect. We see
this organ very large in those distinguished Statesmen, who
reason deeply, as for instance John Quincy Adams, and
Daniel Webster. Miss Edgeworth illustrated the benefit of

children's reasoning in her story of Beasts. Mothers think they are discharging their whole duty if they send their children to school and yet they are ignorant of the common processes of water's freezing and rain's falling. I had placed under my care a little girl who was going to attend a celebrated boarding school in N. Y. I asked several questions relative to the school among other topics I asked her what the clouds were. Great Bags she replied, and there are holes some in the bags and the rain comes down.

The superstition of many religious people arises from their not having habituated themselves to trace the connection between cause and effect. —

After the lecture Mr Burton gave us the following upon Exercise. I suppose you all understand circulation. Now if you wish to appear like the flowers of the morning sparkling in the dawn of a new day you must exercise. Every young lady that does not exercise is an Old Woman.

Mr Pierce subjoined this remark. What is all this twinking, twining & circling compared with good health? If ye believe not now, ye will not though one should rise from the dead. Mr Pierce truly said we had had an intellectual feast.

After the session, ^{about} Mr Burton sent several of the young ladies in the sitting room and examined some our heads or rather told most of us some of the most prominent organs that we had; that we enjoyed much.

Evening. At our Reading Circle we had the company of Mr & Mrs Pierce, Mr Burton, & Mr Rice. We spent the evening very pleasantly, commenced reading "Piccola." Our fire went out the last part of the evening, it being very cold, we suffered and it was not till Mr Phelps had had some time, that I felt the agreeable sensations of warmth throughout my frame.

Sunday, Dec. 6th.

Snow storm. — Mr Burton preached this morning to a very thin audience. Seems to me the present spirit must be rather a depressing spectacle to the preacher, no less than those who are assembled. Listened to an excellent discourse from these words "A good name is rather to be chosen than great riches." Did not go out in the afternoon, following the bent of my inclination. After tea I went in to Mrs Harrington's to pass the night with Miss S. C. Locke, for the purpose of writing together the lecture of yesterday. We wrote till ten and then retired, having spent a short time in social intercourse. The snow has fallen quite deep.

* A wrong inclination better not followed

Monday, Dec. 7th.

Sarah and I did not arise till nearly seven, much later than we had planned. Great quantity of snow has fallen, consequently, but few of those that board out of the house dare venture, if I may so say. Mr Peice said this reminded us, of the advantages of boarding in the house; if all could be accomodated under the same roof, we should not have this very unattractive sight of vacant seats.

A few sentiments were given, after which, we attended to reading from the Scriptures. In connection with this exercise, Mr Peice said we could much improve this reading, by more slowness & deliberateness. There should be an acquaintance with all the pronunciation of all the proper names, that occur in the New Testament. Some in reading the N. T. change its version, thinking to make it more pure. I think they do not do this, & would speak as an adviser & elder friend - Imitate this Great Teacher. I feel a marked sensation when this change is made. (Very glad to hear these remarks.) The first division then had a recitation in the Teacher's Manual, upon that interesting and important subject, "Moral Education." Palmer recommends that each pupil keep a record of duties for self examination, which should be shown weekly, monthly, and yearly to their parents or teacher. Some particulars

of the plan are in the next lesson. Afternoon recitation, a review in Rhetoric on "Style," and Moral Philosophy on the "duties of a domestic being".

I felt very dull this afternoon, what physiological rule have I violated? Mr Peice gave us a list of questions in Combe's Constitution to copy. They are designed as a review on this work.

Tuesday, Dec. 8th

Agreeable moderation in the weather since yesterday. - Remarks upon Scripture. "Mercurius was regarded by the ancients as the god of letters; and as Paul was chief speaker, he received this title."

Mr Peice's Sentiment. "The great purpose of all ^{god} education and discipline, is to make a man master of himself, to enable him to act from a principle in his own mind, to lead him to propose his own perfection as his supreme law and end." Dr. Shanning. Mr Peice read a piece entitled "The Spirit of Love." Our questions in Combe's Constitution were in the first chapter of this work. There was some discussion upon the question, "Have animals reason?" Our teacher thinks they are possessed of reason. One of the young ladies thought this would be countenancing the belief, that brutes have a soul. Mr Peice said, "I would not pretend to say this, when men

understand their own nature, then may they study that of bees.
Afternoon exercise was in "Teacher's Manual." The author
has given an explanation of the various virtues enumerated
in his table, some of these are very good, most excellent,
particularly his thoughts on death. Beautiful thought. Death
is the breaking down of this intervening partition between
the soul and undiscovered existences; imparting to that spark,
immortal, the unrestrained exercise of its perceptive powers; it
is the disengagement of intellectual light from material dark-
ness; it is that benign agency, whereby the soul, as the butter-
fly from the chrysalis, is set at large, to roam, observe, rejoice
in the plenitude of its newborn being. Mr Perce made some
very interesting observations on this subject.

In Combe's Moral Philosophy we began the chapter, which treats
of polygamy; fidelity to the marriage vow; Divorce.
Many important views advanced. This day has passed pretty well.

Wednesday, Dec 9th

Principal's Remarks upon the Scripture. To embrace the Christian
Religion in Paul's time one had to submit to great trial and suffering.

Mr Perce read a short narrative of Clarkson, who is now upward
of eighty years old and still retains to considerable degree, the
vigor of his manhood. So now living under the reign of the
fifth sovereign. Victoria is the 15th he has seen upon the
throne. He is much interested in the cause of the slave.
The piece contained an interesting account of his mansion
and grounds, the former was erected in the 15th century,
also of his library, where he spends two hours each day in
study. Mr Perce said, Delightful must be the decline of such
a person, who has made it both innocent and useful.

Remarks: "Another vacant seat from sickness. Headaches
Headache!! Miss Smith has been free from this disease
during her absence of school this summer, but on her return
here she is again afflicted. Question given for discussion, Is
there anything peculiar in this Normal Institution, particularly
unfavorable to health?"

We devoted some time to our questions in Combe. There was
no satisfactory answer given to the following question. Why do not
Phrenologists reckon an organ in the brain for each of the external
senses, if they are intellectual faculties? Mr Perce said we must
refer it to some practical Phrenologist.

Afternoon. Young ladies of first division met to read selections.
Remainder ^{part} with Sarah ⁱⁿ copying some of the notes of the lecture.

After tea with Miss Locke made a pleasant call upon Mrs Dodge and Miss Maxwell.

Thursday, Dec. 10th

All our numbers (that now attend), are present, minus one.

Exhortation.

"Those are free men whom the truth makes free, all are slaves beside." Principal's

"Virtue has more admirers than followers" Mr. H. Stoddard's

Some queries answered. 1st Cause of the circle around the Sun?

2nd Philosophy of friction to remove pain?

Of the first it was said arose from the peculiar state of the atmosphere. 2nd answer. A swelling is produced by some of the fluids or matters being obstructed, and by friction it is removed, and the circulation is increased. Our questions in Combe were quite interesting and called forth some discussion.

In the Manual we learned some excellent views of the author upon Politeness, Truth, Generosity. Under the last head, he says, children should never be rewarded for liberality. Giving away without self-denial, is not liberality. The approbation of their own beams should be the sole reward. How not following this course much evil is the consequence.

Afternoon. Remained out of school to answer a letter that had been due for a long time. It is the first, and I intend

it shall be the last time, that I absent myself for this cause. With Isabella took a walk for exercise.

Could not study the last hour from the restlessness of some of my neighbors being excited, but did not pass time idle.

Friday, Dec. 11th

Delightful morning. After the Scripture reading, the Principal gave a sentiment, "If you would avoid disappointment, place your happiness upon those things that you can command."

"How did Silvio Pellico act?" he urged upon those things that were within his reach, and not those without it.

Mr. H. Stoddard's; "Some feelings are to mortals given,
With less of earth in them, ^{than} ~~than~~ heaven."

B. Johnson; "No adequate conception can be formed of the grandeur and sublimity of that music which might be heard in our churches, were all qualified to sing with the spirit and understanding, and would perform that important duty."

Lesson today in the Teacher finishes the book. We had an interesting discussion upon the sense, in which bashfulness ought to be used. Palmer classes it with affectation and ostentation. Afternoon, visited by Mr. Pease and sister. Our lesson in Moral Philosophy was recited by the reading of two abstracts. We had a short session, as Mr. Pease wished us to devote the time to exercising. Our teacher accompanied

most of the Normalites to see a manufacturing establishment in the north part of Livingston, we approached very near Burlington. Brevise enough for one day.

Last Study Hour not observed.

During the week I & H's - have been kept without communication, (unless something is said to the contrary) though not always spent in school business.

Saturday, Dec. 12th.

Remarks upon the 16th chapter 14th verse of Acts. "A certain woman named Lydia who worshipped God, whose heart the Lord opened." A fine passage for a discourse. How are we to understand this; was it done by a miracle or by hearing and believing the truth as all our hearts are opened. Observe the conduct of this woman she made use of those means that were within her power. Are not all our hearts open when we see, believe and practice the truth? The first division read the answers to three questions in Compound Interest. I like this plan of doing questions as it reviews the knowledge we have learned. A general exercise in scriptural reading. Abbott's Teacher was a conclusion of the chapter on "Report of Cases." An exercise not so fruitful of remarks as the last. Then listened to a lecture

Lastly, Discussion upon the question which of the four periods of life is productive of the most enjoyment viz. infancy, youth, manhood or old age? Some variety of opinion, but a majority in favor of childhood. Our teacher briefly said no period so happy to me as the present, but had not time to state the reasons. Principal closed the session hoping that the coming week as it is the last may be the best that we may have good lessons as nothing can take their place.

E. M. Pennell is quite sick in consequence Hannah and I have to make a move from our room or only a partial one - I am thankful vacation is so near at hand.

Evening. Not a very interesting sewing circle; we read a little while and after that held officers for the ensuing three months. I resign my office to Miss C. A. Rogers.

Again my old eyes are pained by sight of a blank! Oh, my dear pupil!

Sunday, Dec 13th

Another stormy Sunday. Eliza is more comfortable than she was yesterday. Attended Church both parts of the day and hear Mr Rice. People few and far between. Study Hours observed.

Monday, Dec. 14th

Not a very pleasant night to see so many vacant seats. Mrs Spiller read a part of the 15th chapter of Acts. Principal's Epithem: Woman, enlightened, sanctified woman is one of the noblest specimens of unanimated beings. George Bond. Astronomy was upon clusters of stars, nebulae, variable stars, &c. Nebulae are those misty appearances which resemble comets or a small speck of fog. The Galaxy or Milky Way presents a continued succession of large nebulae. This was not a very brisk performance. Geometry I did not well understand. Algebra was the section upon Logarithms. As I did not sleep this afternoon to write I had a fine time to write up my journal which has been delayed. Not a very fruitful day for a journal. Had a fine walk with Misses Spiller & Bowthorpe after school. Louisa and I called upon the Misses Merriam after tea. First Study done faithfully kept.

Tuesday, Dec. 15th

Mr Peice returned the journals of our division. He spoke of reading composition thinks it would afford much happiness as well as improvement. Principal gave an account of the school in this town that he recently visited. Surely in many some respects our school is cast in the shade. Alas! what will be our end? continual care & trouble we bring upon him, who labors with ceaseless effort for our good. From the remarks I should think our teacher could find few or no bright features in our system. Lamentable sentiment given by Miss Powell yesterday morning. Prayer is the lever of the moral world, and will one day raise the world to God. Its fulcrum is the promise of God: faith is the power applied; and faith is the acting power. Let faith apply the lever, and put forth its active energies, and not the imaginary lever of Archimedes can work such miracles as Prayer. Astronomy was upon the fixed stars. It is ascertained that the nearest fixed star is more than 20,000,000,000,000 of miles distant from us. Devoted some time at the board in our recitation in Algebra. From the time school was out until near eight the house was in commotion in consequence of the peining.

and mining for the parties. Between 7 & eight of the Normales set forth, one part went to the Chases Johnson and the other to Mr. Pease's Musical Circle. Isabella Louisa A. Sarah C. J. Chiza I (the last two being cousins) and myself passed the eve at the Colonial House had a very good time in making & eating molasses candy. The last party kept much better hours than the first. Slept three quarters of an hour in studying Astronomy.

Wednesday, Dec. 10th

Some morning - It is very tempting without had I but prepared my sermons I should certainly be out inhaling this pure air. A part of the 17th chapter of Acts was read. Mr. Pease remarked that the description here given resembles the state of things that exist at the present time. Sir I said he remembered having heard somewhat celebrated divine preach a discourse from the 5th verse of this chapter. Our teacher then told us we might prepare our ears for something very beautiful, let it sink down into your hearts - and read the following on -

Originality

Most men are on the shore; but now and then a man comes riding down sublimely, in high hope from God on the flood tide of the soul, as she sets into the coast of time, submerging

the landmarks, and laying waste the labors of centuries. A new man wears channels broad and deep into the banks of the present, he washes away ancient boundaries, and sets afloat institutions, creeds, usages, which bog the ever flowing Present, stranding them on the shores of the Past. Such a deluge is the harbinger of a new world, a renovated age. Hope builds an ark; the dove broods over the assuaged waters; the bow of promise gilds the east; the world is again replenished and replanted. Yet the sons of genius alone venture into the ark: while most pass the water down the Turkish stream of usage into the turbid pool of oblivion. Afterward the retreating tide rolls, and wafted by the gales of inglorious ease, or urged by the winds of passion, they glide down the Sethian waters, and are lost. Only the able and heroic outlive in time their exit from it. Fresh. There is a magic in free speaking, especially on sacred themes, most potent & resistless. It is refreshing, amidst the more common-places bantered in pulpits & parlors, to hear a helpful word from an earnest upright soul. Men rally around it as to the lattice in summer heats, to inhale the breeze that is cool & refreshing from the mountains, & invigorates their languid frames. When heard, they feel a buoyant sense of health & hopefulness & wonder that they should have lain sick, insipid so long, when a word has power to raise them from their couch & restore them to soundness. And once spoken, it shall

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Thursday, Dec. 17th

Scriptural Observations: Paul was a man of learning though a Jew.

These remarks are interesting.

Lesson in Astronomy quite interesting upon the system of the world. Yesterday and today's exercise embrace a general account of the opinions that have been entertained in regard to the solar system. The three given here are the Ptolemaic, Tycho's, and Copernican systems. The two first entertained the idea that the earth was the centre with the sun & planets revolving around it. The present ^{system} theory is called the Copernican, he was born at Thorn in Prussia in 1743. His system was the fruit of forty three years of intense study & meditation upon the celestial motions.

Pythagoras who lived 500 years before the Christian era was acquainted with many important facts and held many opinions that are now found to be true in respect to heavenly bodies. He held that the planets were inhabited, and even went so

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far as to calculate the size of some animals in the moon. Pythagoras was so great an enthusiast in music, that he not only assigned to it a conspicuous place in the system of education, but even supposed the heavenly bodies themselves to be arranged at distances corresponding to the diatonic scale, and imagined them to pursue their sublime march to notes created by their own harmonious movements, called the "music of the spheres"; but he maintained that this celestial concert, though loud and grand, is not audible to the feeble organs of man, but only to the gods. Do not remember the occurrences of the remainder of the day as some time has elapsed since I made the first part of this entry.

Friday, Dec. 18th

This day has passed much as usual. Our only morning exercise was in Geometry. It was quite a good performance. Afternoon visited by Mrs. Bridge & Misses Mellickton & Teal. The first division read selections. The second division had a recitation in Physiology. Afterward the normal department went into the school below and witnessed Miss Burdick's mode of teaching. Mr. Burton and Miss Roby visited Model School.

Saturday, Dec 19th

Principal made remarks upon various matters relating to the welfare of the school. Discussion followed upon the question "Would it be well to have all our schools public?"

It called forth some quite good argument decided in the affirmative. Mr Peirce thinks the best system of education will not be secured until people are ready to have our schools common ones. After recess Chiza P & Sarah I came into school two of our number who have been invalids some time. Record of the past week was read and then listened to some remarks from the desk. — "We are approaching an interesting period the close of a term some are to leave us — I can say with regard to a majority of my pupils that there is a bow of promise — As to others there are some who have mistaken their calling. With regard to those who leave my best wishes attend them; may those who hear them rise up & called them blessed. — May you have friends, competency and all earthly blessings, and heaven's beside.

When the office of Principality was extended to me I relied on seven or four things. Deep interest in one's studies; conscientiousness

I find I was mistaken — I believe the first petition, that

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was ever sent to the legislature in regard to Normal Schools was drafted by our hand. Notwithstanding my social intimacies I left Portland and came to the institution with the intention of meeting those who were desirous of their own improvement. I said to a friend in A. after I had gone on board the Steam Boat. I had rather die than fail. Though it has not been an exact failure it has been only a partial success. These words pained every heart that heard them and those thoughts uttered by our dear teacher will never be forgotten. Oh! were unworthy pupil. How unfaithful! Our teacher left by bidding farewell. How many hearts throbbled with unhappiness. Afternoon passed by & evening came when our Singing Circle met. We were favored with the company of Mr & Mrs Peirce & Mr Poise. Had quite a pleasant meeting — as we closed I resigned the presidential chair to G. A. Rogers.

Sunday, Dec 20th

This is the last Sabbath that all our number will go up to the house of God together. Our friend Sarah who has been sick so long left us for Medford this morning. We much regret that she is obliged to leave us before Wednesday. Heard two discourses from Mr Poise.

Monday Dec. 21st

After attending to a few exercises we listened to a lecture from Mr. Burton on the subject of Health. It was highly practical. We know the right yet how often do the wrong pursue.

If this that follows, is an abstract of the lecture, it is very good.

Friday, Dec 25th

This morning was quite easy for me, I had a physician called who pronounced my disease to be the Scarlet Fever. As my prospects for a merry Christmas did not appear very brilliant. I recovered so fast as to be able to be removed home a week from this day, New Year's.

Next morning Aunt Sophia and Mary left for Ball River with the expectation that Em & I should soon follow them to make a visit.

Why do these white unspotted places occur so often?

Wednesday, February 3^d 1841.

This is a day that I have long looked forward to, when I should once more return to Lexington. Once more, and the last time methinks, I bid adieu to friends to resume my connection with those whom I dearly love.

At five o'clock in the afternoon, I found myself at the Normal House, meeting some of my dear sisters, who I have been wont to meet; beside many strangers, which made the aspect quite changed from what it was six weeks ago.

After tea Hannah, Eliza & myself called to see our dear teacher & lady. Had a very pleasant call. As Mr. Hill held one of his conversations at Mr. Peirce's, I was induced to stop and what made it very pleasant, was that I met many of the girls, who I have not seen for so long. The conversation would have been highly interesting if it had not soared so high.

Returned to the Normal House between 9 & 10, and soon repaired to my chamber being somewhat fatigued.

Thursday, Feb. 4th

I woke by the ringing of the bell, its sounds seems quite like an old friend. Again I take my accustomed seat, and once more listen to the reading of the Scriptures and be engaged in Prayer, in that place where

I have been so many days.

I have not engaged much on studies today, as my thoughts have been far from here, and my mind much disturbed at the loss of my trunk. Home sweet Home!! The school is quite full, the vacancies made last term are all filled. This addition ^{increases} makes more Mr. D.'s labors, his tasks are too much. After school took quite a long walk. Did not study much in evening. My thoughts on other matters run.

Friday, Feb. 5th

We finished reading the book of Acts this morning. Mr. Peirce made some remarks upon Paul's life & suffering. Several sentiments were offered and a piece read by Miss Sisson. I engaged in a recitation in Nat. Philosophy, upon the weight of the Air. In the afternoon, I attended to a lesson in Geography, on that period of life from two to seven. It was a lesson that embraced much useful matter, though there are some things, from which I should dissent. Took a walk after school. My mind was much relieved on the arrival of my trunk, which has been absent so long. Our number was quite diminished at study hour. I did little in the line of studying. We were quite interested at looking at the eclipse of the Moon.

Saturday, Feb 6th

It is cold and chilly this morning.

Principal read from the 1st Chap^r of Romans, and commented upon the 13th verse, "But was let hitherto."

In this sense, let means to hinder, rather than to permit, as the word is used at the present time.

