JOIN US FOR THE THIRD AND FINAL YEAR

Over the first two years of (FS)², 82 participants lost a total of 1,923 pounds during the weight loss phase and kept it off.

Our participants have lost almost a ton of weight, equivalent to the size of a polar bear!

LET US SERVE YOU

- 3 meals and 1 snack per day prepared for you for 9 months.
- All food prepared in the (FS)2 Kitchen at FSU.

QUICK, EASY, & NUTRITIOUS!

- All food is prepared using a variety of healthful, fresh ingredients.
- Visit the (FS)2 Kitchen at FSU to eat your meals or pick-up your meals to take home.
- Accommodations may be made for tastes and preferences.

COMPENSATION

- Receive a participation stipend of over \$3,000.
- Receive over \$3,000 worth of food.
- Total value of the program, up to \$6,500.

BENEFITS

- All snacks and meals are provided.
- No need to cook or grocery shop.
- Enjoy nine months of food-cost savings.

** Find out more! 617-919-7305 | www.fs2foodstudy.org **