

YOUR COUPON. YOU'RE INVITED TO LUNCH!

SAMPLE FOOD AND LEARN

about the third and final cohort of the Framingham State Food Study.
Enjoy 9 months of food-cost savings.



Framingham
State University



CURRENT PARTICIPANTS LOST A TOTAL 1321 POUNDS!

IF YOUR NEW YEAR'S RESOLUTION IS TO GET HEALTHY AND LOSE WEIGHT,
PLEASE CONSIDER TAKING PART IN THIS EXCITING OPPORTUNITY.

Join us for general information on the study and recruitment details, talk with the researchers, and hear from current participants in the study.

GET FOOD & SUPPORT FOR WEIGHT LOSS

At the end of the study, all participants receive a personalized health report including changes in body fat, lean mass, blood pressure, & cholesterol levels.

FINANCIAL COMPENSATION

For participation, you will receive compensation for your time & all your meals (a total value of up to \$6,500).

QUICK, EASY & NUTRITIOUS

All meals, snacks & beverages are made with fresh ingredients & prepared specifically for you.

**RSVP REQUESTED
BUT NOT REQUIRED**

TO RESERVE YOUR PLACE:

Email Dr. Pat Luoto
pluoto@framingham.edu

RSVP NOT REQUIRED TO ATTEND THE LUNCH.