Mr Peirce spoke of the Eclipse of last evening, as being a remarkable one for its length and intensity, it continued nearly four hours. Mr P. said the phenomenon of eclipses was not understood till recently, or rather why we see the moon at all in an eclipse. It is thought, by modern astronomers, to arise from some of the rays of the sun passing over the atmosphere of the earth, and striking upon the moon. We passed considerable of the forenoon in reading from the Scriptures. Instead of a discussion on this day of the week, we now have a conversation, on questions pertaining to teaching and governing schools.

Some of the questions were the following, "Is it possible for a teacher to make her pupils feel that she really loves them, & is aiming to make them happy?" "How shall ^{she} they do this, are they not generally thinking of her as a task mistress, from whom to escape is happiness?" Mr Peirce did a good part of the conversation. I think we may derive a vast amount of good from this exercise. Evening - Sewing Circle favored with Mr Peirce's & Mrs Peirce's company.

Sunday, February 7th

We have the aspect of enjoying both in & out doors a pleasant Sabbath. - "How calm comes on this holy day"

Our little group assembled in the sitting room after the morning repast, and listened to the portion read from the Scriptures, and then joined in singing. When the hour for Church arrived all prepared to attend.

Mr Peirce preached two discourses. I was the most interested in the afternoon sermon, which was upon these words - "Examine yourselves." 2nd of Corinthians 13th Chapter 5th verse.

I have been much interested in reading today, some pages in "Todd's Sabbath School Teacher." In which the author has shown, what has been done by the instructions of these teachers, and also the vast amount, which remains for them to do. Todd says, the man who lives for himself, may be of some use to others as he passes through life, for God has no constituted things, that even selfishness cannot ^{attain} its highest aims without benefiting others. The man who lives for his country, will do good on a wide scale, and have the evening of his days cheered by enviable recollections; but he who lives for man, for the whole world, is the highest benefactor to his race, the noblest specimen of man, and the brightest exhibition of the Christian.

Sunday School not observed as they should have been.

Monday, February 8th

The Moon was shedding ^{down} her beams in all her splendor, when I awoke this morning. My dream was very decisive that I should look in the east to see if there was an appearance of a fair day. Either an anomaly.

I hope I shall accomplish more in the studying line this week, than I have in the past. As I fear my teacher will give me up in despair. I hope the resolutions that I have made will be faithfully adhered to.

Mr Pease read the record of last week, and then laid out the business for the day. He observed that the conversation of Saturday had been on his mind most of the time since then, and that he should like to have the subject considered farther, so he remarked upon the great evils that followed from the infliction of corporal punishment. He is firm in the faith that corporal punishment had better be dispensed with. Mr Pease thinks frequent recesses are better in schools, than allowing pupils permission to talk when they wish. Some one objected thought there was great danger, ^{difficultly} of getting young children engaged in their studies. Mr P. said we must render these lessons amusing, interesting. In fact, this interest must be relied upon, in

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All stages of education. The consideration was resumed in the afternoon. Several, that have had experience in teaching, gave their views upon the questions. Afternoon the whole school attended to reading from the scriptures; the first division read selections. The sentiment contained in this piece, that I read I think very good. Religion - Let this idea dwell in our minds, that our duties to God and our duties to men are not distinct and independent duties, but are involved in each other; that devotion and virtue are not different things, but the same things, either in different stages or in different situations, in different points of progress or circumstances of situation. What we call devotion, for the sake of distinction during its initiatory and instrumental exercises, is devotion in its vigor; the virtue which, after a time, it produces is devotion in its maturity; the contemplation of Deity is devotion at rest; the execution of his commands is devotion in action. Praise is religion in the shop in the temple or in the closet; industry from a sense of duty, is religion in the shop or field; commercial integrity is religion in the mart; the communication of consolation is religion in the chamber of sickness; paternal instruction is religion at the hearth; justice is religion at the bench; patriotism is religion in the public councils. Francis

Visited by Mr. Rice and Miss C. Stodder.

Had quite a good walk after school. Resolved, that I take exercise in the open air, every day while I remain at the Normal School. Study hours not observed aright. Shameful!!

Tuesday, February 9th

Principal was asked why the Scriptures were divided into so many chapters. He replied that this division was of modern origin. The reason is that they were rather unhandy to use for reference; they are not divided according to subjects, we sometimes find a new chapter introduced in the middle of a subject. Mr. P. was asked his interpretation of the 34th, 35th, & 36th verses of the

Which is as follows, These verses refer to the destruction of Jerusalem, they show the suddenness with which it will take place, some will be captured, while others will be captured. make their escape as we see, "two men shall be in bed, one shall be taken & the other left."

Principal's Sentiments. Choose that way that is right and habit will make it easy.

H. P. Rogers: To return good for good is manlike; to return good for evil is Godlike. He that would build ^{his} battlements must build his foundation now.

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The first recitation was in Astronomy, which was not altogether satisfactory either to teacher or class.

The subject of the lesson was refraction which leads to see the heavenly bodies in a higher situation than they really occupy. We are led to suppose that the bodies in the horizon are larger than when on the meridian we are led to this opinion by imagining that those bodies are larger which are at the greatest distance making this allowance our optical vision sees the Moon larger than it actually is. The light is owing principally to reflection and somewhat to refraction. Reflection throws back the rays, refraction is bending them out of their course. Geometry was my forenoon lesson. Recited a Lesson in Book

Keeping. I hope this study will increase in interest as we progress.

Afternoon. Attended to quite an interesting lesson in Moral Philosophy upon the present condition of society. Can be shown that society is governed by the lower faculties rather than by the moral and intellectual capacities. Mr. P. spoke of the colony that is now forming in Popbury which is designed to be a company or society by itself. I have before heard it spoken of but do not exactly understand its object.

Took a short walk after tea. One of the young ladies thought she would exercise till she felt a general warmth to accomplish it she extended her walk to West Cambridge.

Evening. I have been trying to collect my thoughts to write composition but it almost in vain to make the attempt. I have not been faithful to study hours. May this be the last time that I record the like.

Wednesday, February 10th

Many sentiments were given and then Miss Stedeler read a piece. Mr. Pease read a very interesting account of Laura Bridgman, who is indeed, says he, a rare specimen of human nature. Who could have believed a human being destitute or nearly so, of four out of the five senses capable of manifesting such knowledge as she exhibits. We had quite a good discussion upon the question, "Can females be prepared to teach Summer and Winter schools, Grammar as well as Primary schools?" A large majority in the affirmative. I wish we might have one discussion, in which every scholar would bring two or three arguments to support her side. A lecture upon Diatetics. "This subject is important as connected with health. Health is important to usefulness, improvement, and is deeply concerned in intellectual advancement. Man must eat, but what, when and how much? It is a law of nature that where there is action, there is waste. Where there is an adaptation of part to part, in machinery as in the human body, there is less waste. The vegetable world

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would soon be destroyed, if it did not possess the power of absorption; so with the animal creation, if they were deprived of food. Animals differ from vegetables in their mode of taking nourishment. The latter are fixed, and are continually drawing their nourishment, while the former are possessed with the power of locomotion, and take food at intervals. In youth there is growth and waste to be supplied by nutrition, at a later period of life only waste. Animals are reminded when they shall take food by a sensation of hunger, if it were not so, if it was left to man's reason, there would be some hazard, for he would be so absorbed in business as to neglect this bodily want. There have been different opinions existing among physiologists, how the sensation of hunger was produced. It is thought by some that this sensation is first ^{felt} in the brain. This idea was confirmed by experiments made upon two dogs. A dog was taken that had not eaten anything for some time, food was given him, he ate voraciously; The nerve connecting the head and stomach was soon severed, upon which the animal was entirely indifferent to food. Bossent did much by his observations on the stomach of Capt. Charter (who was wounded in his stomach, which ^{wound} did not heal so one could see the workings of his stomach), to advance the subject of physiology.

Some people eat as much in maturity and old age, as they do in youth, and thus bring on dyspepsia.

Others will attempt to restore their appetite by spices & wines, but this is an error. To have an appetite for food they must have waste, to create waste, there must be exercise." I am quite glad that this subject is to be continued, as it is a subject ^{on which} that we all need to be enlightened. Zoology—

There were a few compositions read, but rather reluctantly. Geology was the last exercise before the session closed.

Afternoon—Passed an hour in the Model School in seeing the pupils perform in arithmetic, and hearing them speak pieces, which they did very well.

Afterward journalized some in Book Keeping. Spent the remainder of the time till seven at Mrs Lee Barons, very pleasantly. Observed Study shows faithfully.

I neglected to mention, that yesterday we were visited by Mr and Mrs James of Lexington. They manifested much interest in our exercises.

Thursday, February 11th

A fine, mild morning. Quite favorable for study.—

Remarks upon Scripture: "Many parts of the Scriptures, speak of holy and just men, but they do not do it without

at the same time, speaking of doing evil." Journals & Themes of the whole school returned, many of which seemed to meet standards approved. One thing contained in the former, seemed to cast a blench upon the whole, viz, the statement of study hours.

Geometry was a lesson upon ratio and proportion. The former is the relation which determines the quantity of one thing, from the quantity of another, without the intervention of a third. The ratio of 8 to 15 is 20. The latter is the sameness or likeness of two ratios as 5 to 10 as 8 is to 16.

Friday, February 12th

Friday, February 12th

Scriptural Remarks: "The last part of the third chapter of Romans, seems to explain more fully, the scheme of the New Testament, than any other portion of it. These passages have been the theme of many discourses and essays."

Principal's epithem: "He that delights in the wickedness of others, would do the same himself, if opportunity occurred."

Afternoon lesson particularly good & interesting. The author of Moral Philosophy, shows the dependence of individuals upon society. A person may have wealth and distinction, yet he is still in some degree, dependent on those around for enjoyment and usefulness. Then how important it becomes to

have society governed on the best principles. This another I find among the last the I study.

A walk after school on Bedford Road, I found it extremely cold, therefore shortened my walk. Evening devoted the first hour to study, at recess Eliza & Anne and I retired, feeling rather dull and heavy. After we had reached our dormitories & rather our pillows, we began a conversation about schools. Eliza then questioned me in regard to my plans and purposes in teaching, and I did the same of her. I think it a very profitable way of passing our time occasionally.

Saturday, February 13th

Eliza & I arose at six, one rung the bell while the other lighted the fire and then we repaired to the school to read together our scriptural exercises. Our peace was not disturbed till nearly seven. Time enjoyed much.

At half past eight our session began, this forenoon we are going to "migrate" into the room below, as we are to have an addition made to our seats in the Normal room.

This move makes some confusion, however, we do pretty well.

Mr P read a piece upon Monday.

The school attended to the reading of the scriptures, which was quite a successful performance. I like the arrangement much that we have for reading twice a week.

We occupied some time in conversing upon the question, "Is it well to exercise a code of laws on entering school, with a penalty attached to the violation of each?" Many were opposed to this procedure, thinking there might often be cases, where the departure from the rules, did not deserve the punishment that the code had pronounced. Record read, Mr P appears to be pleased with the aspect of the past week. This is encouraging.

I like the suggestion in regard to having a newspaper written in our school, to which all may contribute. Hope this plan will be put in force.

Mr Pierce & the first class of Modelites visited school.

P. M. Our teacher came with a sleigh, and invited all the inmates of the Normal House to ride. We all accepted, & I rode in a part of the town, where I never went before; should have enjoyed my ride still more had not my ears been so cold.

Mr P must have almost frozen, being out so long. When shall we repay all these kindnesses? — After my return I wrote until

about 1/2 past 4, when Hannah D. arrived our good old school mate, she gave us the cheering news, that she would tarry with us until Monday.

Sunday, February 14th

Cold, Cold, Cold indeed.

Heard the same preacher that I did last Sabbath.

A. M. text: I will praise the Lord at all times: his praise shall continually be in my mouth Psalms 34th Chapter: verse.

P. M. text: By the word of truth 2nd of Corinthians 6th for Evening. Accompanied Mr. Elliott Mr. Rice Hannah P. and Elizabeth H. to the East Village to listen to a conversation from Mr. A.

Monday, February 15th

Colder, Colder,

We sit so much more compactly than we did before the alteration made in the seats, that it gives the room the appearance as if that had been enlarged. The interest still continues in regard to ^{giving} Sentiments. Quite a favorable opinion.

Sentiments

Principal's: To disbelieve a philosopher before you are acquainted with his theory is like disbelieving a judge before you know his case. The idea not the language. Mr. P. read the remainder of the piece upon "Woman". I did not engage in any recitations this forenoon as there was not time for the recitations.

P. M. We finished the chapter in Astronomy upon the method of calculating time in different ages. Mr. Spurzbeorn was quite interesting upon the laws of exercise, if we wish to increase any power or faculty it will not do to theorize and read without upon them but we must actually exercise them.

Mr. Peirce did not seem pleased with our performances, he said he had often observed in schools that Monday was an unsuccessful day in schools. What can be the cause.

Evening. Many of the Journalites have accepted the invitation to attend the Medical Society this evening. Misses Stoddard, Bowthorpe, Everett & Stow remain at home. I observe study hours.

Tuesday, February 16th

Colder still. I should judge the thermometer was some way below 0. Two or three absences. Wish we could have one week when we did not have to note a single absence.

Mr P.'s Apothegm: "Follow not the multitude. There never has been any nation, in any age, that were truly religious."

Mr. P.'s: "A Leghorn hat loaded with rods will never cure the headache; nor a gold watch prevent consumption."

Spurzham on Education contained some important hints for teachers, not to teach signs and words without attaching to them ideas. Recitation in Combe did not go off very glib as it was a difficult lesson to recite.

Mr P. said to one of the divisions when he called upon them to read, that one who should read a portion of the New Testament well, need ^{not} give him any further evidence of her intellectual attainment, for success in teaching.

Session continued until nearly four. After tea took a walk with Misses Stodder, Smith & Homer up Concord road.

Margret and I were shamefully treated!! Hours observed.

Combe's system of teaching reading & arithmetic

Wednesday, February 17th

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The Mail this morning brought a letter from my friend Julia, who thinks of becoming a Normalite, if she can enter for a shorter time than a year. This period seems long in the prospect, but not so in the retrospect. How little comparatively can we learn in a year. I hope Julia will come if it is only for six months.

Having engaged in the Devotional Exercises we listened to the following sentiments.

Mr. Peirce: "To err is human, to forgive, divine."

Mr. H. Stodder: "He who loves not his country, can love nothing."

Mr. A. Chamberlain: "Pleasure that comes unlooked for, is three welcome."

Mr. Peirce said as a substitute for a lecture he would read us some extracts from an address of Mr. ^{Curtis} a German, upon the subject of Phrenology. From it I learned some new truths. I was quite happily disappointed in our discussion, upon the question, "Is there any effectual substitute for a Black Board?"

I thought there could be but very little variety of opinion upon such a question. Hope we may succeed as well every time we make the attempt to discuss.

The whole school attended to reading from the scriptures.

P. M. Most of the time passed in mending a burnt dress. Misses James, Stodder, Smith, Chamberlain & myself went out to take a run. Had quite a frolic in the snow. Did not devote two hours to study.

Thursday, February 18th

Scriptural Remarks upon Romans 6th 21st "What fruit had ye then in those things whereof ye are now ashamed? for the end of those things is death." "Ye how many may these words be applied, to those who are seeking their own gratification. I have myself looked upon human character and it has almost drawn from the exclamation, "what fruit had ye in those things whereof ye are now ashamed." — Mr. Pierce observed as he gave us our journals, that there was more uniformity in them than there often is. Nat. Philosophy was a continuation of the topic we have been upon this week, Pneumatics.

Spurzheim interesting as ever. The following, are some of his ideas upon the study of the languages. I am persuaded that the advantage does not repay the trouble of pursuing such studies, and that they occasion an enormous waste of time and labor. I had rather learn ten ideas in a given time, than ten different signs which express one and the same idea. Few surgeons and physicians, who are good classical scholars, will, from that circumstance, equal John Hunter in useful knowledge, and in improving the healing art; and yet he was not prepared by the study of ancient languages for the excellence he attained. Though Shakespeare was a great poet, it was not from being a great classical scholar. The greater

number of professional men, who are much occupied in practical life, have scarcely time to read what is written in their own language; their knowledge of Latin and Greek, therefore is quite useless to them and the art. I do not say that Latin and Greek should not be studied at all. I willingly allow that every one who has the natural talents and leisure, may study the ancient languages as Latin, Greek, Hebrew and uncial as well as the modern, if so inclined, and grant him his hobby; I only maintain that a knowledge of them ought not to be required as indispensable from every student. I am quite grieved to see that many young ladies aim at such accomplishments, whilst they entirely neglect every kind of knowledge indispensable to their future destination as wife and mother. The exertions of Mrs. Key have been more successful to her fellow creatures, than the classical knowledge of her whole sex in the united kingdoms of Great Britain and Ireland. Mental Arithmetic may be important as far as calculation of the useful is concerned. It may be acceptable to those who found morality on so frail a basis as utility and expediency. But I do not see that it contributes to diminish selfishness or to strengthen the nobler sentiments any more than Latin and Greek increase the love of truth and the feeling of conscientiousness. Let it then occupy only the time necessary to its practical usefulness. I might also ask what useful knowledge young ladies acquire from reading at

school works on mental philosophy, probably the same which little children in infant-schools, obtain from reading and learning by heart texts of the Bible concerning miracles and doctrinal points which divide the different sects of Christians. What an age of useful knowledge; what an age of wisdom is ours!

Mrs. Gery was an English lady of the sect of Quakers, distinguished for her benevolence, the originator of the Newgate female committee, was born in 1780. Previous to her marriage she established a school for the benefit of eighty poor children. In 1800 she married Mr. Gery who cooperated with her. The dreadful state of the prison for women at Newgate induced her to visit it. She entered the room fearlessly the room where a hundred and sixty women and children surrounded her in the wildest disorder. Her noble and true spirit impressed respect from these abandoned creatures. (Important fact to the teacher) All listened to her with astonishment for such a spirit they had never found. She carried with her the Bible and read to them the twentieth chapter of Matthew. Many of these unhappy creatures heard for the first time, the words of Christ. She founded in the prison a school for the children. At the same time, she formed a society a society of twenty four women, of the sect of Friends, under whose inspection one of the prisoners, called the matron, was

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to suppress the conduct of ^{the} others. Thus Mrs. Gery, by her exertions during several years, succeeded in bringing the prison of Newgate from a receptacle of vice into an asylum of repentance and a school of industry.

After school walked some way down up Lincoln Road with S. E. Locke when I returned I received the intelligence that on the morrow we were to be visited by Mr. Chas. and Dr. Howe. Evening Hours observed. After study hour Mr. Swellard related to me, an account of his subject in a slight, coming out of Boston tonight.

Friday, February 19th

Before breakfast this morning, I went with Eliza, down to Dr. Nelson's to have her tooth extracted. I suppose I cannot sympathize with her in this operation, as I have never had any experience in the matter. As for that, I hope I never shall.

Sentiments.

"Just so fast and so far as education is extended, true democracy is ascendent."

"Virtue dwells not on the tongue, but fixes its abode in the heart."
Nat. Philosophy was upon "the theory of musical sounds." The distinction between quantity and quality of sound was pointed out. Quantity relates to the loudness or softness of sound, quality of sound implies highness or lowness.

Afternoon. School had been in session an hour and half when the expected visitors Mr Mann & Dr Howe entered. The class in Spurzheim, were out at the invitation seat. Subject of the lesson Exercise, which we have been upon for the few last sessions. We had a very good and profitable conversation, to which Mr Mann contributed. One topic was the Love of Approbation, considering the extent to which it might be cultivated, and ^{its} comparative rank as a motive of action.

Towards the close of the school Dr Howe made a few remarks upon Physical Education. He thought conscientiousness should prompt us to exercise, and attend to the whole subject.

Not having retained the Language in any connected order, it would be ~~disturbing~~ ^{disturbing} the ideas of ^{many} ~~most~~ of their beauty to try to express them without.

Mr Mann made a few more remarks upon the same subject, they were indeed refreshing and enlivening. Had he but extended them a little longer it would have been still more delightful. I do not think we ~~deserve~~ merit much compassion from any one, if we are suffering with aches and head aches. I am sure there has been light enough, and more than enough shed upon the subject of health, to prevent many of these diseases. I hope we shall enjoy another such visit & longer soon. — Session closed at half past four. After tea several

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of us in the sitting room, listened to the reading of the notes from our dear friends, Misses Dean and Swift. They think they may visit here sometime in the course of the year 1842. Another incident, that ^{occurred} ~~happened~~ to add to our enjoyment, was the arrival of that lovely girl, Sarah Sparrell. We are to enjoy her company two or three days. — — —
Sunday, Concord Sept.

