

(FS)<sup>2</sup>

# eat well

## ADVANCE SCIENCE

Join us for our third and final year of this novel study brought to campus by the partnership of Boston Children's Hospital & Framingham State University.



### TO QUALIFY for this study

- 18 - 65 years old
- Interested in weight loss
- Willing not to drink alcohol during the study



### GET FOOD & SUPPORT FOR WEIGHT LOSS

At the end of the study, all participants receive a personalized health report including changes in body fat, lean mass, blood pressure, and cholesterol levels.

### QUICK, EASY & NUTRITIOUS

All meals, snacks & beverages made with healthy, fresh ingredients & prepared specifically for you.

### FINANCIAL COMPENSATION

For participation, you will receive compensation for your time & all your meals (a total value of up to \$6,500).

### FOR MORE INFORMATION

on the Food Study, please visit us at  
[www.fs2foodstudy.org](http://www.fs2foodstudy.org)

### TO REGISTER

or for questions, please contact the FS2 Team at  
**617-919-7305**  
or email  
[fs2@childrens.harvard.edu](mailto:fs2@childrens.harvard.edu)