HOME FREEZING FOR EVERYONE



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Lura Jim Alkire and Stanley Schuler are experts on all aspects of home freezing.

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by

LURA JIM ALKIRE and

STANLEY SCHULER

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What should you get out of home freezing? . The difference in freezers · Where to place the freezer · How to use a freezer · How little work can freezing be? 19 Recommended varieties of vegetables · Recommended varieties of fruits · Fruits for juice · What to look for in meats . How to handle game . What to look for in poultry · What to look for in fish and shellfish · Other foods to freeze · What not to freeze · Frozen foods that save money · Where to buy to save money 3. How to Package Foods for Freezing 28 Recommended materials for packaging frozen foods · Chart 4. How to Prepare Foods for Freezing 36

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