Saturday, February 20th

Arose at half past five, and devoted a good portion of the morning to arranging my toilet.

Comments upon the 7th chapter of Romans. Physiologists say that here they find the quintessence of their doctrine, and St Paul is of their faith as we see in this chapter.

Following were some of the sentiments given. 2^d Principal: "I beseech you that you present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service"

H. C. Rogers: "The heart like a tender, accustomed to being set it grow where it will, cannot flourish alone; But will lean to the nearest and loveliest thing. It can turn with itself, and make closely its own."

Our Scriptural Exercise was quite a good performance. After this came Geology and Abbott's "Teacher" and questions upon Teaching, viz. Which will you appeal to emulation or ambition? Which would

probably prove the stronger motive. This ^{new} afforded some very interesting remarks. - I wish we might devote more of the time Saturday, to the consideration of these questions.

Afternoon. Attended to domestic duties. Wrote in my journal. Posted in my ledger, took tea or rather supper. Went to walk. &c, &c. Evening. Sewing Circle met, made some propositions to reading, not at all of a pleasant meeting. Lodged with Miss Burton as my chimney had gone to Molun.

Sunday, February 21st

Morning five - Mr. Rice has preached two discourses. 4th of text 2nd of Timothy 2 chapter 3 verse. "Thou therefore endure hardness, as a good soldier of Jesus Christ."

P. M. "For your goodness is as the morning cloud, and as the early dew it goeth forth." Hosea 6 chapter 4 verse.

Sarah's Sporell and I have been reading some of Mr. Hall's views upon teaching, they contain much truth.

Received intelligence tonight that Niagara Falls had washed away; that Juan Hernandez had sunk; Mt. Ararat had fallen in; and that Mt. Ota was breaking. I should like to know the truth of these statements. Seems to me there must have been some convulsion of nature if these all happened together.

Monday, February 22nd

Memorable indeed ought this day to be. The birthday of Washington.

Sentiments. Principals; "Measure not your usefulness or your reputation by the present, but live for posterity and the future."

"I'ven states contend for Honor dead."

Where Homer lives begood his dead."

Mr. H. Stoddard; "Let fate do her worst there are relief to joy."

Bright dreams of the past that ye cannot destroy;

they come in the night time of sorrow and care

And bring back the features and joy used to wear.

Long, long be my heart with such memories filled:

like the vase in which roses have once been distilled.

You may break you may ruin the vase if you will,

But the scent of the roses will remain round it still."

Mr. Smith's: "The Gospel of Peace is a great blessing, but the Peace of the Gospel is a greater blessing."

C. Harrington's - Reflection. The mind of the thinking man, resembles the soil, beneath whose surface lie many precious seeds. Every rain calls forth buds, and every beam of the sun produces flowers. Mr. Pease said, before we proceeded to our exercises, that he hoped we should make this a perfect day. May it prove such. Our Astronomy lesson was a pretty good exam though it would

have been better had we made a draft of all the figures.
In Geometry we had 5 or 6 problems in section third, on the
measurement of surfaces. The class are now, with the ex-
ceptions of Hannah and myself, to take up Trigonometry.

P.M. Our lesson in Moral Philosophy, consisted of the reading
of abstracts of the chapter, upon the prospective condition of
society; they seemed to be quite well. After school the
class in Book Keeping recited. I was much disappointed
to find I had made so many mistakes in Posting.

To keep my conscience clear, I took a short walk just before study
hours. The Northern lights looked beautifully & were observed.

Friday, February 23.

After the Introductory Exercises we listened to several sermons
and a poem read by Mr. Pease. For Astronomy was an expla-
nation of the use of the instrument used, in making observa-
tions upon the heavenly bodies viz, the Transit instrument,
Sextant, altitude and azimuth instruments. Having finished
the recitation, Misses Sparrell, Conant and myself went in
to visit the Model School. Quite surprised to see the school
much out of order. O dear, it makes me think that I never
shall have an orderly school. Afternoon. The scholars did
very well I should judge, with a few exceptions. I hope this has
been a profitable day to me. Sarah left us rather unexpectedly.

How pleasant it would be if we could have the last term
scholars together again.

Evening. I tried, and tried but almost in vain, to collect some
ideas for a composition. This is an exercise, that I shall never
like, would that I could.

Wednesday, February 24th

I hope my refreshing sleep will enable me to draw out my
thoughts for composition. Who can prize too highly the gift
of language.

Mr. Pease's Sentiment: "Whatever our knowledge, fortune, fame or self
Not one would change his neighbor for himself."
Mrs. Everett's; "Study not so much to show knowledge, as to acquire it."
L. A. Lewis "The really wise way, that which produces most happiness
is this - to enjoy today soberly - to remember yesterday unrepiningly -
and to expect tomorrow unboastingly."

I will attempt to give a brief abstract of the lecture upon
Dietetics. ~~As I give~~ recapitulation of some of the topics of the last
lecture, and then passed to the great subject of supplying waste.
We are led by instinct to supply waste by taking food. Instinct
prompts animals to eat only till they have restored this waste
& unless they have taken some artificial stimulus, ^{they sleep here} but
man has been left to this by his reason. The various processes

were given, through which the food passes, after it is taken into the mouth before it becomes chyle, and then its course through the heart & lungs, to the ~~arteries~~ ^{arteries} to give sustenance and life to the system. If some substances will furnish chyle better than others, it is our duty to study to find what these are so as to use them. It is wonderful, that such a variety of substances, can be taken into the stomach, and converted into one homogenous mass. It is curious that vegetables can draw nourishment from the same soil, and that the same juice, should form so many varieties of tastes and colors; and even that the same plant will produce so many different flavors, some bitter and some sweet. — Teeth do not make their appearance, till some time after birth, showing that young children are designed to be fed on soft substances. The enamel of the teeth is formed of an alkali. It is a principle in chemistry, that an acid and an alkalia, have an affinity for each other; hence if an acid be suffered to remain on the teeth, it will cause them to decay. Teeth should often be rinsed, so as to be kept free from tartar which will collect. If children were early trained to clean their teeth, there would be much less suffering with the teeth than there is now. It is curious that there is a change of teeth as the mouth enlarges. That there is a connection between the brain and stomach, is

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evident. Hence the reason why there is so great loss of appetite, when anything presses upon the mind. It is therefore best at our meals to keep up a pleasant conversation. Boissent made a very important discovery, viz. that there was only gastric juice enough, to digest a sufficient quantity of food to nourish the system. Exercise, before and after meals, should be of a gentle nature and not ^{involuntarily} in a reclining posture, particularly after a meal.

Discussion followed the lecture upon the question, "Is the plan a good ^{one} alternating studies. If we could have a little more diversity, or rather variety in our replies, I think it would be quite an improvement. I wish for once, all might have originality enough, to frame an answer for themselves, and not one after another say, "I assent to such one's views." I am in the affirmative. We have sometimes had poorer discussions, but I hope we may never ^{get} ~~grow~~ nearer the surface than we have seen today. Mr. Pease said he preferred this course, ^{thinking} it was the best, though subject to inconveniences. I suppose our present system is better, as the school is continually changing so: but for my own part, I should prefer the other system. — Just one piece of composition was read, by Miss Mason, which was quite entertaining.

The others were asked to read, but as they had not their themes with them, we were deprived of hearing them.

By this time our forenoon is fast spent, the class in Geology recited and we were dismissed. After noon passed in writing in my journal; doing questions in Book Keeping; chatting with our sister Monaldi, Misses Weston, & Nelson, &c. Hannah, Eliza and myself, made a very ^{pleasant} call upon Miss Hayward this evening. Coming home, we made a short stop at Mrs Davis, to see if she could tell me ^{whether} I had the ^{chump}, as Laura calls it. Could not decide. Did not return to keep Study Hours into 15 minutes.

Thursday, February 25th

Devoted most of the morning after our usual school time, in investigating the truths in Astronomy. Made quite an insight into it. At 1/2 past 8 our session began, finding several vacancies in the two middle rows. Mr Peice was asked, if it was well to require pupils, in all schools, to learn and recite the lessons gone over in their absence. The reply was, that it was well to encourage it, though not always exact it, as it would be taxing them too much. Several remarks were made, relative to the management and government of the Model School. Mr Peice says, he is willing to have the young ladies proceed with the school as they think best, provided they do not trespass upon the general plan of the school. Even if they prefer to appeal to corporal pun-

ishment, he will not object. I hope this measure will never be put in force. Astronomy gave us some account of the figure, and density of the earth, and the method by which the latter is ascertained viz, by observations on a mountain. Made looked into my Algebra, for it is quite time for me to begin to study a little more upon Logarithms, if I expect to see the end of the Algebra, before I leave. I did not succeed as well in Book Keeping as I wish. The author of our Moral Philosophy has been pointing out some of the causes of poverty. In today's lesson, he has been showing the want and misery, that is brought upon mankind, by the use of ardent spirit, and also the causes, that lead people to indulge in the use of intoxicating liquors. It is by enlightening the intellect and moral sentiments, that the world can be reformed.

Session closed a little before four. Did not go out to walk, as I was advised not to, having some of the symptoms of the mumps. Took some lessons in the domestic line. — Study Hours kept

Friday, February 26th

Scriptural Remark: Romans X Chapter IX verse, "contains a very simple and comprehensive creed. 'that if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thy heart that God hath raised him from the dead, thou shalt be saved.'"

Principal's Sentiment: "There is a tide in the affairs of men, that taken at the flood leads on to fortune."

Our Astronomy lesson gave us an account of the figure of the sun, of its distance from the earth, and method by which it is ascertained, the apparent diameter, and the method by which that is found; its density, which is only one fourth that of the earth, and the weight of bodies at the sun, compared with those at the earth, which are found to be 28 times more at the sun; then the solar spots with some description of their character. These are the principal topics of the lesson, as far as we recited. Interesting and successful performance. — I do not think it right for any one to labor as our teacher does. Some estimate may be formed of his labors here, when it is ascertained that there are three divisions in school. Those in third division have four recitations in the morning. Second division have three, and the first five, including Book Keeping. In the whole twelve recitations. Is not this enough to wear upon the mind and body of anyone, when we consider this course is followed day after day, vastly too much so. Would that some of our teacher's cares might be transferred into some other hands. — After school we recited in a Book Keeping; had one of the class been absent, there would have been quite a good performance. Could I always govern myself I should succeed better. — From this time I hope I may do better in this branch. W. B. visited by Mrs Wood of New-Bradford, the Misses Munroe, & Misses Robbins and Muzzey of Lex-

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P. M. We came together about one o'clock. Mr Peirce made some explanations to the third class in philosophy, and appointed the lessons for the morrow. He said he hoped we should be prepared to meet each other. "My blessing attend you". Session closed at two, as Mr Peirce was going to attend the examination of a school, in the north part of the town. I do think our teacher ought to see something beside schools. It is said it is not best to have too much of a good thing. — Sarah Locke and I, thought we would better attend to our Book Keeping, if we first refreshed our bodies by a walk, so we accordingly set our faces towards Woburn, — we had not proceeded far when we thought we would go across some pastures, into a little kind of a wood. Having strolled about from place to place, every now and then precipitating our feet some distance in the snow, we returned to the Normal House. Met Mrs Damman who had come up in pursuit of her muffs, but found it not. We again visited the school room, and proceeded to journalize some questions in B. K.; hope I understand better than I have before. — There were only three girls left at home all the others having gone to attend the examination. Soon seven o'clock comes, and the bell announces that it is time for us to be on duty. I devoted most of the time in writing the proceedings of the two past days. At 8 we collect our goods and chattels and prepare to retire. Good Night.

Saturday, February 27th

When I awoke, I heard the rain pelted against the window quite distinctly, being in the attic with my friend Mary. I was not a little surprised at this, almost the last thing, I saw last night before I fell into the arms of Morpheus, was the shining stars. The rain, snow and hail probably prevent so many of our number being present. After several sentiments were given, we listened to remarks from the desk upon the method of conducting an examination. "Put a few comprehensive questions, such as will bring to light some of the child's knowledge. Never directly or indirectly or indirectly point out a portion on which a pupil is to be questioned. Every teacher should have a plan formed in her own mind, how she shall conduct the exercises, for her own good and that of the scholars, as well as for the interest of the visitors. Determine in your own mind what parts of Arithmetic & Algebra you shall question upon." Considerable of the forenoon we passed in conversation. One question called for a pleasant discussion viz, Ought offences in school to be noticed at the time? would the same course do equally well for large as well ^{as small} scholars? Some were opposed to punishing corporally in the presence of the school, others were of the opposite mind. Several of the young ladies being desirous to hear the Record read,

Mr Pease continued the session, for the purpose of gratifying our wishes. In many respects the past week seems to have been fair. I Mr. Salt down soon after dinner, to finish a letter to Annie, in answer to one that she wrote about seven weeks since. I met a prompt correspondent!! After all my efforts, I did not reach the P.O. until the Mail had closed, so two or three days more delay.

Evening. Five of the G. L's met in the sitting room, to see what were the best measures to take in regard to the Sewing Circle. After pondering upon various plans, we finally decided to do all we could to render our meetings interesting, that is, as far as interesting books, and proceeding in an orderly manner, will secure it. I think our books have been, and still may be made pleasant and profitable. I hope next Saturday evening, our meeting will seem something as those did of days that are past. We also made some plans for our Newspaper. Altogether we spent a very pleasant evening. I again took lodgings in the attic.

Sunday, February 28th

This is the last day that the hoary head is to be upon his throne. The mild breezes that are wafted, together with the bright beams of the radiant sun, are hopeful harbingers of a lovely Spring. I feasted in the beauties of the morning. Some of the early songsters were pouring forth their notes, as if to join with man, in rejoicing at the surrender of Winter's reign.

Olga B. and Sarah G. myself extended our walk around the square, formed by a cross road, leading from the Bedford to the Concord roads. It was beautiful, lovely, glorious, delightful.

After breakfast we met in the sitting room, and engaged in reading from the Scriptures and Singing.

Attended church morning and afternoon and listened to Rev. Amos Damon. A. M. text found in the 23^d Psalm.

4th verse, "Though I walk through the valley of the shadow of death, I will fear no evil." P. M. "Vanity of vanities saith the Preacher, all is vanity."

Passed most of the time after church in writing.

Observed Sunday Schools. After which we all took our Testament (or those that we left in the sitting room), and read from the third chapter of the first of Peter. Then united in Singing. It was proposed to extend our reading to every night, as soon as our hours for studying should be over. Why should it not be so? ought the instructions of this volume to be closed for weekly day reading?

Monday, first Day of Spring A.D. 1841.

The three, that had such a hurry yesterday morn were induced to attempt another walk this morning. We went forth welcoming the return of Spring now is she for the one thousand ~~the~~ eight hundred and fortyth time reinstated in

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her Majesty's throne. May her reign be mild and peaceful. The beauties of this day's sun, did not surpass those of yesterday. Was I gifted with the power of writing poetry, I am sure I should make these walks a theme.

Another week we meet together within those walls, ^{where} ~~there~~ have for so many weeks, been so many hours passed so happily. ^{sentences} ~~sentences~~ We attended to the reading of a part of the XI chapter of Romans. Comment upon the 14th verse "If by any means, I may provoke to emulation them which are my flesh, and might save some of them." This ^{is} using emulation in a good sense.

Principal sermon: "Put far from thee all appearance of evil."

Miss Carson read the following beautiful piece.

The Dial of Flowers.

"This dial was framed by Linnaeus, and marked the hours by the opening and closing at regular intervals, & the flowers arrayed in it."

"'Twas a lovely thought to mark the hours,
As they floated in light away,
By the opening and the folding flowers
That laugh to the summer's day."

This had each moment its own rich hue
And its graceful cup or bell,

In whose colored vase might sleep the dew,
Like a pearl in ocean shell.

To such sweet signs might the time have flown
In a golden current on,
One from the garden, man's first abode,
The glorious guests were gone.

So might the days have been brightly told -
Those days of song and dreams -
When shepherds gathered their flocks of old,
By the blue Arcadian streams.

So in those isles of delight, that rest
Far off in a breezeless main,
Which many a bark with a weary quest
Hath sought, but still in vain.

Age is not life in its real flight -
Marked thus, - even thus - on earth,
By the closing of one hope's delight
And another's gentle birth?

Oh! let us live, so that flower by flower,
Shutting in turn, may leave
A lingerer still for the sunset hour,
A charm for the shaded eve." - Mrs Hemans.

Remark. "In the revolution of weeks, months and years, it
well to make these divisions of time seasons for reviewing the past,
and examining the future. If we have broken our resolutions, I
see not why this should be a barrier to our forming new ones."

This day has been one for reviews in Astronomy, Algebra &c. &c.
In Booking we progress slowly. I fear we shall not see
the end of it, before another flat thought comes round.

P. M. I felt uncommonly heavy and dull. What phys-
iological Law have I transgressed. - Nothing great or
striking has occurred in the history of today.

To-night I heard that the Lexington people were many
of them, very much opposed to the Normal School. Let people
come and see before the pronouncement is made upon us. S. H. KE PT.
Then read from the Scriptures. -

Tuesday March 3rd

Our morning walk was fine. How much better is this than to
be folded in the arms of Apoplexy, inhaling the atmosphere
that has been breathed, till little is left of its ingredients save
carbon. -

The mornings are now quite long. Could we breakfast before eight, and have more time after it before entering school I think it would be an improvement. — Miss Souther read that instructive chapter — the 12 of Romans. Remarks: "Few chapters contain more practical & important precepts than this. The best evidence of a Christian character, is an exhibition of it in our conduct, to carry out what we profess is no easy matter. To talk of being good is well, but the practice of it is better." Two of our number, received the intelligence of the sudden death of one of their school-mates. Mr Pease made it an occasion for ^{expressing} some excellent thoughts. He cited these sentiments "Rejoice with those that do rejoice & weep with those who weep." Silent sympathy is the most expressive. Miss Stodder read the following — Spindology — In these days, when boarding schools for young ladies, are devoted to the fashionable "ologies" of the day — such as, Chronology, ornithology, ichthyology, geology, and such like, — we propose an additional science as a finishing touch to young ladies' education, — viz — spindology. Our grandmothers of olden time, who made good wives for patriotic men that achieved our independence, knew how to spin. They were, too expert at Weave-ology; and as to Book-ology, none of the learned ancients could go ahead of them. As a consequence of this, they enjoyed good health, and such things as consumption and dyspepsia were seldom known. But in modern times, those sciences, so honorable to

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the matrons of the Revolution, have gone out of date, a lamentable degeneracy, both physical and moral has followed. Then the country had women, now we have none. The females have all turned ladies. — If our fashionable schools cannot be induced to establish departments in Spindology, weave-ology, and the like, we would suggest that some worthy matrons, — if a number qualified for the business can be found — should go into our cities and towns, and set up spinning schools to teach young ladies, — not to spin street yarn: this art they have achieved already; but good substantial wool and linen in a work-womanlike manner. This should be preparatory to a high school for teaching the healthy and ingenious art of weaving; and when they have become proficient at both, a good knowledge of Book-ology should entitle them to a regular diploma, with the honorary degree of B. M. B. it for wives. — Maine Cultivator. On this piece Mr Pease pronounced "Amen", which term means so be it. — We had a lesson in that Philosophy upon falling bodies. I think we find it very important to review some of the principles in Philosophy. Springfield suffered somewhat in the recitation. Moral Philosophy threw some light upon the best mode of treating criminals, which is highly practical.

Study Hours observed.

I do not know which is most in fault paper, pen or the one that guides the pen that causes such looking penmanship. It is, as it is.

Write a little journal.

Wednesday, March 31

Enjoyed a morning walk with C. A. R. S. M. J. and J. A. S.
This day the school attend to the lecture from the Principal, a discussion of some practical question in teaching, and then the different divisions, to one or two lessons in some of the branches in which they are engaged. Before proceeding to these, Mr Peirce read a letter from the "Hon Secretary," which he received last night, accompanied with several numbers of the fourth annual report of the Board of Education together with that of the Secretaries. — In the letter, the Hon Sec suggests the plan of making these reports, the topic of remark or conversation in school. Mr P. approves the plan, and contemplates taking the book at some time, as a substitute for one of our discussions or conversations. There were 24 numbers to be distributed around the school.

