

**(FS)<sup>2</sup> eat well**  
ADVANCE SCIENCE

Study locations include  
Framingham State University  
or  
Assabet Valley Regional  
Technical High School

# JOIN OUR RESEARCH STUDY

Framingham State Food Study

## TO QUALIFY for this study

- 18 - 65 years old
- Interested in weight loss
- Willing not to drink alcohol during the study

## GET FOOD & SUPPORT FOR WEIGHT LOSS

At the end of the study, all participants receive a personalized health report including changes in body fat, lean mass, blood pressure, and cholesterol levels.

## QUICK, EASY & NUTRITIOUS

All meals, snacks & beverages made with healthy, fresh ingredients & prepared specifically for you.

## FINANCIAL COMPENSATION

For participation, you will receive compensation for your time & all your meals (a total value of up to \$6,500).

Visit us at [www.fs2foodstudy.org](http://www.fs2foodstudy.org)  
for more information

**TO REGISTER** contact the FS2 Team at  
617-919-7305 or email [fs2@childrens.harvard.edu](mailto:fs2@childrens.harvard.edu)



**Framingham**  
State University



**sodexo**