Brief abstract of Mr Peirce's lecture upon Diatetics.
Time of taking food — It is the opinion of some or seems so, that the system needs repair, whenever they can procure good food. This we see is erroneous, as there must be a waste created, before food is wanted. Nature has appointed no time for taking food, except when the system is exhausted. Society has fixed upon the present times. Some eat from mere habit, it is pleasant and social to have some time, when a family can meet together.

All stimulants, all condiments, spirits, bitters, &c should be wholly unnecessary to use, to create an appetite. After exercising, when there is waste, nature needs food and not until then. Do not eat for the sake of eating, because the hour is come. (This is too often the practice). It is generally agreed by physiologists, that from four to five hours are required for digesting the food, and then one hour for the stomach to rest. So there should be an interval of about six hours between taking meals. During the period of rapid growth, and when violent exercise has been used, food may be required oftener. Eating between meals is therefore very prejudicial. The time and quantity of eating should be regulated by the calling or profession. It is not well to exercise much before breakfast, as the stomach has nothing to act upon, it is in a state of debility. From this weak state of the stomach diseases are more readily taken at this time, than when it has food to act upon. I should not eat to satiety, but get up from the table feeling as if you could eat more. There would not be as much danger of over-eating, if we only partook of one dish at a meal. If there is a variety, it goes to gratifying the palate, rather than to nourish the system. — Lecture closed by reading a few extracts from authors, on the subject of Diatetics. I have had new truths unfolded to my limited vision, may I make a proper use of them.

Question for discussion. "Should there be in school any difference between the discipline of boys and girls?" "I am not decided," seemed for a time to be the motto. Then there would be one or two, that were in the negative, that would bring an argument to support their ^{opinion} argument, so also on the affirmative, these surely made an agreeable variety. The majority were in the affirmative. Session closed at the usual hour.

P. M. Passed some time in writing home. Can it be, that this is the last time, that I am to address my dear friends, while I am in the confines of Lexington, within the walls of this consecrated place? Yes, this is the reality though I do not, & shall not realize its truth till the event has actually passed.

I was happily disappointed on the arrival of the stage, to find Julia. I had nearly given her up, thinking she had concluded not to join us. She brought me several letters & a bundle, which I have so long desired from home, of course this was highly gratifying to my adherents. — Passed most of time, till study hours, in hearing from the events, that had transpired in the goodly town of D —, during the last four weeks. Miss Pond suffers much with the tooth ache. It is not very agreeable coming among strangers when in health, but it much worse when we are sick. Study hours faithful, save that I spoke once or twice to Julia, in the course of the evening.

Thursday, March 4th

The fourth has actually arrived, and General Harrison takes the presidential chair, amidst the applause of a multitude. The peal of the cannon is just audible, this is everything I can hear or see like celebration. We live in the still & quiet hour of day. Mr Pease sentiment; "Let not him that putteth on the harness, boast as him that taketh it off."

Journals returned. Mr P. said he had not had an opportunity of looking at many of them, but they were thought to be an unusually happy instance of journalizing. — He spoke of the practice of stinging aloud, or moving the lips, that had obtained to some degree in both schools. It seems to be a solace. — It betrays the idea that a scholar is not much accustomed to study.

The subject given for our next composition is, "There is music in the mountain wave." I can't write on such a sentimental topic.

The recitation in oral Philosophy upon the Mechanical Powers, was not good; suffered from want of proper examination. P. M. Spanghem was highly interesting, on the importance of morality and showing that each faculty tends to a tion. This author says, that morality is indispensable to the general happiness of mankind — that so long as mankind remains, as at present constituted, the higher faculties will need the assistance of the animal powers, to avoid being destroyed. Society must still be prepared for war, in order to maintain peace. This last

contribute of to the general happiness. This author has given some very good hints, in regard to cultivating the observing and inquiring powers of children. Begin with children very young, & tell them something of the manner, in which vegetables grow & the process of making bread. Then give a knowledge of the general rules of health. — Brought Miss Chamberlain's father arrived quite unexpectedly, and passed the evening with her. The Misses Roberts called upon us for the first time since I have ^{been} in Livingston. I hope the young ladies will enjoy more of their company. Study Hours observed

Saturday, March 6th

Cold, March wind. — Principal commented upon the portion read of the 14 chapter of Romans, and gave the following sentiment.

"Wisdom, genius, talent, hast thou, all agree,

One grain of wisdom would be worth all three."

Mr Pease said he would give the young ladies the refusal of a day to pass in ^{any} ^{manner} they should prefer, expecting it would have some bearing upon the good of the whole, either reading, discussion, conversation mathematics or some similar exercises. — Mr Pease observed that complaints were made of the school below something like this if it was not for a few scholars, and a few other things in points of order, there would be no barrier to success in that school. He added the same would apply in our own school. — In regard to Mr Pease's suggestion above, I think it would be very agreeable if we could

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all be willing to write in one thing. For my part I should like reading and discussion, provided we could find a question that would interest all, though it might not be immediately relating to business of teaching. Or we might practice some in Orthography and Enumeration, particularly the exercises in the latter. The Record of the past week was read, we did not hear Mr P.'s opinion in regard to our success during the past week, as he was annoyed, before he could finish reading, by the rattling of leaves. — An act not very much to our credit. Mr P. spoke in the record of the downfall of our discussions, of the rank which they once sustained, and the hope he cherished that it might again reach that point to which it has once attained. — I think it may be made an improving and amusing exercise, (if that last term is applicable), as any we have.

The last exercise for the school was a lesson reading from the Scriptures. I am very sorry there was not time for our conversation. I want to hear the opinions of others upon all these questions before I leave. — This day J. A. Smith leaves school for the present, as she purposes teaching a private school of about seventeen scholars, in the district where she resides. She commences ~~her~~ her official duties on Monday next. — P. M. Visited the appleseller. Mr Merriam continues almost as bountiful with his apples as ever.

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P. Mr. visited the apple cellar. Mr Merriam continues almost as bountiful with his apples as ever.

Misses Howe, Stodder & myself accompanied Julia to Dr Nelson's to have her tooth extracted. She suffered much with her face, even after the tooth was out. — Heard this afternoon that Mr Bradburn was to deliver a lecture here tomorrow evening upon Anti-Slavery. — At five, Louisa & Miss Carter arrived much to our pleasure. Our joy would have been greater could we have seen Sarah, but she is sick and unable to be with us.

We enjoyed a very social time after tea. Louisa gave us something of a history of her school, she seems to be firm in the belief, that it is important in such a school as hers, to appeal to corporal punishment. I fear we shall many of us, practise contrary to the principles we now hold in theory. It will be my aim to go as far and as long as possible without recourse to the rod or ferule. — The number at our Reading Circle was small, for we passed the time very agreeably. Our reading was only that of a letter, from Miss Burdick, addressed to the young ladies at the Normal House. It was very interesting, and the ideas were clothed in well chosen language. She writes as if she was passing her time very pleasantly. After the meeting we had a fine time in recalling the scenes & events of by gone days.

Retired at 10

Sunday, March 7th

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Again the ground is covered with snow. — A few of the young ladies think, notwithstanding the cold & rain, they shall attend Church. Mr Peice descended to the people. His audience was rather small. — The morning was deplorable, snow water and mud together, made it rather difficult getting along. Mr Bradburn has been to meeting all day. I am much disappointed that the weather is such, that it will prevent his delivering a lecture this evening, as it is seldom that we can hear anything of the kind. — The time after church we passed in social intercourse and reading. Study Hours kept.

Monday March 8th

The weather is rather lowering and the weathering terrible, much to our regret. I am glad as unfavorable as this is for attending school that so many ^{have} as all sought to have resolution to come out. — The Subsidiary Exercises having been engaged in Mr Peice gave and called upon the school for Sentiments. This was "A favor is so much the more valuable as it is the more readily conferred." And is there ^{not} more virtue in an act thus conferred? We received a call from Mr Bradburn soon after the opening exercises. It was a pleasure to look upon his majestic form and intellectual countenance but could we have heard him speak we should have been more highly pleased. Mr Peice asked if there

many questions to answer or explanations to be made. These having been attended to the Principal made known his intention of passing this day and perhaps one more in teaching the Model School. He hoped it would be a season of improvement to us and one also in which we might find time for reading the books upon education. At half past nine we met in the school when Mr. Purse opened the school, by reading a few passages of Scripture. For a general exercise, Mr. P. explained the origin of the terms "Brand New" & "Piping Hot." The former phrase originated from the custom practised of marking on barrels of flour with a red hot iron the name & quality of the flour. The latter term became current from the following circumstance. There was a baker in some ^{part} of Europe who was in the practice, of as soon as the bread was ready to be taken from the oven to have some one go about the street piping, which was understood by the people as a ^{signal} that the bread was hot. That it was "piping hot." Passed the forenoon I trust profitably. Louisa and Miss Gayer visited both schools this forenoon, and about three in the afternoon left us for Woodbury. I think the Modelites, as well as all others, must have suffered somewhat for the want of pure oxygen. I was much refreshed by the fresh air that was occasionally let in upon us. I was quite dull and heavy at one part of the day, and think one cause that produced it, was the stifled air.

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Tuesday, March 9th

I am very glad that we are to pass another day in the school, to witness the Principal's methods & plans of teaching. Directing & controlling the operations of a school, is a subject that intimately concerns all of us, particularly those, who suppose ourselves to be themselves engaged in their work of instruction. One cannot pass a day here in this way, without receiving special benefit. At nine the M. S. began, we engaged in the Devotional Exercise and then having a short recess, we again seated ourselves in the M. S. Mr. Purse read this verse to the school; "And be not drunk with wine, wherein is excess, but be filled with the Spirit. Eph. 5. 18. Then he went on to speak of the evils that would result from drinking wine or any spirituous liquor, and admonished them never to put anything of the kind to their lips. — He said he should regard the rum dealer equally as guilty as one, who picks pockets. — I was very glad to hear this subject brought before children, I have had some quandaries as to the best mode of introducing the subject of intemperance. We were spectators to ^{the} manner, in which the Principal proceeded with the several classes in Geography, Arithmetic, Reading & Spelling. In Arithmetic are the classes particularly good, they have improved greatly, many of them, in their mode of explaining the various processes. Reading & Spelling they do very well in, though I think I have seen the first

class do quite as well. I liked the plan much of appointing one scholar in each class, to select a number of words to be spelt by the class. This is a very good variety for the exercise.

The school continued till nearly five. I think the Models deserve credit for maintaining so good order, and for their quietness during the whole of such a session. The information that I have obtained, I trust will be of essential advantage, ^{1st} practically & theoretically. By the time we were dismissed, the tea bell summoned us to our evening repast. I was quite surprised to see Mr Rogers, he came quite unexpectedly to Hama-ah. He does not take it until another week has passed. - As Mr Rogers was going to ride home alone, I thought I would embrace the opportunity and ~~accompany~~ ride a short distance, & return on foot as I need the exercise. The sleighing was good in spots - The walking anything but good. - Evening. I prepared my utensils for writing composition. Tried to collect ideas but it was almost in vain. I laid it aside at one time, thinking I would try my ^{at analyzing} look, ~~these~~ but this was not very successful, so much to my mind. I know not where the fault lies, that I devote so much time and accomplish so little in writing composition. It will be my first endeavor with scholars, if I ever have any, to have them write composition in some form, and in such a way if possible that they may never find anything but delight in so doing. *

* This would be expecting too much

Wednesday, March 10th

I will once more attempt to write a Theme, but fear the result. At half past eight the bell warns us to take our seats, which we do, and listen to Mr Peice's reading reading from the last chap. of the book of Romans. - Verses: "It is agreed that no confessions can be put in the sentences appended at the close of the epistles, as they were ^{written} so long since. - Paul amid all his suffering, did not neglect to pray for those who were with him. - Among the apostles & fellow workers he find the names of women. -

Mr P. read a piece entitled "A Hebrew Tale." - by Mrs Chapman. Principal answered the following interrogatory, "How far shall teachers strive to interest parents? Shall they frequently visit the indifferent? The best way to interest parents is to strive to advance their children. Engaging your pupils is the secret of success." - Next came our conversation upon the Model School. The Sp. L. seemed to express these opinions quite freely, as to the government and discipline in this school. If I ever see my school in so high a standing as the M.S. my anticipations will be realized. - Several compositions were read, which seemed to meet Mr P's approbation. - Lecture upon Diabets continued. First subject was the qualities of food. Mr Peice said he was not decided, whether man should subsist upon an animal or vegetable food, there were arguments which seem to favor both kinds, and he was

inclined to think man is omnivorous. The quantity of food, should be governed by the temperament of the individual by the age or period of life. As the system is constantly changing there is an error in too much eating, so there may be also in not eating enough. There is no more common error than that of giving young children meat and coarse food. There is not much danger of eating too much if we confine ourselves to a few simple kinds, if we are to partake of many different sorts, we should eat very sparingly of the first. The practice of eating at all times is very prejudicial the stomach must have rest as much as any other part of the body. The plan of dressing children to do this and that, by giving them cakes and sweetmeats often is very injurious. It is agreed by physicians, that all oily and greasy substances are of difficult digestion, as they do not readily mix with the chyle. The state of mind before & after eating, should be such that nothing of care or anxiety should disturb. There should be seasons of rest neither study or labor much before a meal. After it, something like a lively conversation with a friend, arranging one's wardrobe or sitting open the leaves of a book. Students become pale & sickly if they do not allow their minds rest, while their stomachs are in a state of action. Bathing is not well immediately ^{after} a meal, as all the power of the system is needed to digest the food of the stomach. — Drinks — when & what shall they be? Water said one

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The quantity, as well as time of taking drink, depends upon much upon the state of the system, also on the degree of heat and cold. Very cold water if taken, produces the temperature of the stomach from 98 to 70 degrees. This sudden change is injurious, as the various parts of the stomach, have not time to prepare for the change. Ice is thought to be less injurious as it is dissolved gradually. If cold water is taken it should be in small quantities and very slowly. — If we have a cold or any disease the best medicine is to starve it out. — (Good, good I say). This abstract is brief, but it will bring to mind many facts now recurring to it in coming days. With this observation from Mr. P. our exercises closed. "We have reason to expect a visit this term, from our friend and patron Mr. Dwight and his Excellency." May it be before another fortnight has passed, for my sake. — Made some attempts this afternoon to write, but my mind and pen did not seem to act in unison. Received by this day mail a letter from F. R. read it with much interest. Have read some today in Hall's lectures to female teachers. His views are similar to those of the Peirce's. I have finished the work and hope I have derived much good from it.

Thursday, March 11th

Before breakfast (not a very early hour either), the stage stopped and left two ladies at the Normal House. The one Miss Dix of Boston, the other Miss Wright of Milford. The latter is a candidate for the Normal School. The ladies entered school with us at half past eight. — Mr P commented upon the character of Paul. How much this apostle endured. ^{The performance of} ~~consecration~~, to ^{his} duty he passed through evil report and good report. He rebuked with sharpness, yet it was done in the spirit of love, mingled with dignity. The fear which he caused among the people, was that fear which is the beginning of wisdom.

Principal's Apothegm: Take Bearing. "Where is no word the foregoeth out, and where there is no tattling strife endeth"

On returning our Journals Mr P. said they were not thought to equal those of the last week. The names of those who had been most successful in journalizing, were mentioned: also some faults that had been & still remained to be corrected. Subject for our next discussion announced: "Does any other fear, mainly enter into the discipline of the Model School, than that fear which is spoken of in the Scriptures?" At recess we examined the sugar cane brought us by Miss Dix, it was quite a curiosity. I should like to see a piece to keep to exhibit to my scholars, when they will not need to pass eighteen years, without seeing the article, from which is extracted such

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important and valuable production. Miss D. also brought for the use of the school a work upon Myology. She manifests great interest in the school. Our Astronomy was upon the change of seasons. Enjoyed the company of Miss D. highly during our intermission at noon, it is quite a treat to hear such an intellectual lady converse — P. M. Moral Philosophy considering the causes of pauperism ~~and~~ together with criminal legislation. Combe has been showing the crimes committed by those who have an equal development of the faculties. People of such brains, are influenced much by external circumstances in which they are placed. Another class of persons that are much addicted to crime are those who have one organ, as dignifiedness very large and Conscience very extremely small. In such cases persons in strong temptation, will yield to it, though their character in other points is good. The remedy for these crimes, is to place persons of such development in circumstances, that do not afford any temptation to gratify their propensities. In the course of our recitation, Mr P. asked us which we should prefer to take care of the sick, the one who had small considerations and large Benevolence, or ~~vice versa~~ ^{vice versa}. There was some difference of opinion Mr P. thought the former would be preferable. — Miss Trison brought as argument against removing such persons as the above mentioned from all temptation, that they would not be able to resist it, if they should ever be exposed and thus no good would be

done. Miss Rogers asked if the passage, "had us not into temptation," did not favor the opposite view of the subject. Miss D. asked of the interpretation of these words, was not "fall through or by temptation rather than into temptation." Mr. P. decided with her in thinking it was, and that the verse was opposed to Miss Peterson's opinion. With these remarks and suggestions our interesting lesson closed. Miss Wright was examined and admitted after school as a member of the Normal School. After tea, Miss W. & myself made preparations to accompany Miss D. to the Monument House to wait the arrival of the evening stage just before Miss D. left; she had an word of exhortation to give us. "To exercise one hour at least each day in the open air, if we did not do it, our minds could not be in a healthy state. It is a sin against God not to do it, for he has ^{given us} our minds and bodies, and the means to keep them in a healthy state if we will use them. The reason that the ladies in England look so much more healthy than the Americans, is because they live so much in the open air. In that country the ladies hunt, sew, churn, brew &c, &c out of doors, using their houses only as they should be used, for shelter in stormy weather.

"Had a very agreeable time with this lady, I wish I might hear her converse. It certainly ought to infuse into us new zeal and ardor, when we see what has been attained by one's own exertions. Miss W. informed me that Miss D. never received any instruction from

any one but herself, after she was twelve years old. At the age of twelve she commenced teaching. Her school was one of high standing in Boston and has sent out some of the most accomplished young ladies. Study Hours were not faithfully observed, the first part of the evening, making communications a few times in regard to communications for the paper. Autology.

Friday, March 12th

Letter from home this morning, and the last that I shall ever probably read from there, while I remain within these walls. Most of our number present this morning. My recitations have been in Astronomy, Moral Philosophy & Book Keeping. Have been doing questions, and looking at some of the principles in Logarithms. Mr. Pierce spoke of the visit, ^{yesterday} from a lady of much intelligence & high repute. She has had the advantage of seeing places the other side of the Atlantic, and adhered to the mode of discipline, which she practiced in school. She appealed to the love and conscientiousness of her pupils. Misses Stodder, Taber, Pond & Stow had quite a pleasant call upon our friends at Mr. Se. Baron's. Study Hours were passed in reading the Secretaries Report.

P. S. In school we had a call from Misses Mulliken & Kimrose & another lady. Out of school received one from Mr. Rice. Things have gone on ~~very~~ smoothly, as far as I remember.

Saturday, March 13th

The snow and wind together render it quite tempestuous.

Miss Dudley, Susan & the Nurses Johnson with the twelve inmates at the Normal House compose our school. It is a rare occurrence now a days to see so many vacant seats.

Principal's Remarks. "There have been during the past week some of the best recitations, that we have ever had and they have not been confined to one or two classes, which is gratifying. There has been more punctual attendance, more calmness manifested at the board. There is a call for more freedom of thought more concentration (Here comes a blight over the fair past). There have been the past week the grossest departure from the rules of the school. More disorder in one afternoon, than was witnessed during the two days teaching in the West."

I don't know but we shall be under the necessity of changing rank with the Modelites, both in character and learning. Reproaches.

Some time was devoted to the recitation in geology. Reading from the Scriptures engaged us some time. After the last exercise we

attended to a conversation upon the first part of the Report. Mr. Peirce said from this report, we see great improvements have been made in school education, such as raising teachers wages, erecting new school houses, greater interest in parents is manifest, and the length of schools is greater. — Another Saturday I hope we shall devote more time to this, or what I should like better, next

Saturday would be to discuss those questions upon teaching, which we have had for several weeks past.

P. M. Passed in writing. Evening we had one of the pleasantest meetings we have ever had. There was order & system, things went on in business like style, as people sometimes say.

We read the lecture by Mr. Goodrich, "Span the subject of education!" He has portrayed in glowing colors the change wrought upon mankind by education. Says Mr. G. Education, then, is the lever, and the only lever, that can lift mankind from the native mire of ignorance. — God has written on man, in letters not to be mistaken, "his being is made to be educated. Without education, he is a savage, by its aid he may be exalted to a station not little lower than that of the angels." After the reading, this valuable lecture, we closed our meeting by singing some, that excellent hymn, beginning, "Go when the morning dawns, & sing the."

After we closed, the editor Mr. H. Stoddard read for our edification the first number of the Normal Experiment, it was both interesting and amusing. When the reading was finished our curiosities quite excited to ascertain the authors of the different pieces.

In some of our guesses we proved ourselves quite good Gankers, while in others we proved anything but belonging to this nation. I sincerely wish that this paper may be sustained for the general improvement, & amusement of the school. Mr & Mrs Sweetland favored us with their company during the reading of the N.C. Disappointed to see Mr & Mrs

Sunday, March 14th

After the storm of yesterday the sun seems to shine with more than his usual splendor. Our little group collected in the sitting room at the sounding of the bell, and engaged in reading from the fourteenth chapter of John. "Let not your heart be troubled" — It seemed quite natural to hear Addie's voice, she passed both the evening and night with us.

This morning attended the Baptist Church and heard Rev Mr — The truths uttered in the discourse, would have been received with double force had the delivery been better. I was never more sensible of the evils of imperfect articulation than after listening to this speaker.

Afternoon went to hear Mr Peice. — After Church Julia and myself passed the time until dark in my chamber in both conversation & reading. I have been much engaged in reading some of Mines views upon education.

This is a work full of instruction for the teacher. — Time does not now permit my writing any of the views, as I should be glad to do. This evening Miss Torrey and sister called upon us. Had a very agreeable time with the latter. Rebecca came in this morning to bid us good bye, she does not know as she shall return again this term, if she does not. — She is one that deserves to be put under Study Hours observed. — Took lodgings with M. G. S. in 8th Street

Monday, March 15th

Only one more Monday for me to remain within the hour of 5th May, the last be the best week I have spent at the Normal School. Our teacher is hardly got to resume his arduous duties having as he does under bodily disease.

We sang in school "The Missionary hymn" "Is there the missing south Query? "Why do most of our large rivers flow towards the equator?" said. "I do not know without the land is higher towards the poles than the equator. The centrifugal force would tend to make it higher, ^{towards the equator} while other causes as volcanic eruptions, tend to counteract it."

A good portion of the forenoon devoted to Book Keeping. Afternoon visited by Rev Mr Dorr of Billerica with Mr Peice, Mr Rogers & Miss Peice. The second division spent some time in Reading, and the first division in their recitation in Suezheim.

This author says "obstinate children should never be scolded, they should never be desired to do anything that is unjust; every demand on them should be made quietly but never yield." This opened a wide field for us. Mr Peice asked what should be done with obstinate scholars? One replied, reason and talk with such dispositions. Miss Jackson thought that reasoning would not always accomplish the desired object, and in such cases she should be tempted to put on the rod. Another argument was that it would occupy too much of the teachers time to stop and reason with every obstinate

scholar. Mr. P. said he was glad the last argument had been brought forward, and then made some remarks favoring an opinion contrary to the one just broached. A scholar is punished, he takes his seat with the fires of Coira burning within him scorching his young heart and he would have them scorch his teachers too if he were not afraid. He meets with provocation when he goes out among his fellows. How what has been done to overcome the obstinate child? Has that person accomplished much who has fastened a child up in a tight room, and kept him till he felt strong sensations of hunger? I would not take either ground, to starve or beat a child, till they submitted to authority. Mr. Pease mentioned a case he had with one of the Modelites. His conduct was such that I told him he must either come up stairs, and learn his lessons in the room with the young ladies, or leave the school, taking a note to his father of his conduct. He preferred to do the latter, but as his father was not at home he did not do it that night. The next morning he came and said he would he prefer to come up up stairs, rather than to leave the school. I have not, and do not know as I shall do it.

This is a fact worthy of our attention. — After school the "Normal Experiment" was read aloud; profound silence reigned most of the time. Mr. Pease and the visitors seemed quite pleased with the first attempt. A. M. Ineson was elected to the editorship of the next paper. Study Hours observed.

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Tuesday, March 16th

Commenced this day's duties by first refreshing myself with a walk. Remarks: "Teachers should see that all their commands are executed. Often remind pupils of their duty, they are young and often forget." Spent the forenoon in four realizing. It was recited in "Book Keeping." P. M. Our recitation in Spanish lessons was highly interesting, showing that every action has a motive, as well as every effect a cause. The day has passed without anything remarkable, save the arrival of a new scholar. Miss Howe of Northborough. Study Hours observed. Did not retire till nearly eleven enjoying for the last night Hannah's company.

Wednesday, March 17th

This morning Hannah is preparing to take her departure it is a sad day to her something the same feelings pervade her breast that will mine methinks a week from this time.

Mr. Pease commented on the passages read but as I have not a good connection of the ideas expressed I forbear writing. Our discussion was one the whole quite interesting. More spirit and energy characterized it than ordinary. The question was "Would it be well to have a public examination?" Many opposed saying the doors were open at all times and those who wished could visit us. Those who advocated it thought all selfishness should be laid aside in coming to a decision and also that many would come if there was notice given that of an examination which would not

otherwise. Thought Mr Peice rather sided with those in the affirmative. P. M. Kanonah's father arrived and the poor girl feels sorrowful enough at the thought of leaving me no longer to have herself numbered as a storm abler. From some unknown cause all the girls seemed very gay and light of heart which I think must have kept up Han's spirits. She was arranged together with great trunks, little trunks, baskets & budgets in the front entry. The girls (twelve of them when she was ready each took a bundle) escorted her to her carriage. She has gone how desolate seems my chamber but I too soon must leave it.

Thursday, March 18th

Journal returned and Principal said there was an improvement in matter it is more intellectual. —

Friday, March 19th

This morning is lovely overhead, though not comfortable walking. We met in the school room at half past eight, engaged in the Devotional exercises, and then Mr Peice said to the school that he should explain some truths in Arithmetic and close the session about ten, so that we might have an opportunity of enjoying the best part of this day in exercise. He accordingly called our attention to the principle of canceling quantities, a ^{part} branch of arithmetic that an author has thought of sufficient importance to entitle it to the publication of a new

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work. This method will save much time to those who understand it. — About the hour appointed the session closed and most of the school joined in a walk to Parnal Hill. Some of our course was through mud water and snow every thing bears the impress of approaching spring. We reached the foot of the hill and halted then we slumbered some of us a part of the way others to the top and there seated ourselves on the rocks to cool & refresh ourselves. Having breathed in the southerly wind, heard the voice of birds seen the stream unlocked from its icy fetters & we collected our forces & ~~proposed~~ set our faces towards the Parnal House we returned through fields & pastures where the snow in places was a foot or two deep this only added a variety to the scene to travel through it. Some of us were not a little wet when we reached our places of destination soon dinner was ready. — we eat. After it I felt more dull & stupid than for some time before the cause I know not unless it be eating an undue quantity of dinner. Oh Alimentiveness when shall I get thee under my control. — Further particulars I do not remember until Sunday which day I went in the morning I went to the E. Village with C. A. Rogers found the walking somewhat muddy. We heard Mr Burton. He preached a sermon upon (Forbearance will be adapted to ~~that~~ the querulous state of feeling that persuades the hearts of some of his hearers in regard to the church fund.

We returned at noon & in the P.M. attended the old church
think the preacher was our Parson Rice. Some of the time after
meeting spent in reading in my chamber in company with Julia.
Tuesday March 23^d. - This day in school have attended to Book
Keeping being desirous to finish one set of entries before I leave.
My thoughts have been much absorbed in the thought of bidding a
farewell adieu to this attached spot. It is hard to part with
those whom we love & may never more meet again. - I received
some kind words from my teacher which ever come to cheer the heart.
After school made some preparation in the line of packing. had
some social chat and after tea Sarah C. & myself went to make
a farewell call (or so it was with me) upon Mr & Mrs Peire had a
pleasant call - had some talk about getting schools & teaching during
the coming summer. - On our return to the Normal House
we found it quite raining muddy & dark. so it was with difficulty
that we could find our way I once lost my way in a most muddle.
Found Parson Rice waiting I suppose to pay me the last visit sat
down in the sitting room & had a little conversation several others
seats were then attempting to collect their thoughts for compos which
were to be handed in on the morrow. The girls sat & sat & Mrs Peire sat.
until about a half an hour after study hours ought to have been begun
the Rev got up walked towards the window & said he supposed he
ought to go but he did not like the sound of the rain to which
Lizzy replied perhaps if he waited the rain would abate upon which

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he sat down & waited another full hour bringing it to 1/2 past 8. -
So there was an end of the most of the compositions I suspect
for that night. - When he had gone I went to my chamber to arrange
my clothes books &c for my departure the following morning in this
business I was handsly assisted by Eliza Ann who is ever ready to
render assistance to those who need. Retired some what after
ten - awoke early Wednesday morn found there was every appearance
of a pleasant day dressed myself & then went out with Julia to make
some farewell calls which I was prevented from doing the night before.
Returned & breakfasted soon after which the stage came for me it was
with sadness that I gave the final parting hand to my teacher & sisters
dear but there must be a best we cannot always live where we would.
The morning was fine my thoughts were ever & anon recurring to the
scenes that I had left behind. - Soon after I got in town I called
at Mrs Stoddard's & met Sarah Spurrell as we had agreed in the
afternoon we directed our course to S. Boston to visit Misses Drew
& Swift we found them both at Mt Washington House and apparently
very glad to see us. On ascertaining our intention of returning to the
city that night they immediately began to say we must stop & spend
the night first & as Mary was going over to the city she said she
would call & make known our intentions to the places where we
stopped in the city so that there need be no anxiety felt. - Sarah & myself
amused ourselves in looking about and seeing the movements of
the blind children. - In the evening Misses Drew, Mary Sarah & myself

down & had a long chat upon our school days at Lexington we all
being Ex- M^o maltes though I had but recently the R. —
The time passed most quickly & happily. I passed the night with my
former chum, & passed with a good night's rest rose & went into the
school room to see the blind children read it is surprising to see
the rapidity with which some of them read by the sense of feeling
I would like much to pass a week in this Institution but this
morning we must leave. — Sarah and I had agreed to go to Roxbury
this day so we ought to take an early start to walk from S. Boston there
our walk was pleasant though rather fatiguing, going an unknown
way after many inquiries we found Sarah's school room & at length
Sarah herself we sat together to talk awhile then I dismissed her
school and again we talked over all the matters & things that had
recently transpired as well as those of a longer ancient date. — In
the afternoon directed our course to Louisa's Seminary which we
found & in it the same laughing jolly soul. — She went on with
some of her exercises & closed her school before the usual time.
Had a fine time the girls both went good part of the way with us
towards Boston whither which I for one was glad to reach. I neglected
to mention on our way out to B. we met Emily who joined us on
our excursion the more the merrier. — The next day Sarah, Emily & myself
called to see Susan she seemed rather cold & distant to me. — After
this I parted from Sarah and in the afternoon returned the omnibus
came to bring me to Dedham. Now for a brief abstract. About

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Esther went to Fall River & made a visit & I was house keeper with
Grandmother meanwhile I was putting things to rights. I was
undecided sometime whether to take a school at F. B. or one at
East Street in Dedham finally concluded on the latter, which
I commenced April 20th. Mary took the school at F. B. &
began it about the same time that I did. — It seemed rather
odd to me to take my stand before seventeen children (for this was
the number of the first morning) however if I did not open
my school in the most business like style I began & went on,
hope I shall do better another time. — I went on teaching my
number increased the most that I had was 20 not all these much of
the time however I had enough as many as I could do justice to.
Time has passed on I have found my interest increasing in my school
& I hope it is also so with my pupils. — I have had trials as I suppose
every teacher must have but probably not as many as most teachers
experience as I say school always or lately I might say has had the
reputation of being generally well disciplined & so it is as the children
are so scattered that they do not have the opportunity of being together
& contriving all sorts of mischiefs. — I succeeded without corporal
punishment though I may say I was tempted at some times to
use it. I have had cases that had they been in some hands a flogging
would have been the consequence but I think I have seen the good
effect of mild measures. — My school continued 5th month closed
October 12th. — Though I have not had my pupils go over so much

ground as many teachers would have had yet I believe that for the most part what they did get they got understandingly & this is of far greater consequence than many are led to suppose. I think that I laid the foundation for something in my school but the short time that I was connected with the school would not permit much more than that. — These Summer schools I do dislike. It was with some relentings that I left my pupils for many of them were very interesting. Thus I have made a general abstract of the ~~reason~~ of in which my time has been passed since I left Lexington and now that I have closed my school I purpose to resume writing the practice of keeping a Journal a thing which I have wrongfully neglected.

Tuesday Oct 12th

This day at noon I finished my school. My children seemed to feel that a vacation was approaching. Visited by Mrs Farrington & Emily Comly Smith came to assist me about collecting my books & for my final leave. — Soon after I returned home I received quite an unexpected call from Mrs Peirce, who has been stopping a short time with Mrs Baker a cousin of hers. Mrs P. gave me many particulars concerning the school & of the melancholy death of one of the scholars Miss Amelia Coffin of Mansfield a niece of Mrs P's she died of the typhus fever, having been in school only a fortnight before her death. She was a very fine girl as well as a superior scholar I know nothing of her personally, as she was not a member of the school at the time I was. — The loss of such a daughter as well as companion

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must be great. — She has gone to a world where she is free from the folly & sin of this world why then should we wish her here. — Mrs P. says there are now about 35 in the Normal School. — She told me what the people were doing in L. in the course of Temperance &c, a great many other things that I have not time to mention. Mrs P. was intending to visit my school this afternoon but I doubt if she had, even had it been keeping as it is such a long walk. Mrs Peirce stopped nearly an hour & then took her leave in the evening I called for her to attend Mr Pierpont's lecture upon Temperance which she had expressed a desire to do. The lecture was very excellent. I hope every citizen in town was present for they thought the speaker had great sin upon them. They do not use physical force & compel a man to drink but entice them by moral power. — Mr Pierpont went on to tell how wine & Champagne were made in this & other countries if such be the truth & it is so without doubt who can think of drinking these liquors. The distinction between conventional morality & essential were pointed out, by the former is that which men agree among themselves is right, the latter is that which is in itself right & proper. & from this went on to prove the conventional morality in wine selling & drunkenness. — in fact anything which is intoxicating. — I would like to have more written but not now. — Mrs Peirce quite interested. I bade her good bye after the lecture as she leaves L. tomorrow morning. —

Wednesday, Oct. 13.

This afternoon the Abolition Society meet here. Several of the ladies have gone to attend the funeral of Mrs Keys' child who was almost instantly killed by a kick from a horse, who the boy was going to lead from the barn to water.

Meeting quite full. The ladies are now making articles for the Fair in Dec. - Aunt Elizabeth's husband son & sister of Aunt Hannah here to tea.

Thursday. - Emily invited me this morning to go to Dorchester & pass the day with her & so carry Aunt Esther to make her visit, which she has had in contemplation some weeks. - Had a fine ride, the forests look beautifully clothed in their varied hues. - Had quite pleasant visits with our Uncle & cousins. Uncle Nathⁿ asked me about taking a school there as there is to be a vacancy in one of the primary schools but as I had decided not to teach this winter I thought it best to hold to that as this may be the last winter that I shall have an opportunity of being at home & reading. - I may repent of this decision.

Friday. - Aunt C. at Uncle Elisha's. Our ride home was very pleasant. ^{grandmother & I} Friday passed the day with her son - nothing much out of the usual course.

Saturday - engaged mostly in household affairs. -
Sunday Oct. 17th. A lovely morning. - Went to Sunday School at 9^o past 9 where I met 9 of my class. - Had time for only the lessons. Miss Hoffman read the sketches of two or three individuals who were remarkable for great perseverance. -

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Today we have Mr Samson. - He gave us a very good discourse in the afternoon upon liberality. 1st we should be liberal in our opinions 2nd in our judgement - 3^d in feeling 4th in action. - Would that all would take these hints & see which of them they are illiberal for most if not all of us, will find that we are guilty of one or more these. - Evening. Emily went with me to hear a lecture at the town house upon Slavery. We heard Mr Douglas, who was formerly a slave & Mr Collins. - Much interested.

Monday Oct. 18th. - Arose this morn about six found it very fine & pleasant. - Do not attend to the usual business of this day of the week instead thereof Grandmother & myself make bar berry sauce. It would have been quite good if there had not been so much acidity. - Afternoon read some of the life of Oliver Goldsmith which I found very interesting. He had a very benevolent spirit & could not bear to see any person suffering from poverty without doing something to alleviate them, when he would do it part with his own wardrobe, & give the last farthing he had in the world. He was fond of leading a gay life & was obliged to suffer from his carelessness & inattention. - These traits of his character subjected him to great expense as well as the caused his parents & friends great anxiety, who were looking upon him as at some time rising to distinction in the world. - He was dependent in a great measure upon a uncle for support from his unbounded generosity & his great desire to carry forward

his plans he was a continual bill of expence. — Further
particulars for another day. Aunt C. & Sophia ~~made~~ called
in a few moments they had in the morning seen Mr Douglas
with whom they were much pleased. —
to Tuesday Oct. 19th. Have gone ^{on} much as usual without anything
to molest or disturb. — In the evening Mrs. Fisher called
in me to see if I had any word to send to Julia. — Went to bid
her Sophia Good Bye as tomorrow she takes leave for St. Louis, she is
in good spirits and was thinking of things that she might put
to fill the void in her trunk. I do not know whether she then
she concluded to have a hand box stove, apples, shawl or what but think
for the latter. — Had word that Aunt Smith & Emily would go
to Boston tomorrow & take me $\frac{1}{2}$ past six was the hour appointed
for a start. Think it will be nearer $\frac{1}{2}$ past 7. —
on Wednesday. — To be ready for my ride I must get leave my bed
a little earlier than usual and move at a quick pace. — Having
on Wednesday made a fire & seen a little to the household affairs
before I prepare myself for my trip. I was all ready a few minutes
after the hour appointed and over & anon gave a look to see
if I could see them; It was in this suspense I waited till near
six eight when I concluded that I might as well go about my day
 $\frac{1}{2}$ work which consisted of knitting cuffs. — Soon the clouds
gathered around & the rain descends so it is well that we are at
home. — Emily came down to attend singing school and says we shall
go tomorrow to the city if pleasant.

Thursday Oct 21st. — At seven o'clock Aunt Smith Emily &
myself started for Boston. The morning was fine though
rather cool riding; we took our route over Jamaica Plains.
The forests look beautifully dyed in Autumn's colors. — who
can contemplate the wisdom of the Creator of Nature as
displayed in the variety of seasons without more exalted
conceptions of his goodness — none I think. —
After about two hours ride we entered the busy city, where
all appear absorbed in their variety of occupation. Our
business was shopping the details I will not give, only
say we found sufficient opportunities to make drafts upon
our purses. — One day will suffice for this sort of business
Dined with the Messrs. Rich. — Left town between five & six
P.M. had a fine ride until within about six miles of home
when passing an Irishman with a cart, he not giving his due
part of the road our wheels came in collision with some what
of a crash. ~~when~~ at which Aunt Smith & Co. — were out of the
chaise without ceremony & I kept my seat retaining the reins
The Irishman passed on; Aunt S. called after him, he stopped
& found what the trouble was acknowledged he was in fault
& set forth for a rope meanwhile a carriage drove up & Aunt
S. applied to the inmates for assistance; at which they (being glad
lighted and examined the fractured part which was the shuffling
tree. — In a few moments we found one of these men to be

Mr. Sumner Wilson, at which said Aunt S. "Why Mr. Wilson is this you? I am so glad to see any one from Scotland." In this dilemma the Irishman arrived with his rope & with the six the horse was refused & we were prepared for a start Mr. Wilson agreeing to be near us in case any accident should again befall us. Had the Irishman had reins to guide his horse, or had some other one had the ^{top} reins, perchance we should not have thus suffered. - But not so bad as it might have been. We were one of the most fortunate to fall into so good hands. We reached our journey's end in safety. - Got home related our story, exhibited purchases &c. &c. -

Friday - Nothing marked in this day. Evening spent on the Hill in pleasant chat. -

Saturday, Oct 23^d. This morn we expect Aunt S. home upon a visit. - it has passed but see he not however do not despair of seeing her before night. - P. M. Attended very interesting lecture delivered before the children of the village upon Temperance by a Mr. Shepherd. He brought himself down to the capacities of his hearers & gave now & then an anecdote which always pleased youthful minds. He first described how beer, cider & wine we made & of what; & then told the effect of distilled liquor upon the system & lastly told them what they could do to promote the cause of Temperance. The whole closed by singing Temperance songs such as "Our youthful hearts for temperance

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since burn." The most I regret is that these good words should have fallen upon so few ears. The reason of this, I think is that there was not general notice given. -

The evening was brought Aunt S. & Mary, who I had not the least thought of seeing. So now I realize the pleasure arising from an anticipated & unanticipated visit. - Passed the time till eleven in talk having added to our company Mrs. Ann Clarke. The more the merrier. Aunt S. walked from Fall River to Stonington eleven miles & then took the cars, when she arrived at the branch there being no ready conveyance she walked. What a pedestrian. - No wonder her feet blister. - Good Night. -

Sunday. How delightful to behold so pleasant a Sabbath morn. Met my class of Sunday scholars at 10 past nine recited quite interested in your book on the soul which I read to them from. - Our preacher today is Dr. B. of Salem. He gave us two good practical sermons showing how great the results may be though they may have small beginnings & also what little sins will lead us. -

Monday Oct 25th. - Cold but pleasant morning. Attended to the usual business for this day of the week. - Afternoon Miss Guild came to do some dress making for Aunt Esther & myself. Miss G. complained my loose style of dressing but never shall I sacrifice health in this particular at least to fashion or its votaries. Had several callers. - In the

evening Miss Richardson made us a call. Aunt S. & she brought
up the subject of Abolitionism. The latter is much opposed to the
measures that are taken. -

Tuesday, Oct 26th. - We shall have winter directly if this weather continues
to Aunt Esther, Sophia & Mary left at 1/2 past 9 for the city to attend the
"Sabbath Convention", as it is termed, while Grandmother & Aunt Lydia
& myself are left housekeepers. - My business today has been principally
attending to domestic affairs & sewing. -

Wednesday. - Today I shall be left alone in my glory as G. & Aunt S.
& have gone out to pass the day. Solitude has charms for me for a while
but should it be uninterrupted I fear I might become melancholy. -

Thursday. - I dined together without making much parade. What foolish
we need it is to waste so much time in preparing to gratify Almon's
when its demands could be equally as well secured by half the trouble.
I was not long alone for Mary arrived in the afternoon train of cars. -

Friday. - Evening we passed together with our friends on the Hill. - quite pleas-
antly. - Thursday. - We both spent at Aunt Smith's assisting her
as Miss Guild is there. - Mary says she would not willingly
change her business again & I hope she may have no occasion to. -

Saturday. - Miss Cooley & her little boy came out this morning with Aunt Esther.
The little Henry is the brightest most intelligent little child that ever I saw of
his age. - I should like such children as he for pupils. -

Sunday. - Our visitors of yesterday left us. P. M. Mary & I spent at
Aunt S's with Harriet & Betsey had pleasant time especially in the

evening as Timothy took us four to Dover to pass the evening. It was
a lovely, mild, moonlight night so we enjoyed it finely with our shut-
outs. - We reached Aunt Williams about 7 o'clock - found them rather busy
however the time passed away quite quickly and soon after the clock
told us of the ninth hour, we made preparations to return. Instead of
the gentleman's waiting until the last to take his seat in the wagon
he took his first on the back seat while Betsey & I, the steady ones, took
the forward seat. - This caused considerable sport. B. said this was the
first time she ever carried a gentleman to ride. Got to our places of
destination some time before midnight. -

Saturday Oct 30. We are going to improve a part of this delightful
day in the pastures picking barberries which we found somewhat affe-
softened by Jack Frost. -

Sunday Oct 31st. What lovely weather! it must pass for our second
summer. - Had my Sunday school class this morning I am becoming more
and more interested in them, hope I shall continue to meet them through
the winter which there is some prospect of. - Our preacher today is Mr Pea-
body of New Bedford, who has given us two fine discourses. - This evening we
are going to hear Mr Phillips lecture upon Anti Slavery. -

Monday, Nov 1st. - Weather still fine. - Passed the afternoon with Mrs
Lane. In the evening Aunt Sophia, Mary, Emily, Nathaniel & myself took
ride over to Dorchester in Uncle Smith's market cart. Had a merry time. -
Tuesday. - Have been making preparations for leaving tomorrow on my tour
to Fostburg & Livingston. - Uncle James arrived tonight to spend the evening. -

Wednesday, Nov. 3^d. - Quite a move from our house this morning. Uncle
Jr, Aunt S. & Mary leave for Fall River & I for Boston. - Contrary to my
intentions when I left home. When I stopped in F. instead of proceeding
to Boston. Went directly to Louisa school where I found some children
around the door who ran in to inform their teacher of the arrival of a
"woman". - Spent the remainder of the forenoon with her & saw the Anti-
in Abnormalism in using the stick on the hands of one of the pupils. -
Too bad. - Louisa has no school this afternoon so we called upon Sarah
and all three went down to Roxbury Street. - Evening had the pleasure
of attending a lecture delivered by Mr Parker upon the importance of
education to the laboring part of the community. Says Mr P. those that
are educated do good in the world as does a loaf bread to a famished
family. - Louisa & I attempted to give some account of the lecture in which
we succeeded. I wish the thoughts were down here but as I lack time I will
endeavor to transcribe some of them up in my recollection. We retired some
after ten.

Thursday Nov 4th Attended school with Louisa all day. She has a diffi-
cult school to manage I should judge it being composed of many of
the poorest children. Some of her scholars seem to have got on very well partic-
ularly the first class, who do her a good deal of credit. - I seem quite indulgent
in some respects and quite interested. We found it sometimes difficult
to restrain our thoughtfulness. After school I went home with S. & then
over to Sarah's where I passed the night. -

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Friday, Nov 5th. - This morning rather wet but however it will
not detain me from attending school with Sarah. She opened
her school by reading a portion from the Old Testament which it
seemed to me was rather above the comprehension of many of
her scholars. She then went on to hear some of the small ones read
their letters & then to the classes in Arithmetic & Reading. There were
about forty scholars present many of whom appeared quite clean
& neat - more so I think than Louisa pupils. - They are kept more
still than I should judge necessary. It must be hard for such
little children to be always sitting square in their seats. The school
was not as orderly as usual and no wonder as there could be no fire
built. poor little creatures could not keep still. - I taught a few
of the small ones how to print letters on their slates ⁱⁿ which they seemed
quite engaged. - I have not had the trials in my summer's ex-
perience that these girls have. The greater the trial the more to be
honored is the victory gained. - At noon S. & myself dined upon
a cold dinner which made it seem much like my station in the
summer when I too sat in my school room to partake of the cold repast.
At noon two blacksmiths entered with a nod of the head & proceeded
to fix the funnel which had got out of tune. Ever & anon would our
eyes catch those of the young man's, which of us will be disappointed
remains unknown. With all we had considerable sport. - Early in the afternoon
I left to call upon Dolly where I had a pleasant time and from thence I ac-
companied one to see the Negro New man whom we found at home. They asked

and asked & urged and urged us to tarry to tea with them but we thought it not advisable to accept as I particularly would have such a long walk to Sarah's. So we sat and chatted awhile & then left. I am as sure I would have been glad to have accepted the invite had I not been so situated. When I reached Mr Wymann's I found Louisa who had come to pass the night. She was as cheerful and animated as ever talking of attending the ball with the Prince. - Had a jolly time. - Saturday - Left Roxbury for Boston this morning not bidding adieu to the girls as they agreed to meet me at S. Boston in the afternoon. The omnibus left me at Miss Pisk's. From there I set forth to find Mr White's in Harrison Avenue which I did after much looking & repeated inquiries. - I am not a very fit person to traverse Boston streets until some of my frontal organs are more fully developed. - At last found the sought place where I stopped about an hour and then set out for the Mount Washington House, which I found without much difficulty. - I wish was I surprised to see Miss Drew still at the Institution. I had given up all hope of ever seeing Miss D. if I did Mrs Norton which name she shortly will assume. Found Mary confined to her room from sickness but is little better. Eliza Rogers (who has come to fill Mrs Drew's place) is in ^{as} good spirits as ever. It was day for exhibition so the girls were pretty much occupied therefore had but little time to see them. Saw the bust that Miss Peabody is taking of Laura. It is very good. Was introduced to Miss P. the writer. - Attended the exhibition. - Took a different course home & lost my way. However by using my tongue pretty freely I made

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out to reach Mr White's in safety where I spent the night. - Mr W's health is still feeble. - Louisa & Sarah did not meet me at the Institution as they agreed in the morning for which I am much disappointed. - Retired between nine & ten having spent the evening in conversation. - Sunday, Nov 7th. - Arose this morning at rather a late hour. Would that I did not indulge in this habit of procrastination especially Sunday mornings. - Passed the morning in reading some & talking with the children. At ten went to church & heard Mr Peabody. - At noon went home & dined with Mary Stodder. Went early at noon to attend the Sunday School which appears to consist of but few scholars. They proceeded somewhat as we do in our school. Evening Mr White was talking of his poor state of health & the discouragement he felt. - He seemed to be ready to leave the world for his own part but he thought he had not property enough for his children. He held the opinion that it was not enough to provide his girls with a good education but they must have something towards their support when they had obtained that. I of course advocated the opposite side. He also would have his daughters marry a person in good circumstances even though they were somewhat older or at least so I should judge. I say love and then money. After this talk I retired & rose the next morning about seven and then made preparations to leave. It began to snow considerably. From there I went to Mr Dingley's where I passed the day & night. Evening had some talk with Mr D. upon the equality of the sexes. Then wages &c. Would that I could have had some one to advocate

Tuesday, Nov. 9th. - Soon after breakfast I went to the Carl House to speak
my passage to Lexington. From there returned to Mr. D's and then to Elm
Street where I remained till the stage came. Had rather a cold &
an unpleasant ride over the pavements and muddy roads. Reached L. just
as the girls were returning from school. I met some familiar faces &
many that I had never seen. Stopped at Mrs. Le Barons where there
are eight boarders all of whom are strangers save Phoebe & Miss Hunt
whom I have seen once before. The girls seem very pleasant & happy. In
the evening Adely, Sarah, Anna, Mrs. James & several others of the last
term scholars came in to see me. It really makes it appear quite like
olden times to be among so many old companions. At seven the bell
sounded the word Study Hour which was observed without violation.

After Study hour had an agreeable talk upon matters & things and then
retired to bed however at the expense of turning Miss Child from her bed.
Wednesday Nov 10th. - At half past eight I repaired to school at the sound
ing of the bell where I met our dear teacher who gave me a cordial welcome
Took a seat with Adely and attended to the Devotional Exercises. Mr
Poirer read a portion of the 10 chap of Matthew. Then the school joined in
silent devotion but I cannot say that I did as I had some apprehension that
Mr P. was unable to speak as I have never seen this form of devotion practiced
in school before. This day the school attend to reading from the scriptures
discussion lecture &c. - The lecture was upon the best method of teaching
Geography. It is the same that I heard when I was a pupil. There were two or
three abstracts read of the last lecture upon Spelling which were quite good.

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This is a new method introduced since I was a Normalite. -
Unluckily I was below at the time of the discussion. I wanted
to hear the ideas expressed upon the question which was, "Is it best
to organize for benevolent purposes."
P. M. Went out to call upon some of my Lexington friends, all of
whom appear much as usual. I stopped to tea at Mrs Heywood where
I had a very pleasant time with Miss Caroline, G. Misses Brayton
& Wright in talking over a visit to F. B. Mr Tufts. - School brings &c.
About seven Mr. A. Davis went with me to call upon Mr & Mrs Percots.
Our regret we found the latter out. Mr P. rendered himself rather amusing
to me in talking of C. M. Pennell's school. Appeared to regard it as a
quite a remarkable thing for her to dare to undertake with a school in
which there were large boys. - We talked of the success of those who had
graduated from the school (He thinks report says favorable are the return
and of the continuance of the N. S. - I had quite a laughing time. -
Kept good hours. -

Thursday Nov 11th. The morning is quite rainy. Everything looks much
the same as it used to do in wet as well dry weather. Even the
Deelham people manage to make a few more changes than do they here.
At the ringing of the bell little before 1/2 past 8 Julia Caroline & all
set forth for school. Have been in both rooms today witnessing their
movements. The N. S. is quite large now; it is under the superintendance
of M. G. Horner & S. W. Taker as Assistant. The school is progressing in intelle-
tual attainment. Would that I had always been to a Model School!!

I should have come much nearer the summit of the hill than I
now have. That class of society will be improved that come within reach
of those who are trained in this school & well they may, I refer to after years
Had the happiness of meeting Mary Fiske a dear good girl who is now
like me an Ep. She came to Mrs Le Baron's to dine. - After noon did
not go to school, but wrote a letter & then went into Mrs Davis to spend
the afternoon, which I did most pleasantly. Mrs D. is one of the best of
her women. In the evening Mrs D. went out so that Mary Ann & I were left
alone. The time was improved in recalling our past days when we were
school girls together. - We received & made a call upon Miss Cotton
Burtons who board in the other part of the house. - My dear Julia came
in after study hour to escort me home. soon after we went to bed. -
Friday, Nov. 12.th This morning is stormy which makes it rather inconvenient
ent for the girls as they all board away from the house as there had to
be such a parade of umbrellas, rubbers, cloaks &c in the school room. -
Stayed till recess in the M. S. and then went in to see the Modeliter
another Ep. Marmalite in school that good S. C. Locke whose countenance
I am glad once more to see. We both went to the M. S. - Had quite a
time in talking over our summer's experience. This school is somewhat
increased since the spring. The pupils are as ever on the upward course, pre-
sently the first class. They are attending to work entitled Book of Nature
of which they give oral abstracts. - Have been trying to induce S. C. L. to
agree to visit Billerica with me next week but do not succeed. - Present
afternoon in school but have not much to record of its doings but hope it has not fled with

161.
Saturday Nov 13th. - The light of another morning has dawned and
still we live on insensibly as it were to our own highest improve ment. Why
shall we not devote our time & talents in securing that good which will
ever render us happy in this life & in that which we are all looking for beyond
this. - Mr Pease read the scriptures and said of the phrase, "earn of me",
as I think we may all say I have found good in studying our Saviour's
character. - Would that I made it my constant study. -
Mr P. spoke of the presents that had been sent for the school which are 12
copies of Common-Place book of prose & several numbers of the Family Library
which I should like much to read. - The transactions of the last week were
read which I should judge were quite fair as usual there was the alloy of
broken study hours & disorder in school which it seems ever have been & will be.
Afternoon. The same gentleman came to Mrs Le Barons that was round
in Dedham trying to get subscribers for a periodical. He says it contains
a great deal of useful matter, his idea seemed to be that as much infor-
mation might be obtained from these as from reading larger volumes. -
What a life to lead to go round the country in this way. - Made calls
upon several of the girls and took supper at Mrs Johnson's where totally
wards & several of new scholars Stayed a little into the evening, then Adely and
with me to see Mr P. & his lady. - Had a pleasant call though Mr P. appeared
rather sleepy, no wonder. - Stopped at Mrs L. B. to spend the night - did not retire
till after ten. They do not keep good hours here. -
Sunday Morning. Was awake about six and rose - when having made due
preparations Misses Potter, Jackson & myself sallied forth to enjoy a morning

walk & inhale the clear invigorating air. We were soon joined by Miss James
who was in hopes to receive "a general wash" from the anticipated walk.
We went to Combed Hill where we had a view of the little village & the
facets which are now stripped of their verdure save the ever green pines.
From this we went to a still higher hill where we enjoyed a similar scene.
Though the leaf is fallen & the grass withered who cannot find something
in such a view to exalt & raise his thoughts to him who appointed the
the seasons. Why will we so often gratify our indulgence to sleep when
the sun is mounted far above the horizon and his rays are throwing
open to our view such pictures of him who hath pencilled them. -
When we returned we felt that those who had left in bed were great
losers. After breakfast there was some talk upon Abolitionism. There
are some pretty strong dependents to this cause. - Went this morning to hear
Mr Bowers the Baptist minister liked pretty well. - P. M. attended the old
church (which is never the same) & heard Mr Snapp who is supplying the pulpit
now. This day not passed in the best manner. I not a good appropriation of
a time.

Monday, Nov. 15th. This may be the last time I may ever sit within the
walls of the Normal school room yet I shall have the happiness of looking
upon the hours spent here as being the most profitable & pleasant of any that
have gone by. I heard ^{distinctly} the recitations in Combe's Constitution & Arithmetic
which seemed much like olden times. - Mr P. labors as assiduously to have
his plans & rather explanations understood and the keys to everything as
when I was his pupil. - But he is trying to do more than his strength will

163.
P. M. Went in to the M. S. while the children were taking lessons in
drawing, an exercise which all seem much interested. - Heard
some reading which was quite good. Order more deficient than when in
before probably owing to the change of Superintendents. It is like children
to test teachers & see what & how far they can do. - At the close of school
again seated myself in the upper room at the time the class were out
reciting Political Economy. The method Mr P. pursues is to read a portion
& have notes taken for the purpose of making an abstract to be read at
the next recitation. - This is a plan, which will do good in two ways
at least cultivate attention & memory. - Had M. G. Homer's journal
to peruse, found it quite interesting. She has improved considerably since
to me during her year at school. - Tonight took my leave of the girls
whom I thought I should not see again. and passed the night with Abby.
Tuesday Nov. 16th. Was awake out of a sound sleep by the ring of an
engine bell that was passing through L. and Hurrahing. - he expected
soon to hear the church bell strike but hearing no more we went to sleep.
At morning light we again awoke and lay in bed continuing our
talk with each other there were five of us in one bed Mines, Lord
Taber, Battell in one bed & Abby & I in the other. We did not get up in
a hurry nor more in a hurry after we were up until we heard the school
bell struck and then we thought it could not be a very early hour.
It is usual for it to ring a little after eight and I was to leave in the
stage at 7 past 8. So I went on the despatch line in finishing dressing
out in & bade Emily & Susan good bye & then set forth for the Normal Hall

as I wished to bid Mr Peirce good bye. I saw the stage on Concord Hill before I reached the school room went in & discharged my duty & then took to my feet which carried me quickly to Mrs S. B. where I moved round & got ready by the time the stage called. And this was the ceremony I went through. My ride was a cold & sore one. I should have liked a paper or something of that sort. One of the passengers was sick, which was not very pleasant to herself or others. Had to ride almost from one end to the other of the city. Stopped at Fayette St. got warmed & after dinner went to see Mr. Stoddard & deliver my little package of notes. She had several engraved to make respecting Lexington. - Left in the cars at 1/2 past 3. & reached home in about an hour found our family somewhat enlarged. Went up to see Grandmother Stow who is quite sick and I think it doubtful if she recovers; she is suffers for want of breath which is distressing. What is there to bind her to earth - has she not out-lived her happiness? Went home to tea & gave some account of my doings during my absence.

Saturday, Nov. 20th. Since my return I have been engaged in sewing and assisting in household concerns which require more time now as we have boarders. - Have been to singing school once. Can't decide to attend so that I may know that it is impossible for me to sing. - I make rather singular noises but however through time & patience may refine in a degree.

Sunday, Nov. 21st. A most lovely day. If we had not had an Indian summer I should say that this was the beginning of it.

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We had Mr. Ellis of Charlestown to preach for us. His sermon was on the text is found in Genesis 1 chapter 1 verse. In the beginning God created the heaven & earth. - Everything is involved in mystery. P. M. discourse from Hebrews 6th Ch 2nd verses. The tenor of this is that we should not be always looking at first principles of Christian faith but showing the foundation laid should go on to build the superstructure. Two very fine sermons. - Hope I have learned something that will be of profit. - After meeting went to see grandmother - found her looking better than when there Tuesday. But looks are deceptive as they must be in this case from Aunt S.'s account. -

Evening read some but was rather sleepy from some cause. - Monday, Nov. 22nd. - Arose a little before six though rather dark. - Business for this day washing as usual. - Spent some time with Aunt Elizabeth in looking over the elements of music. We tried beating time but I do not make a very rapid progress. - It has been raining constantly all day & is very warm. - Short entry but I can't say more.

Tuesday, Nov. 23rd. - I expect the principal part of this week will be spent in preparing to gratify & in gratifying Almsiveness as this week we are to observe the annual festival which is designated Thanksgiving. - What does it merit the name? Today there is to be an educational convention held in Walpole. There are a few going to represent this part of the town of D. W. & Co. goes but there is no opportunity for me to go which I should like. Heard this morn that Grandmother was very low. Went to see her with Sally - found her very sick - she may linger along some time as her

constitution seems so strong. I told Aunt Ston that I would watch if
she would like it was agreed that I should. Went to Aunt Smith's
& found her up to her elbows in pie making. Methinks she does not in-
tend to do much in this line during the coming winter if we may
judge from the great array of pies which number over fifty. -
Early in the evening went up to Grandmother's she seems to suffer a
great deal from weakness & from sickness at the stomach. - The night
seemed long as this is the second time in my life that I ever sat
by the sick bed in the deep stillness of night. - Grandmother was quite
restless till about two o'clock when her position was changed and she sunk
into a quiet sleep. I am glad that this opportunity has been afforded
to minister to her comfort. Why can we desire her life to be protracted as there
is nothing here to bind her affections wrought but pain & suffering. - I went
to bed at 1/2 past 8 & slept until nearly 8 when I awoke & felt quite
refreshed. Went home & attended to household duties which today are quite
numerous, ironing, baking for Thanksgiving &c. I will not descend to
particulars & such a scene can at any time be brought to the imagination.
Evening went to Singing School - find that my very ignorance is not
quite as great as the first evening still I am much in the dark. -
Thursday, Nov. 25th. - A pleasant morning has dawned upon us & how many
hearts are throbbing with impatience to see the family circle united at
their annual return of this day. - Aunt Smith has invited our family there
to pass the day which I expect will be very pleasant to me in particular as I have
been away from home the two last years on Thanksgiving day. -

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Went to meeting and heard a sermon by our pastor on which he gave
some little history of the observance of this day in older times - it is 220
years since the first Thanksgiving was commemorated. In early
times this fasting & giving up to amusement continued for a week.
He then spoke of the ~~importance~~ this day should proper feeling that
should attend us on this day and not be so absorbed in our physical
enjoyments as to forget the giver of our numerous blessings. -
How many regard this day with a true spirit of thankfulness? I fear there
are but few. - From church went directly to Aunt Smith's where
I met Uncle Nath & family soon after. Eliza & family came but
did not bring William as he is too sick. Of our Uncle James, Aunt Sophia
and Mary were only here our circle would be nearly united but this will be
impossible. - To do much in the working line is out of the question for this
day so many grand children together we continued to pass away the time
in chatting, laughing, sports, eating, drinking &c. - One other thing
that attracted old & young was singing. Uncle Nath was satisfied from my
musical powers that it was not impossible for me to gain some proficiency
in the art of singing. This expressing this view led others to change their opinion
refreshing me. Now I shall receive a word of encouragement rather than the
contrary. Oh the blessing of having those who can appreciate and see into
your attainments. I may yet become celebrated for my musical talent
even from having this one word. What a shame that I have thus long kept this
talent buried from the want of sufficient encouragement to exercise it. - but it is so
Between the hours of 9 & 10 preparations were made to return home. Uncle Nath & children

went home & while E. Sarah & Ellen tarried at our house for the night.
It was so rainy that it made it bad to be out. - So much for the 25th of Nov.

Friday, Nov. 26th. -

A year today I was spending Thanksgiving at Billerica - there was a little snow fell the night previous and Mr Rogers took Hassick & myself out in the pastures to a sleigh ride, there we had a view of the range of White Mountains. - This day has passed without anything to mark it, but I hope not a blank. -

Saturday Nov. 27th. - What has been done the past week? but little I fear to improve our minds & much to administer to the growth of that animal organ that already has attained more than its due portion. I hope another week this preponderance of labor may be found on the other side. -

Little before noon went up on the Hill to see Grandmother. She is so low that it is hardly thought she will survive another night. - Would that her prayer could be answered "I want to be gone" as her sufferings are so intense she can enjoy nought of earth. Soon as soon her soul will have soared to another state of being. - What is there in this world that can ^{make us} wish to have our friends remain with us. Is it not opposed to a true spirit of Christianity to mourn & lament the death of our dear friends when we are conscious that they are better in their present state than they could be with us. -

This morning was the funeral of Mr Garner. - his remains were deposited at Mt. Auburn whither which they were followed by several of the people in this place. -

Sunday Morning, How is this morning squandered away in bed!! The wants of the body and are nothing compared with the body or at least people act as if this was their belief. Mr Samson preached us a fine discourse showing the coldness & indifference with which religious duties are pursued & not with that desire for personal improvement which should be the aim. - spoke of the eagerness with which we engage in physical pleasures while those interests of the soul would receive but little or no attention. -

Afternoon Mr Fessenden sent his voice but I from some cause or causes did not give a very attentive ear. - There was no Sunday School as it was Communion Sabbath. - I stopped after meeting with Mrs Richardson's class which I intend joining. Had some conversation upon the question, what constitutes a true Christian. - Think our meetings may be rendered quite interesting. - Have read some today of the life of Bruce the African Traveller.

Monday, Nov. 29th. - The snow is falling fast which gives notice that Winter is nigh at hand. - These stormy days are fine times for reading & work. - Have today commenced studying French. - like it quite well. - Am determined that this week shall not pass without both reading & studying. -

Tuesday, Nov. 30th The moon shone brightly & I got up at five on finding the time went to bed forty minutes when I got up for the day. - The morning spent in domestic duties. Forenoon to Journalizing & French. P.M. While Eto called & took me home to stay the night with Grandmother who at times seems quite bright and then most exhausted. I hardly see how life can be prolonged in such a state. - The first part of the night she slept

though not quietly. The latter part she coughed and was much distressed
In the morning I showed her Edward's miniature, which she recognized
and then said "dear creature I hope I shall meet him in heaven." May her
request be answered. - Having spent a part of the forenoon with her I came
home, and attended to various matters until evening when I went once
more to exercise my musical powers which I find I can do to some
extent but not quite to perfection. - I do not feel so uncommonly bright
as usual after having Wm. Sherrill deprived of his portion of food as the night
previous. -

Thursday Dec 2nd Mr. Day Winter has come but really there has no great
change taken place in the weather. May his reign be short, mild & peaceable.
P. M. Made calls with Aunt Esther upon Frances Sweett Mrs Fisher
Mrs Timson & Mrs. C. C. C. Found Frances looking miserably. She does
not take much exercise, which I should think was important for her as
well as for every one possessing any degree of health. - After tea C. P. Rich-
ardson came in to recite her lesson in French to our teacher Mrs. Good
I have not got up with her yet as I hope to do soon. - We passed the evening
very sociable. - Every thing that calls thought into action I believe Elizabeth
delights to dwell in while all the duties of everyday life seem dawning.
Now to me those things that require any effort of mind I should often
turn away from if my better judgment did not dictate to the contrary. -

Friday, Dec, 3rd.

Weather mild though rather lowering. Haven't done
much but mechanical work nothing to give scope to thought or exercise

11.
imagination. - I hope not to have to say this every day. - Had an
invite to Mrs Sampson's to drink tea but from the unfavorable state
of the weather I was the only lady save Mrs Taft that was present. There
were several gentlemen present. Mrs F and some of the other sex talked
upon Phrenology, Temperance, Divorce &c. Mrs F maintained that it
was not right under any circumstance for husband & wife to separate.
Mr Sampson & I had a talk upon common schools. Our views are something
alike. On the whole had rather a pleasant evening. -

Saturday, Dec. 4th. Was up a little before six. The morning was truly beauti-
ful. - in the eastern sky was lightened by the reflection of the rising sun & the
morning star shining in all her brilliancy added much to the beauty of
the scene. - Had I the power to describe I would here give way to my Soliloquy
It has been something like an April day. Sunshine and showers &
sunshine again. Went to Aunt Smith's in the afternoon. -

Sunday, Dec. 5th. - Had an opportunity to read a little before the hour for
Lunch. Heard Mr White, he gave us good sermons though not so much
sequence as we often hear. The tenor of the morning discourse was that every
day ought to be devoted to religious duties & not have but one day in seven
to be holy. - At noon met my class, barely took a part. It was hurry & bustle
After meeting Mrs R. met her class, we spent an hour together very profitably
in endeavoring to draw what useful lessons we could from the creation of the world,
fall of Adam. Mrs R. thought the most instructive lesson was the
dangers of disobedience or the punishment that always follows sin. Mrs R.
thinks we better generally dwell upon the moral lesson taught.

In the evening attended a temperance lecture by Mr Hawkins at the
Town House because neither of the churches could be obtained. This seemed
to displease the speaker that a course that so much concerned the welfare
of mankind should be thought unworthy to be talked upon in the house of
of God. - The lecturer was much affected in relating his past sufferings.
And it seems to me that no one can have any idea of the sufferings
of the poor drunkards except those who have fallen prey to the vice. I was
more forcibly than ever reminded of the influence that kind treatment would
exert upon a drunkard. His daughter Hannah said Mr H. was the best
friend he had in the world at one time; she did not desert her father when
he was so dissipated but strove to do all to administer to his comfort.

Sunday, Dec. 6th. Devoted the first part of the forenoon to Journalizing. -
Before dinner I went out with a subscription paper for the purpose
of defraying in part the expenses incurred in purchasing the pulpit
carpet in our meeting house. In some places I met with good
success but not in all. Afternoon went out on similar business
and raised nearly half the sum which amounts in the whole to
about \$14. - Evening I wrote some French Exercises which are
the application of the article before the French nouns. - I like
it quite much. Mrs Guild & Mrs Messenger called here. They are
engaged in working for the Anti-Slavery Fair.

Tuesday, Dec. 7th. - Early this morning I received intelligence of the
death of Grandmother. She expired last night about ten apparently
without much struggle or distress. Happy for her that she is now
freed from suffering and that her soul has gone to those mansions
to meet the good & just that have left us before her. - May we
not suppose that her soul has entered into communion with
the souls of those of our family that have left us. Thus one after
another of our family go finally all of us will soon be summoned
hence then may we all meet & be more happy than we ever were
while in this world of sense. - Is it right ever to lament & mourn
the depth-drawal of our friends from this life? I am certain not
to the degree that some do. - Went up to Aunt Stow's to
render what assistance was in my power. Grandmother after
all her sickness looks much younger than could be supposed.
There is a smile upon her countenance which it seems to me
to portend of the state of her mind when she breathed her last -
calm & peaceful. - How desolate is Grandmother's room she will
be much missed. -

Wednesday, Dec. 8th. - Spitting has taken place worthy of
entering on this book. Abby was here while her mother went on the
hill. She is dear good child. - Went to Singing School in the evening
but we did not go on so smoothly as we sometimes do there was a
want of attention. Mr Bird asked me tonight if I would sound
alone but I told him I feared I should frighten the notes. But still
perhaps shall.

Thursday, Dec. 9th. This day are we to perform the ^{last} customary office to departed friends. - But it is a question in my mind whether this form had not better be dispensed with. We are only paying this tribute to the body which is bereft of its life. The soul is not there it has departed. - Mr. Burgess officiated. He talked very well of the loss we had sustained & of those who had left before, his of our family circle. - I rode to the grave with Uncle Charles. he does not seem to feel the death of his dear mother who has ever loved him with a tender love through all his misdoings. - Such events should ever tend to loosen the ties to earth & fix them on those above. They should be the effect upon all of us. - Grandmother had reached nearly the age of 86 just that of Grandfather's when he died. - She had seen enough of the cares of the world & was resigned to leave it. -

Friday, Dec. 10th. A mild & beautiful morning had once & again dawned upon us. I left my bed at 1/2 past 5. to attend to the duties which each day brings with it. Wrote to Mary in answer to one I received from her on Wednesday. She was well & happy. P. M. Emily went with me to see what we could add to our subscription sum. We were fortunate enough to get 1/2 a doll. of Mrs. Wilson. Had an agreeable chat home together with a little sprinkle. - Grandmother James & myself had the tea table to ourselves as the remainder of the family have gone to Mrs. Sampson's. Got a French lesson & then did some mending & then prepared to administer to the thirsty.

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Saturday, Dec 11th. A warm rain is falling & the sky is overcast consequently dark till quite later. After finishing our Saturday work I am seated to fill up my Journal which has been neglected for several days back. Now I shall rise to go to getting something to eat. Which takes a goodly share of time. But I guess when I keep house things will be done in a different style in the eating department. - When dinner is over I purpose to go to Aunt Smith's to exercise my musical powers. Farther than this I will not write. Saturday Evening. Emily, Path. & myself practiced some of our past lessons with such aptness that Uncle S. was induced to let the paper fall in which he was reading the President's message and with spectacles off listen with silent admiration. Is this not speaking well for a new as well as an old beginner?

Sunday Morning. With the rising sun the wind arose & continued to blow strong all day. Were it not for this it would have been most delightful to have been out of doors. - Went to Mr. Burgess church today it being Grandmother's wish that all of us should attend meeting together the Sunday after her decease. - All the children were present save Uncle Charles' wife. - The morning we listened to Mr. Wilber the astronomical lecturer. He spoke of God's goodness & greatness as seen in his works & how contrasted with these do we see man's helplessness & insignificance. - Some allusions were made to starry firmament which were good and ever will afford a rich theme for Man's contemplation. -

Mr Bates discoursed to us in the after part of the day with these words for his text "The rich & the poor meet together, and the Lord is the maker of them all." - The views expressed appeared to me to be very just and in accordance with mine at least many of them. - Mr B. thought there was a difference in outward things such different degrees of prosperity & of intellectual talent; that also there was nothing wrong in the existence of the ruler & the ruled, the master & the servant. But as to moral worth happily all could attain to whatever state they pleased and so far as a man became morally good so far ought he to become worthy the respect of the world not as is too often done honor a man for his intellectual greatness splendid equipage costly mansion. - Well would it be for mankind if they bestowed praise upon moral worth. - Good, very good ideas.

At noon met my little class of girls but could not be with them long as every thing was so hurried. Miss R. did not able to meet us from having a severe cold. My reading has been but a small portion as Mr Guild was in to pass the evening.

With Monday morning comes scrubbing & washing as usual but Aunt Esther (to say nothing of myself) was so extremely expect that this scene was closed about 1/2 past ten. - Took a little dinner & set forth for Aunt Smith's to meet Emily in going with me to obtain the final amount for the carpet, which is now 75 cts. We called at Mrs. Edicott's but our hopes were blasted for not a cent did she advance though she thought she might do that

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some future time (when it will be too late for us). - From here we directed our course to Mrs. Metherbee's where we obtained one quarter from the old lady, another from the middle class and the third from the young lady. So now we were made whole and could feel quite a relief. - We went home by the school house which was the scene of action for me during the summer I met some of my "dear pupils" which made me all most feel as if I occupied my summer's station. Emily & I stopped at Mrs. Fales for a call found them well. also called upon Lucy found her in good spirits. But she I suppose from report will not remain long in the state of "single blessedness". I felt quite fatigued with my deep doings & retired to bed earlier than usual. -
This day Dec. 14th

We have been much engaged in the line of preparing bags for the fair Pleasant business if you don't have too much. -
Wednesday, Dec 15th. - Our weather is extremely fine for December One swoon of winter had fled by and we have had no cold weather a word to speak of. - For two or three days I have had an affection of the throat, which causes rather an unpleasant feeling. - Went early this morning to Mrs. Holmes to spend a portion of the day. - Had quite a pleasant time with her & Harriette. I love H. much she is a girl of a good mind - is not dependent upon others for happiness. - She is busy making a dog for the Anti Slavery Fair. Succeeds finely. - Evening went to see the exhibition of the burning of Moscow which is said to be well worth going for. - Instead of commencing with the

this as was supposed the introduction was profusion of various sorts which did but little either to gratify or amuse either many except children. - When the representation of the burning of Mr. did come it rather shamed though the fire had somewhat the resemblance of a real one but other parts were most of them very imperfectly exhibited. -

The final piece was the view of Fairy Land and well was it named. Now it all over I wish I had been in some other place, either to Singing School or Mrs. J. Gould's were absent. Ruth & Elizabeth spent the evening. But wishing would mend the matter. -

Thursday, Dec 16th. - Devoted time today to French Journal, & house affairs. - P. M. Had a short call from Harriett

Friday Dec 17th. Another stormy day. However who does not like it as you are so sure to be exempt from interruptions. I would not wish to have it so always but it is pleasant to have it occasionally intermingled. Having written a French exercise I read some articles upon Education from the C. S. Journal. One of them was an account of the state of the Lowell Schools. Another a letter from Dr. ^{W.} Howe giving his views upon the number of hours that children should be confined to one study & also in the room without a recess. He would have the periods short and thinks it any way to have but one session as is practised in many private schools. - The third article was a description of the largest islands such as length & breadth, soil, climate & productions. It described the New Holland Lily which grows to the height of 2 1/2 ft & its flowers are six inches in dia thus making

its eye to be little over 18 in. It must be beautiful. -

Saturday. - Afternoon the ladies of the A. S. Society met here to appraise the articles for the fair holden next week at Boston. They have many quite handsome articles & will make out a very good table considering the few contributors. The appraisals amount to over \$120. - Evening we read aloud from Piccola a French story translated from English. Charney who was a French consul was imprisoning four his religious crews and was not suffered to communicate with any one save the keeper who brought him food. Charney found a flower which attracted his attention & he watched over & nursed it with the tenderest care. The name given to it was Viola which we read at L but so disconnectedly or rather at intervals so that I did not obtain much of an idea. -

Sunday, Dec 19th. - Once more are we permitted to behold a return of the Sabbath. World that I was conscious of passing it in the best manner. - Rev Mr. Sanger preached for us but partly from his indifferent style & my inattention I fear I profited but little from what was preached. - Miss B. met her class after church and had some conversation upon Cain & Abel. It was asked what led Cain to commit the wicked act against his brother. The reply was envy which opened us into a field of thought. I asked Miss B. what she supposed the probable mark to be that was set upon Cain. She said her idea was that his countenance had become distorted from the state of mind which he was in at people

continued from Thursday

Monday & Tuesday. - On the morning of the first day I went to carry the subscription money to Mrs Lamson. - On the eve of the second day met the French class at Mr Cobb's. There were about a dozen pupils present among whom are Aunt B. C. Richardson, E. Sampson, L. Hodges &c. - I like Miss Hoffman very much as teacher and the new business quite well. -

Wednesday, Dec 22. - Left my bed about 1/2 past 5 being called by Aunt Elizabeth as she was up to attend to matters a little before she went into town to attend the Fair. The above took place yesterday. Am making preparations for F.R. where Eun & I purpose to make our annual visit. P. M. Harriett & Emily were here to tea & spent the evening as there was no school we three practised with Aunt B's instrument - we got the tune Allegra near about to perfection at least - we thought so. Enjoyed it right well. -

Thursday, Dec 23. A cold morning. - Went to see Julia P. who returned yesterday from S. and is quite ~~not~~ sick with a cold. She has some of the symptoms of scarlet fever. It is just a year today since I was taken or since I felt this disease upon me. - I did not bring a sign of a note for me from the girls. I had a promise of a great sheet. - Father P. is well except he is troubled with the rheumatism. Poor man I wonder he has no more ails. - Had a note from Dochester today with the intelligence of William's sickness. He is suffering greatly from an abscess collected on his thigh. How much

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he is doomed to suffer from an ignorance of the laws of his being. - We had word of Miss Frances intention to join us in our trip to F.R. - Evening our French class met at Mrs Quincy's. Found that I could answer but few of the questions put. but I make an allowance as I am beginner. C. R. & myself tried our skill at translating. wh. we did quite well. - The evening was closed by dancing. the room was spacious for the occasion. -

Friday Dec 24th. The long anticipated day has arrived when we were to set forth to Fall River. - A. F. came last night so we three together with Uncle E. who purposes to pass Christmas there. About three the four had adieu to our friends at home & were soon seated on the cars. we carried our Christmas decorations of course with us. - We had a pleasant ride by steamer but rather a tedious one by stage - got to the end of our journey at 7. found all well & glad to see such array. - We went Christmas eve to the Episcopal Church which was decorated with much taste. - After we came home we had a chat & then retired. About 12 our slumbers were aroused by the sweet sound of music at the door. To make short of the matter it was a serenade. The performers we invited in to partake of a repast. It in part spoils the charm to have a presentiment of such a thing however the music was fine. -

Saturday Dec 25th The wishing Merry Christmas is the first salutation from all quarters. - & indeed I think such it may prove with us. - Went to church in the morning with Mary, Ann, & Frank. - I cannot say more than that the day has passed off with considerable merriment.

Sunday Morning. - Read a little & then went to the Stone Church P. M. Went to the Unitarian to hear Mr. Pusey. - Uncle C. Sophia Ck, E. A. & myself took a walk to where we had a fine prospect of the village. - Have not spent this day satisfactorily. -

Monday, Dec 27th - Uncle C. leaves at six for home we were up to see him start. - It is a good thing to have something to call us up from our sleepiness. - Forenoon was devoted to mending dresses & listening to reading from a work entitled the Mechanic. Afternoon E. A. & I began to take lessons upon Botany, we liked much. - We all again went to another in the evening but was not so much interested as before. When we got through with this we all proceeded to the office & spent a few minutes & then home.

Tuesday, Am going on the capacity of assistant with Mary. Am much pleased with the general aspect of her school. - The pupils are not as attractive as they are many times in schools, but it is a high necessity to train up such ones & do it right. - P. M. Have been at home with C. Ann & Frank writing in the transactions of the last week which does not present many ideas. -

Wednesday Dec 29th - This morning arose at about the usual hour, about 10 we took the customary look a walk down a steep hill till we reached a place where there was a stream of water falling from a height of seven or eight ft. - on each side there was a quantity of ice collected which made the appearance beautiful though I think it would not "enter into competition with the Falls of Niagara". We ascended the hill with considerable velocity wh. we found to furnish considerable exercise much preferable to the slow measured step which many people are wont to follow. - We again descended & retraced our steps and I felt a healthful glow throughout my frame. We called at Mary's seminary and then went to spend the remainder of the forenoon at Sophia's. Her set of scholars have quite changed since last winter. I do not think any one can complain of their severity. - P. M. Sophia spent the afternoon at home with us it seemed quite social. - Evening the class in Botany met at Miss Buffam's. - we had a very interesting lesson upon the various forms of the root of which there are seven principal varieties viz 1 branching 2 creeping 3 fibrous. 4 granulated 5 spindle tubous & bulbous. These lessons we repeat in concert - with the assistance of the old class we do it quite well. Miss Whipple's lecture was upon roots. She said the practice of gathering roots the last of autumn or beginning of winter was a good one as the sap was juicier of the plant was more con-

concentrated in that part of the plant at that season. —

Had an interesting time. From the last we went to hear a lecture from Mr Bronson upon intellectual philosophy it was quite good. I cannot write much at this time. —

Thursday, Dec 30th. — At ten o'clock again we set forth on our walk down the hill wh. I enjoyed much. on our return I stopped at Mary's school and became a teacher for a little time in arithmetic. It will quite an advantage to me to have a little exercise in school instruction during my winter's respite from like labors. —

Our Botany class met at Mr Borden's. The lesson was a recapitulation of our last lesson together with a new diagram embracing the petioles or the leaf stalk but I was not able to remember the names as there was but little to associate them with. — again heard Mr Bronson before the society of industry who hold that ten hours of physical labor ought to all that should be exacted from mechanics & factory operatives. He spoke of the treatment of the poor & the rich who were perhaps guilty of the same crime. — also spoke of the importance of the laboring classes having time to devote is the cultivation of the mind. — I will not proceed farther as I may make a bad matter worse. —

Friday, Dec 31st. The last day that we shall see the sun this year wh. today is shining forth with great splendor & warmth for the season of winter. Lizzy Emily & Ann Francis & myself took our run down the hill which we have been wont to do before this week. We climbed some hills around our much admired waterfall. —

Went to Mary's school & heard one of her classes read they are many of them very backward but some of them seem to manifest a desire to learn & where this is the case the task becomes comparatively easy. — I talked to the class upon neatness in dress for it seems to put scholars at a distance from you when they come filthy & dirty. — but it is for the teacher to work a change in this as well as many other respects. as I believe from Mary's account had been done having her administration. I spent afternoon with Sophia heard two of her classes read wh. I thought they did very well for children so small. At noon took the walk that I did this forenoon for the purpose of getting Mary out to exercise as she is ailing. And it no doubt arises from a deficiency of exercise. — again at night went over the same ground with Sophia. Mary & Ann Francis are preparing for the ball tonight to be held in this village. Emily & I decline going. Having seen them arranged for the occasion the three study ones went the Botany class at the same place as last night. Our lesson was altogether new to me and so many new names that I did not get a distinct idea of any part. We stopped & chatted a few minutes after the class left and then came as far as Uncle's office where we stopped & he went into the printing office to see them strike off the Monitor. — We then went to bed together & the first that I remember of hearing

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after I first went to sleep till I heard the girls cry out I wish you a Happy New Year it was then about three on their return from their carousals. They did indeed dance the new year in as they predicted. Is it not contrary to the laws of health to indulge in such late hours? I answer in the affirmative. - The girls had not been asleep more than two hours & half when the alarm of fire was given around our dwelling. Aunt S. was out of bed & dressed. we soon followed her example & soon learned that it was the Cotton Factory back of this house. We watched the flames a few minutes & then it was thought advisable for us to pack as the fire might spread till it reached here. We got our trunks packed even to our knitting work & then I began to tie up a feather bed the last thing I have said I would take hold of in case of fire. - We worked pretty glibly for about 1/4 an hour when we found the fire was so much subdued that we should not be endangered we began to unpack. - and after the fear had subsided it came to mind that it was New Year's evening & we began the salutation. - This was the first morning of the year one thousand eight hundred & forty two ushered in. - - - Those that had had but two hours sleep looked & felt I imagine bad enough we had made ourselves work enough to employ us some time in the morning those that did not fear any danger had not prepared for the house taking fire therefore did not have the trouble of undoing. We talked of not unpacking as we had our trunks all

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ready to go home but concluded on the whole that we would tarry yet longer. Sophia agreed to meet her pupils a part of the forenoon ~~and~~ Mary luckily for her did not hold a session. I was assisting in domestic affairs all the forenoon. After noon all at home some of us were engaged in ~~making~~ ^{preparing} up some presents for Uncle J. - Mrs Purnells called to see us. - Our engagement this eve is to meet at Mr. Holton to hear Miss Whipple read her lecture upon the the importance of the study of Botany and its advantages particularly to females - from this she went on to speak the education of this portion of the community. I should say that she thought they did not fill the rank which they ought to. - The lecture was fine & clothed in excellent language. -

Sunday, January 2nd 1842. -

I was in bed until a late hour which I am willing to acknowledge is wrong and I hope that this year will find me less remiss in the matter than did the last and in fact may I in every thing become better than I have as yet attained for why should we live if we do not become better. - Recd some very good pieces from the Standard. At meeting time an array of us went the Stone Church. Mr Fowler's discourse was similar in kind to those I have heard before. I am sure I am glad I am not often obliged to listen to such discourses very often for I fear they result in but little good. -

P. M. Went to the Quaker meeting something entirely new for me. There was a funeral from the meeting house which made the exercises quite solemn. A Quakeress spoke. She quoted several passages from Scripture and exhorted all old & young to follow the example of the blessed Saviour. She was very liberal in her views: holding that all who obeyed God & worked righteously were here brethren & sisters by whatever name called.

I was deeply interested in the various forms but will not write more as I shall have the particulars in my mind's eye when I have occasion to advert to it. - Evening went to Mrs. Buffum's where we met Miss Whipple, Mr & Mrs Aldrich. Thus has passed the first Sabbath of the new year. -

Monday Jan. 3. - One of the coldest mornings we have seen this season. - After the girls had gone to school we that were left at home commenced reading a work entitled the Pentecost French a race of people who are now nearly extinct & who at the 16th century inhabited what is now called Nova Scotia. They suffered much from encroachments of the English.

P. M. Attempted our walk but found it so cold that we retraced our steps. - Met the class this eve at Mr. Borden's.

Tuesday, The snow is falling fast. - At noon the sun is shining with all his splendor so that I fear we shall not see the snow long. Mr. Boen has sent an invitation to Sophia & Co to furnish some articles for his paper which is to issue this week.

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Evening was spent at Mr Aldrich the first part of the time ~~the~~ ^{the} ~~story~~ ^{story} took up our attention had a pleasant time. After that some of the class retired and the Pentecost remained till nine when we came home. -

Wednesday, Jan. 5th. - Our morning course was much as usual eating, dressing, chatting walking &c. Afternoon Sophia was at home and we read some from "the Mechanic" an interesting work written by Miss Whipple. It clearly shows that man is not dependent upon his occupation for his rank or success in the world. The hero of the story was Deion Flyde he was early taught in what goodness consisted and he ever held to that. He became a mechanic choosing this department as it was more congenial with his feelings than one of those professions which some of his friends would have preferred. By some of his friends he was known & appreciated and well was he worthy of their love. - But as there often is he found those who sneered and ridiculed him yet he generally took the course that brought him out triumphant. By an ignorant class he was considered unworthy of their society being a mechanic. - It is very good but I cannot express myself as I would wish. - I will make one or two extracts. - The day is coming when man will know not only his brother, but he shall know himself; and it rests with those who have already made acquaintance with the human character, to hasten the day. Then & not till then, will be the true

millennium; for then, indeed, will "The day-spring from on high" have visited us! — There are moments in human life, which destiny marks as peculiarly her own; when she puts the seal on character, by the magic of some trivial circumstance, a look, a line, causing a dormant principle, which is appointed to live, and expand, and dominate, until it shall have colored every future period of life. —

Uncle James came in with 4 yds of blue calico for the Pentecost dresses surely this man must have a large development of benevolence. I wish the Pentecost could be arrayed together in their new dresses when completed. The Botany class met here this eve there was quite a full attendance but Miss Whipple was so indisposed that she could not meet therefore Miss Duffham & Mary being old pupils undertook to fill her place but we did not have so much regard to those who merely assumed authority for the time as for those who really are themselves in the station. However we reconnected some and all together the time passed very agreeably and I was not sorry we met. — It was proposed that the class should visit a place about three miles distant called the Bear's Hole which is said to be a most lovely spot even in winter. The trees & evergreens and altogether contribute to make it such. There was no hesitation about going on the part of those who could walk. — About eight the class departed to go to the lecture room to hear Mr J. P. Smith. His subject was the structure of the eye. He explained the cause of spirit eyes and how the cure

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may be remedied (which is by cutting one of the cords (which draws the ball out of its place) connected with the optic nerve. The process he said was very simple & might be done by any one who understood anything of the nature of the eye. — Mr Smith also told us the philosophy of the "eye stone" which is a foot of an animal found on the seashore called crab. — There is a skin growing over the eye which prevents all notes from penetrating the humor. — When the stone is put in it causes such an overflow of tears that the note escapes with them. — A first rate of a lecture as says the Full Divinites. — We came home desultory made a call on our way & escorted Mr Wood to his house retired in good season & slept sweetly. —

Thursday, Jan 6th. — The morning is fine. The company took a walk up to the "Stone Bridge" (not much stone about it) beyond Parson Fowler's house. We had a fine view of the river and of the village it must be most magnificent in the summer would that I might behold the scene at that season. Had I but been in a poetical mood I should have poured forth most copiously for the theme was here wide-spread. But even the most literary have moments when their powers are somewhat inert. — On our return of this scene I stopped at Miss Good's seminary and spent the remainder of the forenoon and then we turned our faces towards Hamnton and proceeded some way & then thought we would turn back. — We do not walk at a slow pace for we understand the secret of exercising. — To Botany again at Mrs Chase's a teacher

lady, Miss M. has a severe cold but as we promised to be obedient scholars she thought she would try to teach. - Before the class was over time arrived for the lecture which is to be tonight upon India. - Emily & I came home & went with Uncle J. There were many diagrams illustrating the character & modes of life productions &c of the East. - which were many of them very good but other than this there was but little interesting. - What a course we lead. -

Friday Jan. 7th.

We awake this morning & find it stormy - my first business of importance was to write a portion in a letter which is to be sent home. - Having done this went to sewing. Evening our class met at Mr Sunday's. Our subject was something upon the bark its nature & the ascending of sap &c. There are three barks - the outside or outside bark - the cellular integument which is best of color & cortex - the lining of which is called Lbora. -

Truly Botany must inspire in the earnest inquirer a spirit of higher & higher conceptions of the Author of the Universe. Thus admirable is the contrivance of each part to its part. -

Saturday the last day of another week has come & still do we continue to live on & for what? - It should be to live better but this I fear & know I do not do to any extent. - I resolve & re-resolve to live a day more pure from evil but I am so bound in flesh that I never step the good resolve & the determination is broken. - Thus life goes but I trust not altogether without some good principles instilled. But -

We have had nothing to tax our minds very much it has been a day spent in gratifying our animal appetites for molasses candy was in our minds most of the afternoon. - Our social nature was called forth as we received two calls & then made some or one upon Mrs Brayton the unfortunate person who fell from the top of a flight of a pair of stairs. - She must have suffered extremely but seems now in good spirits and on the road to recovery. - Miss Whipple took tea with us but I was out so much that I saw but little of her. - The class met at Mr Sunday's we reviewed the pear & corn and recapitulated the bark. - The excursion to the Bear's Hole is postponed on account of the walking. After our return we read from the "Mechanic" but we did not finish it. -

Sunday Jan. 9th Four of us went to church with Uncle James to hear Mr B. He was upon the life of Paul and his preaching. It is the best discourse that I ever heard from the Rev. I do not see how people of much mind can sit & listen to such preaching as is heard from that pulpit. I can say for one deliver me from such bigotry. - At the Unitarian we heard Mr Fessenden who has so often preached for us. The sentiments of his sermon were good but their effects was in a measure lost in his peculiar style. I should think such a man had better not preach except through the medium of his pen. -

We went to writing home after we came from South to send by Mr S. in answer to one we received from there this morn. They are all doing well. - Aunt C. says they are to have an S. S. Fair there Tuesday & Wednesday

of this week and if we are ready would like to have no compromise. But as Aunt Sophia gives encouragement of accompanying us if we tarry till Saturday we conclude so to do. - All save Sophia & I went in the eve to a lecture we meanwhile rec'd from the Mechanic. - The Rev. Wm. Hyde comes out to be a highly useful & respectable man. -

Monday morning is rather unpleasant. Mrs. Aldrich called to see when we leave & gave us an invite there to pass the evening tomorrow. This night the Botany class meet for the last time ~~there~~ will make the thirteenth evening that we have been to take lessons. - "Beavings brighten as they take their flight" will meet this case. - We attended a little to reciting some our past lessons & heard a lecture. The remainder of the evening we played some new plays introduced by our teacher. - The time passed most pleasantly. -

Tuesday, Jan. 11th. - Nothing of much ^{importance} occurred through the day. In the evening we arranged ourselves & set forth to pass it at Mrs. Aldrich's Mary being lantern bearer. The company was small. - We spent the time in hearing fortunes told games similar to last night. We had some sport with the job. Staid till the dial plate ^{mounted} reached the eleventh hour when we broke up. -

Wednesday - We took our walk as far as the waterfall which is our last visit this time to the loved spot. - Afternoon passed with Mary in her school. Heard some of her classes in which I was much engaged. Intelligent children will draw forth your interest & fasten it on them. This school is better than a majority of those to be found. We went in to see Mr. A's

School which is composed of rather a mixed set & from his account an ignorant one too. - However she has succeeded in bringing to good order which is one of the prerequisites in teaching. Had a down fall going to school in the wind but luckily it was no worse. The Pentecost parade calls we made quite a figure parading the streets. The lecture was most we called for our gentleman and proceeded did not get there till Mr. Smith had begun therefore caused some disturbance. Subject tonight was the Stomach. He began with that of fishes and went on to man described particularly the egg of birds & fishes. -

Thursday, Jan. 13th. Mary, Ann, Frank & myself refreshed & invigorated ourselves with a walk before breakfast. The air was keen & fresh enough. - Staid principal part of the forenoon in Sophia's school where I acted the part of an assistant. At noon Mary went the company to see them mould photo brown-crother ware. A process entirely new to me. It seemed almost as if there was jugglery about it. Gained quite a stock of new ideas. The Pentecost passed the evening out for a rarity with a small company. Sophia & I called upon Mrs. Battelle whose daughter is at Devonport. -

Friday is the last day of our visit I expect, it has been prolonged beyond the time anticipated but the time has been pleasantly & indeed I trust profitably spent. Passed the latter part of the forenoon in Sophia's school. At noon the five set forth on a walk to the globe so called

Having proceeded about half of the distance there we found the
wind too deep and the wind so high that we concluded to retrace
our steps. The view of the water from the road we travelled is fine
particularly in the summer. - Our dinner, which consisted
in part of an indian pudding of my make was eagerly eaten.
After this wrote in my journal and then made a farewell visit
to Mary's school. Made some explanations in arithmetic to
her pupils and also made remarks to the school upon different
subjects which I will not now describe. - Am happy to see the good
success that Mary meets with. - Having taken our last supper
for this time we all went to see the process of making sheet iron.
The first thing I shall say of it, is that it is hot business espec-
ally in the summer, but it is a most pleasant scene to see the
sinders fly, though rather trying to organs of vision - brevity -
called at the office on our return to see how affairs were prosper-
ing seemed much as usual. Found S. Buffam at home come to
pass the evening enjoyed her company much. - did one kind deed.
Abram called - Ha Ha - After nine o'clock Sophia went to park
as we have before done in the morning. - Slept sweetly till five when
the summons was up. - Sophia, Conny, Ann Frances & myself were
all armed & equipped with great trunk little trunk band boxes when
the stage arrived. When we tumbled in the stars shined in all their brilliant
array. - Poor Mary will be sorely enough - and all will miss one thing if
not more. - We all felt in fine spirits invigorated no doubt by our earlier
rest. introduced us to Mr Gifford of N. H. whom we got into the stage. - Found him
quite pleasant and intelligent but a married man. - Aunt Sumner's
took out her Graham loaf & shared it with the passengers who seemed to eat

it with a good relish. - Our ride was delightful. The beauties of
the morning - how oft we they look upon me. - Our language
went without much cessation. - About eight we reached
Assonet where the stage meets the cars alighted & were soon
seated in the cars. - Commenced writing to Mary an ac-
count of our adventures before to send back by Mr Gifford.
I will not attempt to write the sentiments we uttered. -
At Tamnton Mr G. gave us each an apple to pay said
so Sophia for the bread she gave him in the other way.
It is well to say we kept in good spirits till we got Thom
when everything was silent we only saw now & then a body
moving & these at a moderate pace. - I fear the change may
be great from the life & animation that we have been wont to
meet to this state of things. - However we will endeavor to bear
up under it. Aunt Sophia was a welcome visitor the more
I imagine for having taken the folks by surprise. -
The day passed with a release of ^{in the spirit} the scenes that have
taken place during our separation. - Found Mrs Jewett
Aunt B's friend quite social. - It is thought that I have
grown very wild in three weeks. - Deafening people are not
accustomed to so much. - Must go back. - Conny
went home at noon. - I am not considered as company
kind. - With this day's return from N. H. I will close my Journal
which which was commenced on Nov 15th 1840, and has been
written in at times till this day Jan. 15th 1842 when I close it
or end it rather. - My adventures have some of them been quite
interesting to me & to others. - A mixture of trials & pleasures.
 joys & sorrows. - A large portion contains a history of the last
three months passed within the confines of N. H. - It is sufficient
to say a period that the writer found filled with much of
good. - and now as I am about to close this volume may
I say that I trust its successor may find more of the pure
genuine flow of the imagination than has yet been found in
its predecessors. - So farewell a friend than art & ever will be
to me, when time hangs heavily & the spirits are weighed down by
care. -